This guidance is based on recommendations from CDC and NCDHHS in Phase 2 of North Carolina’s plan to ease restrictions, effective May 22, 2020. For more information, contact Transylvania Public Health at 828-884-3135 or info@transylvaniahealth.org

Staying apart brings us together. Protect your family and neighbors.

Know Your Ws

WEAR
a cloth face covering.

WAIT
6 feet apart. avoid close contact.

WASH
your hands often or use hand sanitizer.

STOP!
Do not enter if you have these symptoms of COVID-19:

- Cough
- Shortness of breath
- Fever
- Chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell

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