COVID-19 GUIDANCE – UPDATED JULY 28, 2020

Return to Work Flowchart

AN EMPLOYEE HAS HAD CLOSE CONTACT WITH SOMEONE DIAGNOSED WITH COVID-19 IN THE PAST 14 DAYS

Does the employee have symptoms of COVID-19?
- Fever* or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*Fever is determined by a measured temperature of 100.4 °F or greater, or feels warm to the touch, or says they have recently felt feverish.

YES

Send employee home immediately.
Advise employee to seek medical attention, including immediate testing for COVID-19.

NEGATIVE TEST RESULT

Send employee home immediately.
Recommend testing for COVID-19 5-7 days after their last exposure to the person with COVID-19.

POSITIVE TEST RESULT

Quarantine at home.
Avoid others in the household and do not leave home except to seek medical care.

This person can return to work and other activities 14 days after the last time he or she had close contact with someone with COVID-19.

*If this person later has a positive test, use positive result criteria to the right.

POSITIVE TEST RESULT

Quarantine at home.
Avoid others in the household and do not leave home except to seek medical care.

Close contacts of this person (within 6 feet for more than 15 minutes) should stay at home except to seek medical care and practice social distancing within their household for 14 days after their last contact with the positive case. Other coworkers should self-monitor for symptoms but can continue working.

Send employee home immediately.
Advise employee to seek medical attention, including immediate testing for COVID-19.

NEGATIVE TEST RESULT

Isolate at home. Avoid others in the household and do not leave home except to seek medical care.

This person can return to work and other activities when ALL of the following are true:
- It has been at least 10 days since they first had symptoms AND
- They have not had a fever for 1 day (24 hours) without any fever reducing medication AND
- Their other symptoms have improved.

QUESTIONs?
Contact the Transylvania Public Health nurse line at 828-884-4007.

This flow chart is based on recommendations from CDC and guidance from NCDHHS last updated 7/23/20. For more information, contact Transylvania Public Health at 828-884-3135 or info@transylvaniahealth.org