

## Transylvania County 2-1-1 Resources (3.5.15)

### General Information AARP American Association for Retired Persons North Carolina (AARP American Association for Retired Persons North Carolina)

Description: Provides literature and educational programs on long term care, Medicare, Medicaid, managed care, and independent living. For consumer fraud, volunteers provide information, publications, and educational programs on telemarketing fraud.

Pharmacy Service - Order talk with pharmacist 800-456-2277; Price quotes 800-456-2226; TTY 800-933-4327

Financial Services Investment Program 800-322-2282; TTY 800-634-9454

Insurance from ITT Hartford Auto Insurance 800-932-9922

Homeowner Inquiries 800-423-4114; TTY 800-553-6148

Group Health Insurance Members Service 800-523-5800; TTY 800-232-7773

Life Insurance Information 800-795-9990

Credit Card service from Bank One Information 800-283-3310; TTY 800-685-6099

Motoring plan from Amoco Information 800-555-1121

County Wake

Address: 225 Hillsborough Street  
Suite 440  
Raleigh, NC 27601

Website: [www.aarp.org](http://www.aarp.org)

Contact: Robert Jackson, State Director  
919-755-9757  
[gtanner@aarp.org](mailto:gtanner@aarp.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: Vary.

Application: Phone call.

Eligibility: 50 years old and over.

Languages:

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### Advanced Home Care - Western North Carolina (Advanced Home Care - Western North Carolina)

Description: Health care service offering home infusion services as well as DME equipment, and respiratory equipment. Infusion services include antibiotics, pain therapy, total nutrition, injections. Respiratory care services include aerosol, ventilators, CPAP, BiPAP, and trach care. DME equipment includes walkers, hospital beds, bathroom accessories, wheelchairs, scooters, and lift chairs. Other aids for daily living needs include canes, crutches, reachers, and commodes.

County Buncombe

Address: 120 Sweeten Creek Road  
Asheville, NC 28803

Website: [www.advhomecare.org](http://www.advhomecare.org)

Contact: Dennis Nowak, Branch Manager  
[dennis.nowak@advhomecare.org](mailto:dennis.nowak@advhomecare.org)

Hours: Monday - Friday, 8:00 a.m. - 5:30 p.m.

Program Fees: Accepts Medicaid, Medicare, Some Private insurance; Self pay accepted

Application: Call for scheduling after referral

Eligibility: Must have prescription for some equipment (when billing insurance)

Languages: Interpreter service provided

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## Transylvania County 2-1-1 Resources (3.5.15)

### Asheville Area Caregiver Support Group, ALS Association - Western North Carolina (ALS Association - Western North Carolina)

Description: A support group for caregivers of people with ALS. Meetings provide peer support, allowing you to learn first hand from others who are dealing with ALS, and allow caregivers to share their experiences with each other.

Facilitator is Pamela Brown.

County Buncombe

Address: 23 Edwin Place  
Asheville, NC 28801

Website: [http://webnc.alsa.org/site/PageNavigator/NC\\_8\\_SupportGroups.html](http://webnc.alsa.org/site/PageNavigator/NC_8_SupportGroups.html)

Contact: Pamela Brown, Support Group Facilitator  
877-257-7401 x703  
pbrown@catfishch apter.org

Hours: 4th Wednesday of the month, 6:00 p.m. - 7:30 p.m.; Groups will be held the 3rd Wednesday of the month during November and December

Program Fees: None

Application: Phone call; Walk-in

Eligibility: Be a family member and/or caregiver of someone with ALS

Languages:

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### Resource/Support Group, ALS Association - Western North Carolina (ALS Association - Western North Carolina)

Description: A support group for people with ALS and caregivers of people with ALS. Meetings involve peer support and resources. A speaker comes quarterly to provide

information relevant to living with ALS. Facilitator is Pamela Brown.

County Buncombe

Address: 23 Edwin Place  
Asheville, NC 28801

Website: [http://webnc.alsa.org/site/PageNavigator/NC\\_8\\_SupportGroups.html](http://webnc.alsa.org/site/PageNavigator/NC_8_SupportGroups.html)

Contact: Pamela Brown, Support Group Facilitator  
877-257-7401 x703  
pbrown@catfishch apter.org

Hours: 4th Friday of the month, 1:00 p.m. - 2:30 p.m.; For November and December, meetings will be held the 3rd Friday of the month.

Program Fees: None

Application: Phone call; Walk-in

Eligibility: Be a family member and/or caregiver of someone with ALS or someone with ALS

Languages:

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### Telephone Resource Support Group, ALS Association - Western North Carolina (ALS Association - Western North Carolina)

Description: The Telephone Resource Support Group is a conference call format that serves the needs of persons with ALS (PALS), (Lou Gehrig's Disease), families and friends. Calls provide peer support, allow you to learn firsthand from others who are dealing with ALS and allow PALS and caregivers to share their experiences with each other. Led by group facilitator Pamela Brown, members can expect to receive information about ALS; information from expert speakers, and fellowship with others facing ALS.

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Please see website for telephone support group dates.

County Wake  
Address: Confidential  
Raleigh, NC 27603  
Website: [http://webnc.alsa.org/site/PageNavigator/NC\\_8\\_SupportGroups.html](http://webnc.alsa.org/site/PageNavigator/NC_8_SupportGroups.html)  
Contact: Pamela Brown, Support Group Facilitator  
877-257-7401 x703  
pbrown@catfishchapter.org  
Hours: Please see event information at [www.catfishchapter.org/events/telephone-als-resourcesupport-group](http://www.catfishchapter.org/events/telephone-als-resourcesupport-group)  
Program Fees: None  
Application: Contact Pamela Brown for more information about joining this group  
Eligibility: No Restrictions; Available Statewide  
Languages:

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### **Loan/Gift Items, American Cancer Society - Western North Carolina (American Cancer Society - Western North Carolina)**

Description: Various supplies available through the American Cancer Society office including wigs, head coverings, mastectomy bras and prosthesis.  
County Buncombe  
Address: 120 Executive Park  
Building 1  
Asheville, NC 28801  
Website: [www.cancer.org](http://www.cancer.org)  
Contact: Contact, Community Manager  
Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None  
Application: Phone call  
Eligibility: Anyone who needs but can't afford these items  
Languages:

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### **Look Good...Feel Better, American Cancer Society - Western North Carolina (American Cancer Society - Western North Carolina)**

Description: Trained volunteer cosmetologists teach women how to cope with skin changes and hair loss using cosmetics and skin care products donated by the cosmetic industry.  
County Buncombe  
Address: 120 Executive Park  
Building 1  
Asheville, NC 28801  
Website: [www.cancer.org](http://www.cancer.org)  
Contact: Contact, Mission Delivery Manager  
Hours: Toll-Free Number: 24 hours per day, 7 days per week, 365 days per year; Call to check for class times and locations  
Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None  
Application: Call Toll-Free number to register for classes and for class information  
Eligibility: Women who are currently undergoing cancer treatment  
Languages:

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### **American Kidney Fund (American Kidney Fund)**

Description: American Kidney Fund provides direct financial assistance to low-income kidney patients in need and education to those

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who are at-risk for kidney disease. Assists with transportation to dialysis, medications, special diet, kidney donor expenses, and other treatment essentials. Also provides specialty programs to help patients afford treatment during emergency travel and recover from natural disasters.

-HIPP (Health Insurance Premium Program): Through the Health Insurance Premium Program (HIPP), the American Kidney Fund pays Part B Medicare, Medigap, commercial, and COBRA premiums for dialysis patients who have insufficient income and savings. These premium payments allow patients to continue their health insurance coverage, enabling access to physician care and medical treatment.

-Safety Net Program: The patient must be a dialysis patient or a kidney transplant recipient. Transplant patients may be no more than five years post-transplant. The patient must not be covered for the requested expense by other program or insurance. Financial assistance by the American Kidney Fund is considered "last resort" funding.

-Safety Net Grants are not provided for hospital bills, medical bills, physician's services, dialysis treatment costs or transplantation surgery. These expenses are usually covered by health insurance and/or governmental programs. The patient must demonstrate financial need on the patient application. Financial need will be assessed based on numerous factors including household income, reasonable expenses and liquid assets.

County: Montgomery  
 Address: 11921 Rockville Pike  
 Suite 300  
 Rockville, MD 20852  
 Website: [www.kidneyfund.org](http://www.kidneyfund.org)  
 Contact: [helpline@kidneyfund.org](mailto:helpline@kidneyfund.org)

Hours: Monday - Friday, 9:00 a.m. - 3:00 p.m.  
 Program Fees: Varies  
 Application: Apply online with GMS (Grant Management System)  
<https://gms.kidneyfund.org/GMSexternal/NotAuthenticated/Login.aspx>  
 Eligibility: Kidney patients of dialysis or recent transplant recipients; see description for more information  
 Languages: Spanish; Other languages by request

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### American Liver Foundation (American Liver Foundation)

Description: Facilitate, advocate, and promote education support and research for the prevention, treatment, and cure of liver disease. The national ALF Helpline is available to answer questions about liver disease and liver wellness. This resource provides emotional support to patients at their point of crisis and information on local resources including physician referrals.

County: New York  
 Address: 39 Broadway  
 Suite 2700  
 New York, NY 10006  
 Website: [www.liverfoundation.org](http://www.liverfoundation.org)  
 Contact: Yoshiaki Otake, Director, Support Services  
 212-668-1000 x1194  
[yotake@liverfoundation.org](mailto:yotake@liverfoundation.org)  
 Hours: Monday - Friday, 9:00 a.m. - 7:00 p.m.  
 Program Fees: None  
 Application: Phone call  
 Eligibility: No Restrictions

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Languages: Spanish

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### **American Sleep Apnea Association (American Sleep Apnea Association)**

**Description:** The CPAP Assistance Program (CAP) provides an equipment package of CPAP, AutoCPAP or BiLevel as prescribed, mask, tubing, filters and carrying case.

A.W.A.K.E. Support Group Locator:  
[www.sleepapnea.org/support/a.w.a.k.e.-network-map/us-support-groups/north-carolina.html](http://www.sleepapnea.org/support/a.w.a.k.e.-network-map/us-support-groups/north-carolina.html)

**County:** Lyon

**Address:** 117 3rd Street  
Tracy, MN 56175

**Website:** [www.donatedcpap.org](http://www.donatedcpap.org)

**Contact:** Anna Snyder, CPAP Assistance Program Coordinator  
888-293-3650  
[manager@donatedcpap.org](mailto:manager@donatedcpap.org)

**Hours:** Monday - Friday, 8:30 a.m. - 4:00 p.m.

**Program Fees:** One-time fee of \$100 per applicant to cover cost of shipping and application processing

**Application:** Request application by phone, email, or print online

**Eligibility:** Diagnosed sleep apnea patients who have no insurance, high insurance deductibles, or who may be going through financial hardship

**Languages:**

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### **Arthritis Foundation Aquatics Program Mecklenburg (Arthritis Foundation)**

**Description:** The Arthritis Foundation offers information and tools to help people live a better life with arthritis. Whether it's

advice from medical experts to specialized arthritis self-management or exercise classes, the Arthritis Foundation has your solution.

Offers aquatic exercise for those who suffer from arthritis at the following locations:

Duke University Center for Living 919-660-6660;

Downtown Family YMCA 919-667-9622;

Durham YMCA Lakewood 919-493-4502;

Garner Road Family YMCA 919-834-2448;

Pullen Aquatic Center 919-847-2179

**County:** Wake

**Address:** Glenaire Continuing Care Retirement Community  
4000 Glenaire Circle  
Cary, NC 27511

**Website:** [www.arthritis.org/north-carolina](http://www.arthritis.org/north-carolina)

**Contact:** Mella Matheson, Senior Director of Operations/HRIS  
919-705-1795  
[mmatheson@arthritis.org](mailto:mmatheson@arthritis.org)

**Hours:** Monday - Friday, 9:00 a.m. - 5:00 p.m.

**Program Fees:** Varies, please call individual location.

**Application:** Contact individual location.

**Eligibility:** Open to public.

**Languages:**

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### **Growing Minds, ASAP (Appalachian Sustainable Agriculture Project)**

**Description:** Growing Minds, ASAP's Farm to School Program, works to connect farms and schools and give children positive experiences with healthy foods. Farm to School components

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include farm field trips, nutrition education, school gardens, and local food in cafeterias.

County: Buncombe  
Address: 306 West Haywood Street  
Asheville, NC 28801  
Website: [www.growing-minds.org](http://www.growing-minds.org)  
Contact: Emily Jackson,  
828-236-1282  
[emily@asapconnections.org](mailto:emily@asapconnections.org)  
Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Visit website; Phone call  
Eligibility: No restrictions  
Languages:

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### Asheville Aphasia Group (Asheville Aphasia Group)

Description: Mutual Support group that shares information and solutions on latest research/treatments, provides support for people with Aphasia and their caregivers and identifies services available. Also provides speech therapy with retired Speech/Language/Pathologists and graduate students from Western Carolina University.

County: Buncombe  
Address: 789 Merrimon Avenue  
Grace Covenant Presbyterian Church  
Asheville, NC 28804  
Website: [www.ashevilleaphasia.org](http://www.ashevilleaphasia.org)  
Contact: Edna Tipton,  
828-684-9619

[ednatip@aol.com](mailto:ednatip@aol.com)

Hours: Call Edna Tipton or visit website for full schedule  
Program Fees: None  
Application: Phone call  
Eligibility: No restrictions; Support group meets in Buncombe County but is open to anyone who wishes to attend  
Languages:

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### Blood Donations, Asheville Mountain Area Red Cross (Asheville Mountain Area Red Cross)

Description: Blood drives can be set up at work places throughout Western North Carolina. Blood donations also taken at the Red Cross office. Also takes Apheresis/Platelets Donations, a special procedure to collect specific components of blood. Process takes about two hours and involves both arms; blood is returned to donor minus platelets. Donations can be made every three days. The Red Cross will list donor platelet types on a registry and you may be called when there is a match.

County: Buncombe  
Address: 100 Edgewood Road  
Asheville, NC 28804  
Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)  
Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
[amanda.edwards@redcross.org](mailto:amanda.edwards@redcross.org)  
Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Blood Donation Hours: Monday, 12:30 p.m. - 5:30 p.m.; Tuesday, 2:00 p.m. - 7:00 p.m.; Wednesday, 7:30 a.m. - 12:30 p.m.;

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Thursday 2:00 p.m. - 7:00 p.m.; First Saturday of the month  
7:30 a.m. - 12:30 p.m.

Program Fees: None

Application: Call for appointment

Eligibility: Must be at least 17 years old and weigh 110 pounds; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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County: Haywood

Address: 1668 Brown Avenue  
Haywood County Red Cross  
Waynesville, NC 28786

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
[amanda.edwards@redcross.org](mailto:amanda.edwards@redcross.org)

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Blood Donation Hours: Monday, 12:30 p.m. - 5:30 p.m.; Tuesday, 2:00 p.m. - 7:00 p.m.; Wednesday, 7:30 a.m. - 12:30 p.m.; Thursday 2:00 p.m. - 7:00 p.m.; First Saturday of the month 7:30 a.m. - 12:30 p.m.

Program Fees: None

Application: Call for appointment

Eligibility: Must be at least 17 years old and weigh 110 pounds; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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### **Blood Donations, Asheville Mountain Area Red Cross (Asheville Mountain Area Red Cross)**

Description: Blood drives can be set up at work places throughout Western North Carolina. Blood donations also taken at the Red Cross office. Also takes Apheresis/Platelets Donations, a special procedure to collect specific components of blood. Process takes about two hours and involves both arms; blood is returned to donor minus platelets. Donations can be made every three days. The Red Cross will list donor platelet types on a registry and you may be called when there is a match.

County: Henderson

Address: 203 2nd Avenue East  
Henderson and Transylvania County Red Cross  
Hendersonville, NC 28792

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive

## Transylvania County 2-1-1 Resources (3.5.15)

828-258-3888 x201  
amanda.edwards@ redcross.org

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Blood Donation Hours: Monday, 12:30 p.m. - 5:30 p.m.; Tuesday, 2:00 p.m. - 7:00 p.m.; Wednesday, 7:30 a.m. - 12:30 p.m.; Thursday 2:00 p.m. - 7:00 p.m.; First Saturday of the month 7:30 a.m. - 12:30 p.m.

Program Fees: None

Application: Call for appointment

Eligibility: Must be at least 17 years old and weigh 110 pounds; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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### **Blood Donations, Asheville Mountain Area Red Cross (Asheville Mountain Area Red Cross)**

Description: Blood drives can be set up at work places throughout Western North Carolina. Blood donations also taken at the Red Cross office. Also takes Apheresis/Platelets Donations, a special procedure to collect specific components of blood. Process takes about two hours and involves both arms; blood is returned to donor minus platelets. Donations can be made every three days. The Red Cross will list donor platelet types on a registry and you may be called when there is a match.

County Mcdowell

Address: 39 North Garden Street  
McDowell County Red Cross  
Marion, NC 28752

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
amanda.edwards@ redcross.org

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Blood Donation Hours: Monday, 12:30 p.m. - 5:30 p.m.; Tuesday, 2:00 p.m. - 7:00 p.m.; Wednesday, 7:30 a.m. - 12:30 p.m.; Thursday 2:00 p.m. - 7:00 p.m.; First Saturday of the month 7:30 a.m. - 12:30 p.m.

Program Fees: None

Application: Call for appointment

Eligibility: Must be at least 17 years old and weigh 110 pounds; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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### **Blood Donations, Asheville Mountain Area Red Cross (Asheville Mountain Area Red Cross)**

Description: Blood drives can be set up at work places throughout Western North Carolina. Blood donations also taken at the Red Cross office. Also takes Apheresis/Platelets Donations, a special procedure to collect specific components of blood. Process takes about two hours and involves both arms; blood is returned to donor minus platelets. Donations can be made every three days. The Red Cross will list donor platelet types on a registry and you may be called when there is a match.

County Polk

Address: 231 Ward Street



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Polk County Red Cross  
Columbus, NC 28722

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
[amanda.edwards@redcross.org](mailto:amanda.edwards@redcross.org)

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Blood Donation Hours: Monday, 12:30 p.m. - 5:30 p.m.; Tuesday, 2:00 p.m. - 7:00 p.m.; Wednesday, 7:30 a.m. - 12:30 p.m.; Thursday 2:00 p.m. - 7:00 p.m.; First Saturday of the month 7:30 a.m. - 12:30 p.m.

Program Fees: None

Application: Call for appointment

Eligibility: Must be at least 17 years old and weigh 110 pounds; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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### Health and Safety Services, Asheville Mountain Area Red Cross (Asheville Mountain Area Red Cross)

Description: Provides several types of training. CPR: Adult, child, infant, CPR/professional rescue; First Aid; Wilderness First Aid basic level; Water Safety: Lifeguard, Swimming, Small Craft Safety; preventing disease transmission; blood borne pathogens; HIV/AIDS (ACTSMART); oxygen administration; automated external defibrillator training; babysitter's training; healthy back promotion; pet First Aid. Instructor Candidate Training (to teach classes) is also offered.

County Buncombe

Address: 100 Edgewood Road  
Asheville, NC 28804

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
[amanda.edwards@redcross.org](mailto:amanda.edwards@redcross.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Vary

Application: Pre-registration required; Call for info

Eligibility: Varies by course; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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County Haywood

Address: 1668 Brown Avenue  
Haywood County Red Cross  
Waynesville, NC 28786

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

## Transylvania County 2-1-1 Resources (3.5.15)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
amanda.edwards@redcross.org

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Vary

Application: Pre-registration required; Call for info

Eligibility: Varies by course; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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County: Henderson

Address: 203 2nd Avenue East  
Henderson and Transylvania County Red Cross  
Hendersonville, NC 28792

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
amanda.edwards@redcross.org

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Vary

Application: Pre-registration required; Call for info

Eligibility: Varies by course; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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County: McDowell

Address: 39 North Garden Street  
McDowell County Red Cross  
Marion, NC 28752

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
amanda.edwards@redcross.org

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Vary

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Eligibility: Varies by course; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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County: Polk

Address: 231 Ward Street  
Polk County Red Cross  
Columbus, NC 28722

Website: [www.redcross.org/nc/asheville](http://www.redcross.org/nc/asheville)

Contact: Amanda Edwards, Community Chapter Executive  
828-258-3888 x201  
[amanda.edwards@redcross.org](mailto:amanda.edwards@redcross.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Vary

Application: Pre-registration required; Call for info

Eligibility: Varies by course; The Asheville Mountain Area serves Buncombe, Cherokee, Clay, Graham, Haywood, Henderson,

Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and Yancey Counties.

Languages: Other languages with notification

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### Asheville Pregnancy Support Services (Asheville Pregnancy Support Services)

Description: Asheville Pregnancy Support Services reaches out to those at risk for, or impacted by, an unplanned pregnancy. Client advocates offer caring support, peer counseling, and education to answer questions regarding pregnancy alternatives, referrals to community resources, and information on the risks of sexually transmitted infections.

Provides free pregnancy tests and limited ultrasounds for the confirmation of pregnancy; Pregnant clients are provided "proof of pregnancy" required for enrollment for Medicaid benefits. Services are available for both the mother and father.

County: Buncombe

Address: 1710 Old Haywood Road  
Asheville, NC 28806

Website: [www.preginfo.org](http://www.preginfo.org)

Contact: Deb Wood, CEO  
828-252-1306  
[ceo@preginfo.org](mailto:ceo@preginfo.org)

Hours: Monday, 10:00 a.m. - 5:00 p.m.; Tuesday, Wednesday, 9:00 a.m. - 5:00 p.m.; Thursday, 9:00 a.m. - 5:00 p.m.; Friday, 9:00 a.m. - 1:00 p.m.; Last appointment taken 1 hour before closing

Program Fees: None

## Transylvania County 2-1-1 Resources (3.5.15)

Application: Meet with counselor for up to 1 hour to become an enrolled client. Call for appointment; Walk-ins accommodated as schedule allows.

Eligibility: Pregnant women; Expecting fathers; Serves Western North Carolina

Languages:

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### Asheville Pregnancy Support Services (Asheville Pregnancy Support Services)

Description: Asheville Pregnancy Support Services reaches out to those at risk for, or impacted by, an unplanned pregnancy. Client advocates offer caring support, peer counseling, and education to answer questions regarding pregnancy alternatives, referrals to community resources, and information on the risks of sexually transmitted infections.

Provides free pregnancy tests and limited ultrasounds for the confirmation of pregnancy; Pregnant clients are provided "proof of pregnancy" required for enrollment for Medicaid benefits. Services are available for both the mother and father.

County: Madison

Address: 105 Chestnut Street  
Mars Hill, NC 28754

Website: [www.preginfo.org](http://www.preginfo.org)

Contact: Deb Wood, CEO  
828-252-1306  
[ceo@preginfo.org](mailto:ceo@preginfo.org)

Hours: Monday, 10:00 a.m. - 5:00 p.m.; Tuesday, Wednesday, 9:00 a.m. - 5:00 p.m.; Thursday, 9:00 a.m. - 5:00 p.m.; Friday, 9:00 a.m. - 1:00 p.m.; Last appointment taken 1 hour before closing

Program Fees: None

Application: Meet with counselor for up to 1 hour to become an enrolled client. Call for appointment; Walk-ins accommodated as schedule allows.

Eligibility: Pregnant women; Expecting fathers; Serves Western North Carolina

Languages:

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### Asheville TEACCH Center Western Region (Asheville TEACCH Center Western Region)

Description: Provides the following services to children, adolescents, and adults with autism and their families: diagnostic evaluations to make or rule out a diagnosis of autism; extended diagnostic sessions with families to help them learn more about autism and how children with autism learn; consultation to programs that serve children and adults with autism; training opportunities to educate professionals about autism and strategies for teaching children with autism; and social groups and other support groups related to the needs of people with autism and their families.

County: Buncombe

Address: 31 College Place  
Building D, Suite 306  
Asheville, NC 28801

Website: [www.teacch.com](http://www.teacch.com)

Contact: Pat Greene, Secretary  
[patricia\\_greene@med.unc.edu](mailto:patricia_greene@med.unc.edu)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Varies; Call for Details

Application: Phone call; In person; Referral; Mail

## Transylvania County 2-1-1 Resources (3.5.15)

Eligibility: Autistic and related communications disordered children and adults who are North Carolina residents

Languages: Spanish

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### Dental Programs, Asheville- Buncombe Technical Community College (Asheville- Buncombe Technical Community College)

Description: Dental Hygiene Clinic offers cleanings, X-rays, fluoride, initial periodontal therapy, dental sealants, education, and oral cancer exams. This clinic operates all year. Allied Dental Clinic offers savings on dental treatment and offers routine dental cleaning, periodontal (deep) cleaning, dental x-rays. Staffed with a Dentist, Dental Hygienist, Dental Assistants and Front Office staff. First visit is a 45 minute screening (evaluation) appointment. The cleaning appointments are 2 1/2 hours long and could require more than one visit. The fee for a routine cleaning is \$25.00, periodontal (deep cleaning) \$40.00, each additional visit is \$5.00. X-ray fees are FMS (full mouth series) \$30.00, Panorex \$35.00 and BWX (bitewing) \$15.00. The clinic is by appointment only and the payment is cash or check only.

County: Buncombe

Address: 340 Victoria Road  
Rhododendron Building  
Asheville, NC 28801

Website: [www.abtech.edu](http://www.abtech.edu)

Contact: Karen Pruett, Dental Lab Manager  
828-398-7255  
[kpruett@abtech.edu](mailto:kpruett@abtech.edu)

Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Program Fees: Reduced fees; Full-time A-B Tech students pay half regular price

Application: Phone call

Eligibility: Age 3 years and up

Languages:

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### Assistance with Glasses and Eye Exams (Lions Clubs International)

Description: Assists people statewide with obtaining glasses or eye exams.

County: Buncombe

Address: 84 English Drive  
Sand Hill Lions Club; Local sites will vary; Call for more information.  
Candler, NC 28715

Website: [www.lionsclubs.org](http://www.lionsclubs.org)

Contact: George Suggs, Past District Governor  
828-712-9049  
[gesuggs@aol.com](mailto:gesuggs@aol.com)

Hours: Monday - Friday, 8:00 a.m. - 8:00 p.m.

Program Fees: Varies depending on income; Call for more information

Application: Phone call to receive application or for referral to local charter contact

Eligibility: Picture ID; Income verification; Will help anyone in North Carolina to get in contact with their local charter if necessary

Languages:

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### Autism Support Group (Autism Society of North Carolina - Asheville Regional Office)

## Transylvania County 2-1-1 Resources (3.5.15)

Description: Support group for individuals with autism and their family members, professionals, or any interested persons. Call for information. Bilingual Advocate available at 800-442-2762.

County: Buncombe

Address: 306 Summit Street  
Asheville, NC 28803

Website: [www.autismsociety-nc.org](http://www.autismsociety-nc.org)

Contact: Greta Byrd,  
828-236-1547 x1504  
[gbyrd@autismsociety-nc.org](mailto:gbyrd@autismsociety-nc.org)

Hours: Office Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.; Group times vary, call for more information

Program Fees: None

Application: Phone call first

Eligibility: Support group for individuals with autism and their family members, professionals, or any interested persons

Languages: Spanish

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### **Pregnancy Care and Counseling (Bethany Christian Services - Buncombe County)**

Description: Pro-life agency which helps women who have unplanned pregnancies chose between parenting and adoption through pregnancy counseling. Provides counseling to young people with unplanned pregnancies and their families, and guidance in decision-making concerns for the child and the future. For women who choose adoption, the agency can place the child, and provide financial and medical support to the birth mother. For women who choose to parent, the agency provides referrals, and help in

obtaining housing, financial assistance, medical care, parenting skills, and other needs.

County: Buncombe

Address: 142 Airport Road  
Arden, NC 28704

Website: [www.bethany.org](http://www.bethany.org)

Contact: Dahlene Morse, State Director

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Walk in; Phone call

Eligibility: Women who have unplanned pregnancies seeking guidance and considering adoption

Languages: Will accommodate speakers of other languages

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### **Brevard Health Center (Blue Ridge Community Health Services)**

Description: BRCHS is a federally qualified health center offering comprehensive health care services: Family Medicine, Prenatal, Pediatric Medicine (including School Health), Behavioral Health (adult/child), Dental Services (adult/child), Pharmacy, Radiology, Laboratory Services, Outreach and Health Education.

County: Transylvania

Address: 89 Hospital Drive  
Suite B  
Brevard, NC 28712

Website: [www.brchs.com](http://www.brchs.com)

Contact: Ashley Hansen, Practice Manager  
828-883-5550

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: Monday, 8:00 a.m. - 8:00 p.m.; Tuesday - Thursday, 8:00 a.m. - 5:00 p.m.; Friday, 8:00 a.m. - 12:00 p.m.

Program Fees: Sliding Scale based on income; Medicaid/Medicare and most private insurance accepted; No one turned away for inability to pay

Application: By appointment,: Phone call; In person; Referral; Walk-In

Eligibility: Sliding Scale based on income. Call for Details.

Languages: Spanish Medical Interpreters; Phone Interpreter for other languages

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### Certified Application Counselors - Henderson County (Blue Ridge Community Health Services)

Description: A trained Certified Application Counselor will help you in person to enroll in the Health Insurance Marketplace.

The Marketplace is a new way to find health coverage that fits your budget and meets your needs. With one application, you can see all your options and enroll.

When you use the Health Insurance Marketplace, you'll fill out an application and see all of the health plans available in your area. You'll find out if you can get lower costs on your monthly premiums for private insurance plans. You'll learn if you qualify for lower out-of-pocket costs.

The Marketplace will also tell you if you qualify for free or low-cost coverage available through Medicaid or the Children's Health Insurance Program (CHIP).

The Open Enrollment Period is November 15, 2014 - February 15, 2015. Individuals may also qualify for Special Enrollment Periods outside of Open Enrollment if they experience certain events (A time outside of the open enrollment period during which you and your family have a right to sign up for job-based health coverage. Job-based

plans must provide a special enrollment period of 30 days following certain life events that involve a change in family status (for example, marriage or birth of a child) or loss of other job-based health coverage.)

Designee # : NCCCAC07

County: Henderson

Address: 2579 Chimney Rock Road  
Hendersonville, NC 28793

Website: [www.brchs.com](http://www.brchs.com)

Contact: Lee Homan,  
828-233-2205  
[lhoman@brchs.com](mailto:lhoman@brchs.com)

Hours: Call for Appointment

Program Fees: There is no fee to enroll in the market place with a Certified Application Counselor; Plan fees will vary

Application: Walk in or call and leave message to make an appointment

Eligibility: Serving Henderson, Transylvania, Polk and neighboring counties; To enroll: Documentation needed of Citizenship, financial income, employer health insurance information

Languages: Spanish; Phone Interpreter for other languages

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### Certified Application Counselors - Polk County (Blue Ridge Community Health Services)

Description: A trained Certified Application Counselor will help you in person to enroll in the Health Insurance Market Place.

The Marketplace is a new way to find health coverage that fits your budget and meets your needs. With one application, you can see all your options and enroll.

## Transylvania County 2-1-1 Resources (3.5.15)

When you use the Health Insurance Marketplace, you'll fill out an application and see all of the health plans available in your area. You'll find out if you can get lower costs on your monthly premiums for private insurance plans. You'll learn if you qualify for lower out-of-pocket costs.

The Marketplace will also tell you if you qualify for free or low-cost coverage available through Medicaid or the Children's Health Insurance Program (CHIP).

Open Enrollment Period is November 15, 2014 to February 15, 2015. Individuals may also qualify for Special Enrollment Periods outside of Open Enrollment if they experience certain events (A time outside of the open enrollment period during which you and your family have a right to sign up for job-based health coverage. Job-based plans must provide a special enrollment period of 30 days following certain life events that involve a change in family status (for example, marriage or birth of a child) or loss of other job-based health coverage.)

Designee # : NCCCAC07

County: Henderson  
Address: 2579 Chimney Rock Road  
Hendersonville, NC 28793  
Website: [www.brchs.com](http://www.brchs.com)  
Contact: Lee Homan,  
828-233-2205  
lhoman@brchs.co m  
Hours: Call for appointment  
Program Fees: There is no fee to enroll in the market place with a Certified Application Counselor; Plan fees will vary  
Application: Walk in or call to 828- 692-4289 extension 3 to make an appointment

Eligibility: Serving Henderson, Transylvania, Polk and neighboring counties; To enroll: Documentation needed of Citizenship, financial income, employer health insurance information

Languages: Spanish; Phone Interpreter for other languages

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### Certified Application Counselors - Transylvania County (Blue Ridge Community Health Services)

Description: A trained Certified Application Counselor will help you in person to enroll in the Health Insurance Marketplace.

The Marketplace is a new way to find health coverage that fits your budget and meets your needs. With one application, you can see all your options and enroll.

When you use the Health Insurance Marketplace, you'll fill out an application and see all of the health plans available in your area. You'll find out if you can get lower costs on your monthly premiums for private insurance plans. You'll learn if you qualify for lower out-of-pocket costs.

The Marketplace will also tell you if you qualify for free or low-cost coverage available through Medicaid or the Children's Health Insurance Program (CHIP).

Open Enrollment Period is November 15, 2014 - February 15, 2015. Individuals may also qualify for Special Enrollment Periods outside of Open Enrollment if they experience certain events (A time outside of the open enrollment period during which you and your family have a right to sign up for job-based health coverage. Job-based plans must provide a special enrollment period of 30 days following certain life events that involve a change in family status (for example, marriage or birth of a child) or loss of other job-based health coverage.)

Designee # : NCCCAC07



## Transylvania County 2-1-1 Resources (3.5.15)

County	Transylvania
Address:	89 Hospital Drive Suite B Brevard, NC 28712
Website:	www.brchs.com
Contact:	Lee Homan, 828-233-2205 lhoman@brchs.co m
Hours:	Call for Appointment
Program Fees:	There is no fee to enroll in the market place with a Certified Application Counselor; Plan fees will vary
Application:	Walk in or call 828-692- 4289 extension 3 to make an appointment
Eligibility:	Serving Henderson, Transylvania, Polk and neighboring counties; To enroll: Documentation needed of Citizenship, financial income, employer health insurance information
Languages:	Spanish; Phone Interpreter for other languages

### **Certified Application Counselors - Transylvania County (Blue Ridge Community Health Services)**

Description:	<p>A trained Certified Application Counselor will help you in person to enroll in the Health Insurance Marketplace.</p> <p>The Marketplace is a new way to find health coverage that fits your budget and meets your needs. With one application, you can see all your options and enroll.</p> <p>When you use the Health Insurance Marketplace, you'll fill out an application and see all of the health plans available in your area. You'll find out if you can get lower costs on your monthly premiums for private insurance plans. You'll learn if you qualify for lower out-of-pocket costs.</p>
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The Marketplace will also tell you if you qualify for free or low-cost coverage available through Medicaid or the Children's Health Insurance Program (CHIP).

Open Enrollment Period is November 15, 2014 - February 15, 2015. Individuals may also qualify for Special Enrollment Periods outside of Open Enrollment if they experience certain events (A time outside of the open enrollment period during which you and your family have a right to sign up for job-based health coverage. Job-based plans must provide a special enrollment period of 30 days following certain life events that involve a change in family status (for example, marriage or birth of a child) or loss of other job-based health coverage.)

Designee # : NCCCAC07

County	Transylvania
Address:	98 East Morgan Street 2nd Floor, Transylvania Community Services Building Brevard, NC 28712
Website:	www.brchs.com
Contact:	Lee Homan, 828-233-2205 lhoman@brchs.co m
Hours:	Call for Appointment
Program Fees:	There is no fee to enroll in the market place with a Certified Application Counselor; Plan fees will vary
Application:	Walk in or call 828-692- 4289 extension 3 to make an appointment
Eligibility:	Serving Henderson, Transylvania, Polk and neighboring counties; To enroll: Documentation needed of Citizenship, financial income, employer health insurance information
Languages:	Spanish; Phone Interpreter for other languages

## Transylvania County 2-1-1 Resources (3.5.15)

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### **Hendersonville Family Health Center, Blue Ridge Community Health Services (Blue Ridge Community Health Services)**

Description: A family medicine practice offers comprehensive health care to families and specializes in wellness, geriatrics, pediatrics, family counseling, and obstetrical care.

County Henderson

Address: 709 North Justice Street  
Suite B  
Hendersonville, NC 28791

Website: [www.brchs.com](http://www.brchs.com)

Contact: Misty Nelson, Practice Manager  
828-696-1234

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: Accepts Medicaid, Medicare, private insurance

Application: Phone call for appointment

Eligibility: No restrictions

Languages:

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### **Brain Injury Association of North Carolina - Asheville Resource Center (Brain Injury Association of North Carolina - Asheville Resource Center)**

Description: Acts as the liaison between the community and families and survivors with brain injury, helping to link people with the resource and support. Maintains a resource library that contains brochures, articles, and books, all of which can be mailed. Facilitates a support group with WNC Brain Injury Support Network that meets monthly on the 4th Tuesday of each month from 6:00 p.m. - 7:30 p.m. at Foster Seventh-Day Adventist Church on 375 Hendersonville Road.

County Buncombe

Address: 68 Sweeten Creek Road  
Asheville, NC 28803

Website: [www.bianc.net](http://www.bianc.net)

Contact: Karen Keating, Resource Coordinator  
828-277-4868  
[karen.keating@bia.nc.net](mailto:karen.keating@bia.nc.net)

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.;  
Support Group: 4th Tuesday of the month, 6:00 p.m. - 7:30 p.m.

Program Fees: None

Application: Phone Call to leave message

Eligibility: People with brain injury and their families

Languages:

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### **American Heart Association - Charlotte (Burke County United Way)**

Description: Provides community programs, public health education, professional education, public education and information to reduce the problem of heart disease. Also supports medical research.

County Mecklenburg

Address: 1229 Greenwood Cliff  
Suite 109  
Charlotte, NC 28204

Website: [www.americanheart.org](http://www.americanheart.org)

Contact: Nikki Liberatore, Office Manager  
704-208-5522  
[nikki.liberatore@heart.org](mailto:nikki.liberatore@heart.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

## Transylvania County 2-1-1 Resources (3.5.15)

Program Fees:

Application:

Eligibility:

Languages:

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### Turning Point Services (Burke County United Way)

**Description:** Turning Point Services, Inc. (TPS) is a private company that offers training and assistance to people with developmental disabilities. TPS provides many types of support and training in community settings across more than 40 counties in North Carolina. In addition, we have residential, day, and vocational programs in Western North Carolina. TPS has been approved to offer services in the CAP-MR/DD waiver, and has contracts with Vocational Rehabilitation and Local Management Entities for services outside the CAP waiver. Turning Point Services is accredited by CARF, Inc. for Community Employment Services and Community Services Coordination. The list of services we can offer include Targeted Case Management, Personal Care, Respite Care, Supported Employment, Individual/Caregiver Training & Education, Specialized Consultative Services, Residential Supports, Day Supports, Home and Community Supports, Apartment Living Programs, Residential Programs (Group Living and Family Living), Adult Day Programs, Adult Developmental Vocational Programs, Personal Assistance, and Developmental Therapy. TPS maintains many local offices in our service areas. Please contact the office closest to you for more information and assistance with access to help.

**County:** Burke

**Address:** 1001 South Sterling Street  
Morganton, NC 28655

**Website:** [www.turningpointservicesinc.com](http://www.turningpointservicesinc.com)

**Contact:** Genevieve Pugh, Executive Director  
828-433-4719  
[genevieve.pugh@turningpointservicesinc.com](mailto:genevieve.pugh@turningpointservicesinc.com)

**Hours:** Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

**Program Fees:** Turning Point Services, Inc is a private Non-profit organization that accepts payment from federal and state government funds: CAP Medicaid and State Funds

**Application:** Please call our 1-800 number or our local office closest to you. We will be happy to explain all of the services we offer and direct you to the appropriate LME for referral.

**Eligibility:** Diagnosis of Developmental Disability

**Languages:**

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### Arthritis Support Group (CarePartners Health Services)

**Description:** Support for those who suffer from arthritis, their loved ones and/or family members.

**County:** Buncombe

**Address:** 68 Sweeten Creek Road  
Asheville, NC 28803

**Website:** [www.carepartners.org](http://www.carepartners.org)

**Contact:** Madeline Dillingham, MHA/MBA, RN,  
828-779-9910  
[info@carepartners.org](mailto:info@carepartners.org)

**Hours:** 2nd Tuesday of month, 1:30 p.m. - 2:30 p.m.

**Program Fees:** None

**Application:** Phone call; Attend meeting

## Transylvania County 2-1-1 Resources (3.5.15)

Eligibility: No restrictions; Support group meets in Buncombe County but is open to anyone who wishes to attend

Languages:

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### **Burn Survivor Support Group (CarePartners Health Services)**

Description: Open to anyone who has survived a severe burn; Support group meets in Buncombe County but is open to anyone who wishes to attend.

County Buncombe

Address: 68 Sweeten Creek Road  
Asheville, NC 28803

Website: [www.carepartners.org](http://www.carepartners.org)

Contact: Nancy Lindell,  
[nlindell@carepartners.org](mailto:nlindell@carepartners.org)

Hours: 1st Saturday of the month, 2:00 p.m. - 4:00 p.m.

Program Fees: None

Application: Phone Call or email

Eligibility: No Restrictions

Languages:

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### **CarePartners Home Health Services (CarePartners Health Services)**

Description: Provides home health care, nursing, physical therapy, occupational therapy, and speech therapy. Works in collaboration with area hospitals and physicians to assure that the transition to home care is smooth for both patient and family. Services are provided in Buncombe, Henderson, Haywood, Transylvania, Madison, McDowell, Mitchell, and Yancey Counties.

County Buncombe

Address: 68 Sweeten Creek Road  
Asheville, NC 28803

Website: [www.carepartners.org](http://www.carepartners.org)

Contact: Pam Tidwell, Executive Director  
[info@carepartners.org](mailto:info@carepartners.org)

Hours: Monday - Friday, 8:00 a.m. - 5:30 p.m.

Program Fees: Accepts private pay, Medicare, Medicaid, private insurance; Fees vary

Application: Physician referral; Phone call; Home visit

Eligibility: Referral from physician; Resident of Buncombe, Haywood, Henderson, McDowell, Madison, Transylvania, Mitchell or Yancey counties; Must be homebound status

Languages: Spanish; Others by arrangement

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### **CarePartners Orthotics and Prosthetics (CarePartners Health Services)**

Description: Full service orthotics and prosthetics; includes biweekly amputee clinics and mobile lab service, which travels around Western North Carolina. Visits include evaluation, fabrication, fitting and instruction and adjustments and repairs. Also provides custom Cranial Remolding helmets for babies.

County Buncombe

Address: One Doctor's Drive  
Asheville, NC 28803

Website: [www.carepartners.org](http://www.carepartners.org)

Contact: Kent Ballard, Director  
[info@carepartners.org](mailto:info@carepartners.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

## Transylvania County 2-1-1 Resources (3.5.15)

Program Fees: Accepts private pay, Medicare, Medicaid, private insurance  
Application: Phone call; Referral  
Eligibility: Prescriptions needed for all services; Insurance cards  
Languages: Spanish

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### Essential Tremor Support Group (CarePartners Health Services)

Description: Support group for individuals and their family who experience tremors.  
County: Buncombe  
Address: 68 Sweeten Creek Road  
Asheville, NC 28803  
Website: [www.carepartners.org](http://www.carepartners.org)  
Contact: Rita Lyda,  
828-298-4085  
[info@carepartners.org](mailto:info@carepartners.org)  
Hours: 1st Thursday of every month, 6:00 p.m. - 7:00 p.m. in the Seymour Auditorium  
Program Fees: None  
Application: Phone call; In person  
Eligibility: Support meets in Buncombe County but is open to anyone who wishes to attend  
Languages:

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### Parkinson Support Group (CarePartners Health Services)

Description: Asheville Chapter of the American Parkinson Disease Association. Provides support to Parkinson's patients, their caregivers, and any interested party through programs,

updates on therapies, coping skills, and sharing of experiences.

County: Buncombe  
Address: 68 Sweeten Creek Road  
Seymour Conference Room  
Asheville, NC 28803  
Website: [www.apdaparkinson.org](http://www.apdaparkinson.org)  
Contact: Lisa Laney, MSW, Support Group Leader  
828-277-4886  
[info@carepartners.org](mailto:info@carepartners.org)  
Hours: 1st Tuesday of the month, 10:30 a.m. - 12:00 p.m.  
Program Fees: \$20 per year per family membership  
Application: Phone call  
Eligibility: Anyone who has Parkinson's, cares for someone with Parkinson's, or any interested party; Support group meets in Buncombe County but is open to anyone who wishes to attend  
Languages:

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### Post Polio Support Group (CarePartners Health Services)

Description: Support group for individuals whose lives have been affected by Polio.  
County: Buncombe  
Address: 105 Fairview Road  
Asheville, NC 28803  
Website: [www.carepartners.org](http://www.carepartners.org)  
Contact: Nancy Lindell,  
[nlindell@carepartners.org](mailto:nlindell@carepartners.org)

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: 2nd Saturday of every month, 1:00 p.m. - 3:00 p.m.  
Program Fees: None  
Application: Phone call; In person  
Eligibility: No restrictions; Located in Buncombe County but serves all surrounding counties  
Languages:

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### Spinal Cord Injury Support Group (CarePartners Health Services)

Description: Support group for those affected by spinal cord injuries. Meets on the 3rd Thursday of each month in the rehab hospital family room.  
County: Buncombe  
Address: 68 Sweeten Creek Road  
Asheville, NC 28803  
Website: [www.carepartners.org](http://www.carepartners.org)  
Contact: Pam Griffin,  
828-274-9567 x4813  
info@carepartners.org  
Hours: 3rd Thursday of the month, 11:00 a.m. - 12:00 p.m.  
Program Fees: None  
Application: Phone call; In person  
Eligibility: No restrictions; Physically located in Buncombe County but open residence of all counties  
Languages:

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### Stroke Support Group (CarePartners Health Services)

Description: Meetings are open to anyone who has survived a stroke and/or their family members or caregivers. This group meets in the auditorium on the outpatient campus of CarePartners.  
County: Buncombe  
Address: 68 Sweeten Creek Road  
Asheville, NC 28803  
Website: [www.carepartners.org](http://www.carepartners.org)  
Contact: Robin Smith, Program Coordinator  
828-274-9567 x4314  
Hours: Meetings are held on the second Monday of the month, 12:15 p.m. - 1:00 p.m.; Due to the occasional date or room change, please call ahead if this is your first time attending or you are not on the email list for this group.  
Program Fees: None  
Application: Phone call; Due to the occasional date or room change, please call ahead if this is your first time attending or you are not on the email list for this group.  
Eligibility: Open to anyone who has suffered a stroke, and/or their family members/caregivers; Support group meets in Buncombe County but is open to anyone who wishes to attend  
Languages:

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### Pregnancy Support (Catholic Charities - Western Regional Office)

Description: Offers emotional support, crisis assistance and counseling as needed during pregnancy and after birth. Services are offered to pregnant women, the named father, and other family members to assist them in making plans for the child's future. This is pro-life counseling. Philosophy is that

## Transylvania County 2-1-1 Resources (3.5.15)

services are provided in a professional, caring, and non-judgmental manner.

County: Buncombe  
Address: 50 Orange Street  
Asheville, NC 28801  
Website: [www.ccdoc.org](http://www.ccdoc.org)  
Contact: Mishaun Mitchell, Social Worker  
704-370-3222  
Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Phone call  
Eligibility: No Restrictions  
Languages:

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### Center for Women (Center for Women)

Description: Free pregnancy tests, ultrasounds, peer counseling, information and referral, and pro-life pregnancy counseling that offers abortion alternatives. Free maternity clothes, baby clothes, and baby furniture.

County: Transylvania  
Address: 39 East Jordan Street  
Brevard, NC 28712  
Website: [www.brevardwomenscenter.com](http://www.brevardwomenscenter.com)  
Contact: Wendy Kicklighter, Director  
[cpccare@comporium.net](mailto:cpccare@comporium.net)  
Hours: Monday - Thursday, 10:30 a.m. - 5:00 p.m.; Other times by appointment  
Program Fees: None

Application: In Person  
Eligibility: Call for details  
Languages: Interpreter available upon request

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### National Prevention Information Network, Centers for Disease Control and Prevention (Centers for Disease Control and Prevention)

Description: The CDC National Prevention Information Network (NPIN) is the U.S. reference and referral service for information on HIV/AIDS, viral hepatitis, sexually transmitted diseases (STDs), and tuberculosis (TB). NPIN collects, catalogs, processes, and electronically disseminates materials and information on HIV/AIDS, viral hepatitis, STDs, and TB to organizations and people working in those disease fields in international, national, state, and local settings.

County: Dekalb  
Address: 1600 Clifton Road  
Atlanta, GA 30333  
Website: [www.cdcnpin.org](http://www.cdcnpin.org)  
Contact: Email Contact,  
[info@cdcnpin.org](mailto:info@cdcnpin.org)  
Hours: Monday - Friday, 8:00 a.m. - 8:00 p.m.  
Program Fees: None  
Application: Phone call  
Eligibility: No restrictions  
Languages: Spanish; Deaf accessible

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### Pandemic Flu Website and Sick Bird Reporting (Centers for Disease Control and Prevention)

## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** Provides comprehensive government-wide information on pandemic and seasonal Flu. In the event of a pandemic, it will be the authoritative site for U.S. Government information on the Pandemic.

**County:** Dekalb

**Address:** 1600 Clifton Road  
Atlanta, GA 30333

**Website:** [www.cdc.gov/flu/pandemic](http://www.cdc.gov/flu/pandemic)

**Contact:** Email Contact,  
[cdcinfo@cdc.gov](mailto:cdcinfo@cdc.gov)

**Hours:** Website available 24 hours per day, 7 days per week, 365 days per year

**Program Fees:** None

**Application:** Phone call; Online

**Eligibility:** No restrictions

**Languages:** Spanish

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### **Emergency Department (Charles George Veterans Affairs Medical Center)**

**Description:** Medical facility providing emergency services to anyone with a clinical emergency. Services intended primarily for military veterans enrolled in Veterans Health Program.

**County:** Buncombe

**Address:** 1100 Tunnel Road  
Asheville, NC 28805

**Website:** [www.asheville.va.gov](http://www.asheville.va.gov)

**Contact:** Dennis Mehring,  
[dennis.mehring@va.gov](mailto:dennis.mehring@va.gov)

**Hours:** 24 hours per day, 7 days per week, 365 days per year

**Program Fees:** Eligible Veterans covered by Federal Government; All others self-pay; Third party insurance

**Application:** Phone call

**Eligibility:** Honorably discharged veterans of any U.S. military service branch

**Languages:** Other languages by arrangement; Call 828-296-4490

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### **Geriatrics and Extended Care (Charles George Veterans Affairs Medical Center)**

**Description:** Provides an array of services that are both institutional and community based delivering health care, personal care and social support services via an interdisciplinary team to veterans with multiple and chronic medical problems, functional disabilities, cognitive impairments and weakened social support systems.

**County:** Buncombe

**Address:** 1100 Tunnel Road  
Asheville, NC 28805

**Website:** [www.asheville.va.gov](http://www.asheville.va.gov)

**Contact:** Lisa Thompson, Administrative Officer, Geriatrics and Extended Care  
828-298-7911 x3127  
[Kimberly.Morris2@va.gov](mailto:Kimberly.Morris2@va.gov)

**Hours:** Monday - Friday, 8:00 a.m. - 4:30 p.m.

**Program Fees:** None

**Application:** Phone call; Referral

**Eligibility:** Honorably discharged, eligible veteran of any branch of the U.S. military; Income verification; Picture ID; Social Security card



## Transylvania County 2-1-1 Resources (3.5.15)

Languages: Other languages by arrangement; Call 828-296-4490

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### Health Care for Homeless Veterans (Charles George Veterans Affairs Medical Center)

**Description:** Walk-in clinic is available for veterans experiencing homelessness or is at risk of becoming homeless. While at the clinic, patients will have the opportunity to speak with one of the Social Workers in the program and learn more about resources that may be available based on eligibility.

**County:** Buncombe

**Address:** 1100 Tunnel Road  
Building 14  
Asheville, NC 28805

**Website:** [www.asheville.va.gov](http://www.asheville.va.gov)

**Contact:** Allison Bond, Homeless Program Coordinator  
828-298-7911 x5506  
[allison.bond@va.gov](mailto:allison.bond@va.gov)

**Hours:** Walk-In Clinic Hours: Monday - Friday, 8:00 a.m. - 4:00 p.m.;  
Veteran Crisis Line: 24 hours per day, 7 days per week, 365 days per year

**Program Fees:** Varies

**Application:** Walk-In

**Eligibility:** Serves veterans with issues of housing and homelessness and who are currently receiving services from the VA or have VA ID card. If unsure about eligibility, call or walk-in for more information.

VA Outreach Specialists will also be at AHOPE on Tuesday m

Languages:

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### Home Based Primary Care (Charles George Veterans Affairs Medical Center)

**Description:** Interdisciplinary and comprehensive health care services established to provide medical, nursing, psychosocial, dietetic and rehabilitative services in veterans' homes in conjunction with family and community support.

**County:** Buncombe

**Address:** 1100 Tunnel Road  
Asheville, NC 28805

**Website:** [www.asheville.va.gov](http://www.asheville.va.gov)

**Contact:** Barbara St. Hillaire, HBPC Program Coordinator  
828-298-7911 x5715  
[Barbara.StHilaire@va.gov](mailto:Barbara.StHilaire@va.gov)

**Hours:** Monday - Friday, 8:00 a.m. - 4:30 p.m.

**Program Fees:** None

**Application:** Phone call; Referral

**Eligibility:** Honorably discharged veterans enrolled in primary care at the Asheville VAMC; Income Verification; Picture ID; Social Security Card

**Languages:** Other languages by arrangement; Call 828-296-4490

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### Hospitalization (Charles George Veterans Affairs Medical Center)

**Description:** Hospitalization program provided to eligible, honorably discharged veterans who should go in person with DD214 forms, or have their physician call the VA hospital's admitting physician.

**County:** Buncombe

**Address:** 1100 Tunnel Road  
Asheville, NC 28805

## Transylvania County 2-1-1 Resources (3.5.15)

Website: [www.asheville.va.gov](http://www.asheville.va.gov)  
Contact: Health Administration Service, Admissions and Eligibility  
828-298-7911 x2509  
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.  
Program Fees: None  
Application: In person  
Eligibility: Honorably discharged veteran; DD214 forms or physician  
phone call; Income verification; Picture ID; Social Security  
card  
Languages: Other languages by arrangement. Call 828-296-4490.

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### Outpatient Care (Charles George Veterans Affairs Medical Center)

Description: Provides out-patient clinical services and ambulatory care to  
honorably discharged veterans of any United States military  
service branch.  
County: Buncombe  
Address: 1100 Tunnel Road  
Asheville, NC 28805  
Website: [www.asheville.va.gov](http://www.asheville.va.gov)  
Contact: Robert Downs, Chief, Health Administration Service  
828-298-7911 x5025  
Robert.Downs@va.gov  
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.  
Program Fees: None  
Application: Call for an appointment  
Eligibility: Documentation of honorable discharge of any U.S. military  
service branch; Income verification; Picture ID; Social  
Security card

Languages: Other languages available by arrangement; Call 828-296-  
4490

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### Outpatient Care (Charles George Veterans Affairs Medical Center)

Description: Provides out-patient clinical services and ambulatory care to  
honorably discharged veterans of any United States military  
service branch.  
County: Macon  
Address: 647 Wayah Street  
Franklin Community Based Outpatient Clinic  
Franklin, NC 28734  
Website: [www.asheville.va.gov](http://www.asheville.va.gov)  
Contact: Robert Downs, Chief, Health Administration Service  
828-298-7911 x5025  
Robert.Downs@va.gov  
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.  
Program Fees: None  
Application: Call for an appointment  
Eligibility: Documentation of honorable discharge of any U.S. military  
service branch; Income verification; Picture ID; Social  
Security card  
Languages: Other languages available by arrangement; Call 828-296-  
4490

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### Outpatient Care (Charles George Veterans Affairs Medical Center)

Description: Provides out-patient clinical services and ambulatory care to  
honorably discharged veterans of any United States military  
service branch.

## Transylvania County 2-1-1 Resources (3.5.15)

County Rutherford

Address: 374 Charlotte Road  
Rutherford County Community Based Outpatient Clinic  
Rutherfordton, NC 0

Website: [www.asheville.va.gov](http://www.asheville.va.gov)

Contact: Robert Downs, Chief, Health Administration Service  
828-298-7911 x5025  
[Robert.Downs@va.gov](mailto:Robert.Downs@va.gov)

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Program Fees: None

Application: Call for an appointment

Eligibility: Documentation of honorable discharge of any U.S. military service branch; Income verification; Picture ID; Social Security card

Languages: Other languages available by arrangement; Call 828-296-4490

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### Children's Developmental Services of Western North Carolina

Description: CDSA of WNC is part of the NC Infant-Toddler program and provides early intervention services to families with children birth to age 3. Provides comprehensive diagnostic evaluations and functional assessments to identify areas of need and determine appropriate services and supports for children. Services include medical, psychological, educational, physical therapy, speech-language therapy, audiology, occupational therapy, nutrition, social work, and service coordination. Additional services include Assistive Technology, technical assistance, and consultation. Serves children and families in natural environments, such as home, childcare, and other community settings.

County Buncombe

Address: 852 Merrimon Avenue  
Asheville, NC 28804

Website: [www.bearly.nc.gov](http://www.bearly.nc.gov)

Contact: Maggie Panther, Director  
[maggie.panther@dhs.nc.gov](mailto:maggie.panther@dhs.nc.gov)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m. or by appointment

Program Fees: Evaluation and service coordination are provided at no charge to the family. Others services are provided on a sliding fee scale. Accepts all types of private and public insurance.

Application: Referrals from parents, physicians or community agencies. Most intake is done via initial phone call and/or a home visit.

Eligibility: For children birth to 3 years old who meet Infant-Toddler Program eligibility criteria and reside in Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, Swain, and Transylvania Counties. See website for more information.

Languages: Some Spanish- speaking staff. Interpreter made available as needed.

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### Community Alternatives Program for Children - C and B Support Services

Description: The Community Alternatives Program for Children (CAP/C) provides home and community based services to medically fragile children who, because of their medical needs are at risk for institutionalization in a nursing home. Examples of children who may be eligible for CAP/C include children with ventilators, tracheotomies, feeding tubes, severe seizures, and those children who need help with activities such as bathing, dressing, grooming, and toileting when the

## Transylvania County 2-1-1 Resources (3.5.15)

child, for medical reasons, is not able to do or learn to do those tasks independently.

County Buncombe

Address: One Town Square Boulevard  
Suite 265  
Asheville, NC 28803

Website: [www.candbsupportservices.com](http://www.candbsupportservices.com)

Contact: Robin Cuellar,  
[rcuellar@candbsupportservices.com](mailto:rcuellar@candbsupportservices.com)

Hours: Office Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: Medicaid

Application: Phone Call; Basic information will be taken and sent to the NC Division of Medical Assistance

Eligibility: Medically fragile children birth to age 21; At risk for institutionalization due to their medical needs; Medicaid eligible.

Languages:

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### Care Management (Community Care of Western North Carolina)

Description: Care managers assist clients enrolled in one of CCWNC's care management programs with healthcare management needs. Care managers coordinate services for patients with their primary care provider (physician). They are primarily responsible for helping patients with high risk conditions or needs, assisting the patient's physician in disease management education and/or follow-up, helping patients coordinate their care or access needed services, and collecting data on process and health outcome measures.

County Buncombe

Address: 53 South French Broad Avenue  
Suite 300  
Asheville, NC 28801

Website: [www.communitycarewnc.org](http://www.communitycarewnc.org)

Contact: Amy Ray, Patient Outreach Coordinator  
[aray@ccwnc.org](mailto:aray@ccwnc.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: None

Application: Must be enrolled in Carolina Access II Medicaid or Health Choice to be eligible for services and referred for services through client's primary care physician

Eligibility: Enrolled in CA II Medicaid program or Health Choice; Clients must be referred to program by their Primary Care provider

Languages: Spanish

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### CESI Housing Counseling Services (Consumer Education Services Inc.)

Description: The HUD Certified CESI Homeownership Center exists to provide housing opportunities, customized housing counseling services and personal finance training designed to educate and empower citizens, thus creating sustainable households, vibrant communities and increased wealth.

The CESI Homeownership Center provides an extensive program of counseling, and educational services, and ongoing support, including Pre purchase Counseling, Mortgage Delinquency and Default Resolution Counseling, Reverse Mortgage Counseling, Rental Counseling, Homebuyer Education Workshops, Delinquency Resolution Foreclosure Prevention Workshops, Post Purchase Education Workshops.

County Wake

## Transylvania County 2-1-1 Resources (3.5.15)

Address: 3700 Barrett Drive  
Raleigh, NC 27609

Website: <http://cesihousing.org>

Contact: Sheryl Merritt, Program Manager  
919-861-6003  
[housing@cesisolutions.org](mailto:housing@cesisolutions.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: Please call 877-829-0851.

Application: Please call 877-829-0851.

Eligibility: Varies according to program.

Languages: English and Spanish.

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### Crossnore Academy (Crossnore School)

Description: Emergency care services, and long-term out-of-home placement for children aged 2-18.

County: Avery

Address: 100 DAR Drive  
Crossnore, NC 28616

Website: [www.crossnoreschool.org/](http://www.crossnoreschool.org/)

Contact: Dr. Phyllis Crain, Executive Director/CEO  
[pcrain@crossnoreschool.org](mailto:pcrain@crossnoreschool.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees:

Application:

Eligibility:

Languages:

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### Cystic Fibrosis Patient Assistance Foundation (Cystic Fibrosis Patient Assistance Foundation)

Description: Helps patients and their family members living with cystic fibrosis afford the medications and devices they need to manage their disease.

County: Montgomery

Address: 6931 Arlington Road  
2nd Floor  
Bethesda, MD 20814

Website: [www.cfpaf.org](http://www.cfpaf.org)

Contact: Resource Data Contact,  
[parc@cff.org](mailto:parc@cff.org)

Hours: Monday - Friday, 8:30 a.m. - 5:30 p.m.

Program Fees: None

Application: Phone Call; Online at [www.cfpaf.org/ProgramDetails/ApplyNow/](http://www.cfpaf.org/ProgramDetails/ApplyNow/); Will take 10 to 15 business days to process application. Applicant will be notified of decision by phone call and letter.

Eligibility: Cystic fibrosis diagnosis; Household income must not exceed 400% of the Federal Poverty Level (or 500% if there is more than one CF patient in the household); Must use an FDA approved medication or paired drug delivery device for the nebulized treatment.

Languages:

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### CRC (DisAbility Partners - Asheville Office)

Description: CRC (Community Resource Connections) is a group of organizations that help older adults and people with disabilities access the services they need. The CRC offers

## Transylvania County 2-1-1 Resources (3.5.15)

information, options counseling about available services, referrals to local resources and public benefits, and follow-up. Disability Partners is part of CRC of the Land of Sky which is in Buncombe, Henderson, Madison and Transylvania Counties, and there are CRCs (sometimes called ADRCs) in other areas of the state and country.

County: Buncombe  
Address: 108 New Leicester Highway  
Asheville, NC 28806  
Website: [www.crclandofsky.org](http://www.crclandofsky.org)  
Contact: Jerry Brewton, Peer Specialist  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Call to coordinate in-person appointment  
Eligibility: People of all ages with disabilities and their caregivers  
Languages:

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### Independent Living Skills Training (DisAbility Partners - Asheville Office)

Description: Offers independent living skills classes regularly to promote awareness, self-advocacy, rights and responsibilities of persons with disabilities, money management, arts and crafts, information technology, communication with others, basic social skills, self-esteem, eating well, goal-setting and more. Classes are based on consumer request and vary regularly.

County: Buncombe  
Address: 108 New Leicester Highway  
Asheville, NC 28806  
Website: [www.disabilitypartners.org](http://www.disabilitypartners.org)

Contact: Kelly Rowe Rodriguez,  
[krowe@disabilitypartners.org](mailto:krowe@disabilitypartners.org)  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Call to request appointment  
Eligibility: Persons with disabilities; The Asheville Office serves Buncombe, Henderson, Madison, McDowell, Polk, Rutherford, and Transylvania Counties.  
Languages:

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### Peer Counseling and Advocacy (DisAbility Partners - Asheville Office)

Description: Staff members with disabilities who have learned to live independently and be self-advocates act as role models to help persons learn to reach their independent living goals. Staff can assist the consumer in identifying areas of need and resources to learn self-advocacy skills in areas of medical, legal, employment and social areas to live independently. Social activities are held monthly to develop and support peer relationships.

County: Buncombe  
Address: 108 New Leicester Highway  
Asheville, NC 28806  
Website: [www.disabilitypartners.org](http://www.disabilitypartners.org)  
Contact: Kelly Rowe Rodriguez,  
[krowe@disabilitypartners.org](mailto:krowe@disabilitypartners.org)  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Call to request appointment

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Eligibility: Persons with disabilities; The Asheville Office serves Buncombe, Henderson, Madison, McDowell, Polk, Rutherford, and Transylvania Counties.

Languages:

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### Duke Home Infusion (Duke HomeCare and Hospice)

Description: Home infusion therapy is the administration of intravenous through a vein medication, such as antibiotics and chemotherapy, to patients in their own homes. Small, portable pumps which allow medication to be administered to the patient through an IV intravenous line make it possible for many patients to go about their normal daily activities while receiving their medicine.

County Durham

Address: 4321 Medical Park  
Durham, NC 27704

Website: [www.dhch.duhs.duke.edu](http://www.dhch.duhs.duke.edu)

Contact: Diana Russell, Director of Home Health  
919-620-3853  
[dhchinfo@notes.duke.edu](mailto:dhchinfo@notes.duke.edu)

Hours: Monday - Friday, 8:00 a.m. - 6:00 p.m. Sunday, 8:00 a.m. - 4:00 p.m. On Call 24 hours per day, 7 days per week, 365 days a year.

Program Fees: Medicare, Medicaid and most private insurance covers the cost of services. Call for specific information

Application: Call 919-620-3853 and ask for the referral center.

Eligibility: Physician must order services.

Languages: Translators available at no cost.

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### Early Intervention Program for Children Who Are Deaf or Hard of Hearing

Description: The Early Learning Sensory Support Program for Children with Hearing Impairments is a service provider for children who are enrolled in the Infant-Toddler Program/Children's Developmental Services Agency (CDSA). Services are provided to children who are deaf, hard of hearing, or deaf/blind, ages birth to three, and their families with emphasis on language and communication skill development. Itinerant teachers licensed in the area of hearing impairment provide family-centered intervention in a child's most natural environment with a primary caregiver. Teachers work with the CDSA to ensure that children receive appropriate Early Intervention Services.

County Burke

Address: 517 West Fleming Drive  
Morganton, NC 28655

Website: [www.earlylearning.nc.gov/PreKindergarten/EarlyIntervention/EarlyInterventionProg.asp](http://www.earlylearning.nc.gov/PreKindergarten/EarlyIntervention/EarlyInterventionProg.asp)

Contact: Terry Smith, Administrative Assistant  
[terry.smith@esdb.nc.gov](mailto:terry.smith@esdb.nc.gov)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Call Mandy Hice, Intake Coordinator, 828-448-9353

Eligibility: Services provided to children ages birth to three years; Itinerant staff is located in home duty assignments

Languages: Interpreter services available

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### Easter Seals UCP - Western North Carolina

Description: Services provided to individuals with a developmental disability diagnosis includes developmental therapy;

## Transylvania County 2-1-1 Resources (3.5.15)

personal assistance; personal care and respite. Also provides CAP I/DD services (Community Alternatives Program) that include home and community support; personal care; residential services, and supportive employment.

County Buncombe  
Address: 305 Stone Ridge Boulevard  
Asheville, NC 28804  
Website: [www.nc.eastersealsucp.com](http://www.nc.eastersealsucp.com)  
Contact: Christopher Robbins, Program Manager  
[christopher.robbins@eastersealsucp.com](mailto:christopher.robbins@eastersealsucp.com)  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Referral from the LME (Smoky Mountain Center)  
Eligibility: Developmental disability diagnosis; Referral from LME (Smoky Mountain Center)  
Languages:

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### Equipment Provision (Easter Seals UCP North Carolina and Virginia, Inc.)

Description: Provides grant funds, this program purchases durable medical equipment not available through another funding source to people with disabilities. Example of equipment include wheelchairs, leg, braces, orthotics, orthopedic shoes, prosthetics, and hearing aids. Clients must meet eligibility criteria, and complete and application. There is a waiting list period due to limited funds.

County Wake  
Address: 2315 Myron Drive  
Raleigh, NC 27607

Website: [www.nc.eastersealsucp.com](http://www.nc.eastersealsucp.com)  
Contact: Tamara Stafford, Program Manager  
919-783-8898  
[info@nc.easterseal.sucp.org](mailto:info@nc.easterseal.sucp.org)  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: Free.  
Application: Please call office.  
Eligibility: Low moderate income, NC residents.  
Languages:

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### Individual and Family Support (Easter Seals UCP North Carolina and Virginia, Inc.)

Description: Offers in home and community based services for children and adults with disabilities and their families. Services include personal care, habilitative training, community based supports, supported living, respite care, and alternative family living.

County Wake  
Address: 2315 Myron Drive  
Raleigh, NC 27607  
Website: [www.nc.eastersealsucp.com](http://www.nc.eastersealsucp.com)  
Contact: Pam Scott, Program Supervisor  
919-783-8898  
[info@nc.easterseal.sucp.org](mailto:info@nc.easterseal.sucp.org)  
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.  
Program Fees: Vary; please call.  
Application: Please call.  
Eligibility: Family members with disabilities.



## Transylvania County 2-1-1 Resources (3.5.15)

Languages:

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### Healthcare Hospitality Network (Easy Reference Phone Numbers)

Description: A referral service providing information about facilities offering lodging for families and/or patients during medical treatment away from home

County Multnomah

Address: Confidential  
Gresham, OR 97030

Website: [www.nahhh.org](http://www.nahhh.org)

Contact: Email Contact,  
[helpinghomes@nahhh.org](mailto:helpinghomes@nahhh.org)

Hours:

Program Fees:

Application:

Eligibility:

Languages:

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### Environmental Protection Agency - Region 4

Description: The mission of EPA is to protect human health and the environment. Region 4 Serves Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee and 6 Tribes.

Safe Drinking Water Hotline: Provides general and technical information on the quality of drinking water and referrals to other organizations when appropriate. Does not give site-specific info on local water quality.

Right-To-Know Hotline: Provides up-to-date information on several EPA programs. Also responds to requests for relevant publications and information resources.

County Fulton

Address: 61 Forsyth Street South West  
Sam Nunn Atlanta Federal Center  
Atlanta, GA 30303

Website: [www2.epa.gov/aboutepa/about-epa-region-4-southeast](http://www2.epa.gov/aboutepa/about-epa-region-4-southeast)

Contact: Sherry Maddox, Regional Web Manager  
404-562-8031  
[maddox.sherry@epamail.epa.gov](mailto:maddox.sherry@epamail.epa.gov)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone Call; Online

Eligibility: No restriction

Languages:

---

### Diabetes EyeCare Program (EyeCare America)

Description: Promotes annual, dilated eye exams for people with diabetes. Raises awareness of diabetic eye disease, including diabetic retinopathy. Provides free diabetic eye disease educational materials and facilitates access to eye care, at no out-of-pocket expense to patient. Those eligible receive a comprehensive, medical eye exam and up to one year of treatment for any condition diagnosed during the initial exam.

County San Francisco

Address: 655 Beach Street  
San Francisco, CA 0

## Transylvania County 2-1-1 Resources (3.5.15)

Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

Contact: Gail Nyman-York, Program Director  
877-887-6327  
[pubserv@aao.org](mailto:pubserv@aao.org)

Hours: Helpline available 24 hours per day, 7 days per week, 365 days per year

Program Fees: No cost to uninsured. Medicare and private insurance billed with no balance due.

Application: Please call one of the helplines for information.

Eligibility: U.S. citizen or legal residents, age 65 or older, have not seen an ophthalmologist in three years or more, have diabetes and do not have eye care insurance through an HMO or have VA benefits.

Languages:

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### Glaucoma EyeCare Program (EyeCare America)

Description: Promotes early detection and treatment of glaucoma. Raises awareness of glaucoma risk factors (family history, race, age) provides free glaucoma educational materials and facilitates access to medical eye care.

County: San Francisco

Address: 655 Beach Street  
San Francisco, CA 0

Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

Contact: Gail Nyman-York, Program Manager  
800-391-3937  
[pubserv@aao.org](mailto:pubserv@aao.org)

Hours: Helpline is open 24 hours per day, 7 days per week, 365 days per year

Program Fees: Free for uninsured. Medicare or private insurance is billed; individuals billed balance.

Application: Please call the helpline. Referral letter will be mailed three weeks after initial call.

Eligibility: US citizens or legal residents who have not had an eye exam in 12 months or more. Callers who are at a increased risk for glaucoma. Do not have eye care insurance through and HMO or the VA.

Languages:

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### Seniors EyeCare Program (EyeCare America)

Description: Formerly known as the National Eyecare Project, the Seniors EyeCare program ensures that every senior has access to medical eye care and promotes annual, dilated eye exams. Raises awareness about age-related eye disease including cataracts, provides free eye care educational materials and facilitates access to eye care, at no out-of-pocket expenses for eligible seniors. Eligible seniors receive a comprehensive medical eye exam and treatment for any disease diagnosed at the time of initial visit for up to one year.

County: San Francisco

Address: 655 Beach Street  
San Francisco, CA 0

Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

Contact: Gail Nyman-York, Program Manager  
877-887-6327  
[pubserv@aao.org](mailto:pubserv@aao.org)

Hours: Helpline available 24 hours per day, 7 days per week, 365 days per year

## Transylvania County 2-1-1 Resources (3.5.15)

**Program Fees:** Free for uninsured. Medicare or private insurance is billed with balance waived.

**Application:** Please call. Referral letter will be mailed three weeks after initial call.

**Eligibility:** US citizens or legal residents 65 years of age and older who have not seen an ophthalmologist in 3 or more years. Callers may not belong to an HMO or have VA benefits.

**Languages:**

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### FIF Life Line Project (First In Families of North Carolina)

**Description:** First In Families is to help people with disabilities and their families to believe in their dreams, achieve their goals and give back to others. FIF offers direct family support to people with an Intellectual, Developmental Disability and, or Traumatic Brain Injury according to their self defined needs. The goal of FIF staff is to help you find what you need within the community and link you and, or your family member to those resources. This creates a partnership involving you, FIF and the community.

**County:** Durham

**Address:** 3109 University Drive  
Suite 100  
Durham, NC 27707

**Website:** <http://www.fifnc.org>

**Contact:** Krysta Gougler Reeves, Resource Consultant  
919-251-8368  
[krysta@fifnc.org](mailto:krysta@fifnc.org)

**Hours:** Monday - Friday, 9:00 a.m. - 5:00 p.m.

**Program Fees:** None.

**Application:** Call the office for an application.

**Eligibility:** A person of any age with an Intellectual, Developmental Disability and, or a Traumatic Brain Injury whose household income does not exceed \$65,000 after taxes.

**Languages:** Spanish.

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### Sarah's House Mother/Child Program (Florence Crittenton Services)

**Description:** 24-hour residential care and supervision for adolescent mothers and infants who are in foster care and need placement together.

**County:** Mecklenburg

**Address:** 1300 Blythe Blvd.  
Charlotte, NC 0

**Website:** [www.fcsnc.org](http://www.fcsnc.org)

**Contact:** Diane Thompson, Program Administrator  
704-372-4663  
[dthompson@fcsnc.org](mailto:dthompson@fcsnc.org)

**Hours:** Office: Monday - Friday, 9:00 a.m. - 5:00 p.m.

**Program Fees:**

**Application:** Must be referred by DSS

**Eligibility:** Single female adolescents in legal custody of the Department of Social Services (ages 14-21) with willingness to participate in all program requirements.

**Agreement to participate in vocational and/or educational programming.**  
Cannot consider those who requ

**Languages:**

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### Innovation (Foothills Industries of McDowell County)

## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** The Innovation (formerly CAP) service is a special Medicaid community care funding source designed to give persons with intellectual/developmental disabilities a cost-effective alternative to care in an intermediate care facility. The goal is to allow individuals to return to and/or live in the community with as much independence as possible. The wide array of services and supports are designed to recognize the dignity of each individual and to enhance the quality of life, allowing each person to maximize independence, productivity, and talent according to his/her preferences.

**County:** McDowell

**Address:** 300 Rockwell Drive  
Marion, NC 28752

**Website:** [www.foothillsindustries.com](http://www.foothillsindustries.com)

**Contact:** Donnita Silver, Director of Services  
828-652-4088  
[dsilver@foothillsind.com](mailto:dsilver@foothillsind.com)

**Hours:** Monday - Friday, 8:00 a.m. - 4:00 p.m.

**Program Fees:** Medicaid funded

**Application:** Phone Call to Foothills Industries or MCO/LME

**Eligibility:** Must have an Intellectual/Developmental Disability (I/DD) diagnosis; Medicaid Card, Social Security Card, Psychological evaluation; additional documentation may be required; Consumers whose Medicaid home is within the catchment area of local MCO's with S

**Languages:**

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### Elizabeth House (Four Seasons - Compassion For Life)

**Description:** Inpatient facility owned and operated by Four Seasons to care for terminally ill patients. Medicare certified. Provides three levels of care: inpatient, routine, and respite.

**County:** Henderson

**Address:** 581 South Allen Road  
Flat Rock, NC 28731

**Website:** [www.fourseasonscl.org](http://www.fourseasonscl.org)

**Contact:** Christina Southern, Director  
[csouthern@FourSeasonscl.org](mailto:csouthern@FourSeasonscl.org)

**Hours:** 24 hours per day, 7 days per week, 365 days per year

**Program Fees:** Accepts Medicaid, Medicare, insurance

**Application:** Phone call; In person

**Eligibility:** Have a diagnosed terminal illness with 6 months or less prognosis

**Languages:**

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### Hospice Care for Terminally Ill (Four Seasons - Compassion For Life)

**Description:** End-of-life care to patients and their families in their homes or in facilities. Interdisciplinary team approach to care: RN's, nursing assistant, social workers, chaplains, bereavement counselors, volunteers, physicians, and advocates for the individual's wishes.

**County:** Henderson

**Address:** 571 South Allen Road  
Flat Rock, NC 28731

**Website:** [www.fourseasonscl.org](http://www.fourseasonscl.org)

**Contact:** Chris Comeaux,  
828-692-6178

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.; 24 hour answering service

Program Fees: Accepts Medicare, Medicaid, private insurance, major credit cards

Application: Self or outside-source referral

Eligibility: Physician certification of a terminal illness with a 6 month or less prognosis

Languages:

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### Hospice Care for Terminally Ill (Four Seasons - Compassion For Life)

Description: End-of-life care to patients and their families in their homes or in facilities. Interdisciplinary team approach to care: RN's, nursing assistant, social workers, chaplains, bereavement counselors, volunteers, physicians, and advocates for the individual's wishes.

County: Macon

Address: 171 Hospital Drive  
JWB, Suite 600  
Highlands, NC 28741

Website: [www.fourseasonscfl.org](http://www.fourseasonscfl.org)

Contact: Chris Comeaux,  
828-692-6178

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.; 24 hour answering service

Program Fees: Accepts Medicare, Medicaid, private insurance, major credit cards

Application: Self or outside-source referral

Eligibility: Physician certification of a terminal illness with a 6 month or less prognosis

Languages:

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### Palliative Care (Four Seasons - Compassion For Life)

Description: Medical specialty focusing on the needs of those living with serious illness. Can be provided at the same time as any other medical treatments. Services include: treatment of pain and other symptoms, guidance with difficult treatment choices, coordination of care with your other health care providers, help in navigating the health care system, referral to community resources, emotional and spiritual support as needed. Services can be provided in the home, nursing home, assisted living facility or hospital. Some common illnesses that people request palliative care for include: Chronic Obstructive Pulmonary Disease (COPD); Congestive Heart Failure (CHF); Stroke; Parkinson's Disease; Alzheimer's Disease; Dementia; Kidney Disease; Cancer.

County: Henderson

Address: 571 South Allen Road  
Flat Rock, NC 28731

Website: [www.fourseasonscfl.org](http://www.fourseasonscfl.org)

Contact: John Morris, MD, Palliative Care Medical Director  
[jmorris@FourSeasonsCFL.org](mailto:jmorris@FourSeasonsCFL.org)

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Program Fees: Sliding scale; Accepts Medicare, Medicaid, private insurance

Application: Phone call; Referral

Eligibility: Serious chronic illness

Languages: Spanish

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### Palliative Care (Four Seasons - Compassion For Life)

## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** Medical specialty focusing on the needs of those living with serious illness. Can be provided at the same time as any other medical treatments. Services include: treatment of pain and other symptoms, guidance with difficult treatment choices, coordination of care with your other health care providers, help in navigating the health care system, referral to community resources, emotional and spiritual support as needed. Services can be provided in the home, nursing home, assisted living facility or hospital. Some common illnesses that people request palliative care for include: Chronic Obstructive Pulmonary Disease (COPD); Congestive Heart Failure (CHF); Stroke; Parkinson's Disease; Alzheimer's Disease; Dementia; Kidney Disease; Cancer.

**County:** Macon

**Address:** 171 Hospital Drive  
JWB, Suite 600  
Highlands, NC 28741

**Website:** [www.fourSeasonscfl.org](http://www.fourSeasonscfl.org)

**Contact:** John Morris, MD, Palliative Care Medical Director  
[jmorris@FourSeasonsCFL.org](mailto:jmorris@FourSeasonsCFL.org)

**Hours:** Monday - Friday, 8:00 a.m. - 4:30 p.m.

**Program Fees:** Sliding scale; Accepts Medicare, Medicaid, private insurance

**Application:** Phone call; Referral

**Eligibility:** Serious chronic illness

**Languages:** Spanish

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### Family Support Network (GHA Autism Supports)

**Description:** The Family Support Network serves as an outlet for families with special needs to meet with one another, while supporting the initiatives of GHA Autism Supports.

**County:** Stanly

**Address:** 213 North Second Street  
Albemarle, NC 28001

**Website:** [www.ghautismsupports.org](http://www.ghautismsupports.org)

**Contact:** Dawn Allen, CEO  
704-982-9600  
[dawnallen@ghainc.org](mailto:dawnallen@ghainc.org)

**Hours:** Office Hours, Monday - Friday, 8:00 a.m. - 4:30 p.m.

**Program Fees:** None

**Application:**

**Eligibility:** Family member with Autism.

**Languages:** GHA provides person-centered services based on individualized need.

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### Wilmington Office (GHA Autism Supports)

**Description:** GHA Autism Supports is a private, non-profit organization that provides community services to meet the unique needs of individuals with Autism Spectrum Disorder. Services include Residential, Vocational, and Job Services Programming.

**County:** New Hanover

**Address:** 105 North Sixth Street  
Wilmington, NC 28401

**Website:** [www.ghautismsupports.org](http://www.ghautismsupports.org)

**Contact:** Ginger Longino,  
910-619-1449  
[vlongino@ec.rr.com](mailto:vlongino@ec.rr.com)

**Hours:** Monday - Friday, 8:00 a.m. - 4:30 p.m.

## Transylvania County 2-1-1 Resources (3.5.15)

**Program Fees:** Interested individuals must receive or be eligible to receive Medicaid supported services (Intermediate Care Facility/Mental Retardation - ICF/MR, Innovations, Community Alternative Program/Mental Retardation-CAP/MR). Private pay situations must be reviewed.

**Application:** Please reference [www.ghautismsupports.org](http://www.ghautismsupports.org) for specific information regarding accessing services, or contact our administrative office at 704-982-9600.

**Eligibility:** Individuals must have a confirmed diagnosis of Autism Spectrum Disorder.

**Languages:** GHA provides person-centered services based on individualized need.

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### Gluten Intolerance Group of Asheville

**Description:** Provides support to persons with gluten intolerance, including celiac disease, dermatitis herpetiformis and gluten sensitivities to live healthy lives. Holds monthly meetings that offer a variety of opportunities for current and relevant information through restaurant outings, potlucks, speakers, and product tastings. There is also a bi-monthly, informative newsletter and weekly emails available with the latest gluten free information from research to recipes. Contact may be made by email to the director at any time for information and direction for further services.

**County:** Buncombe  
**Address:** 53 Cedar Hill Drive  
Asheville, NC 28803  
**Website:** [www.ashevillegig.org](http://www.ashevillegig.org)  
**Contact:** Sheila Horine, Director  
828-274-8532  
[gig.asheville@gluten.net](mailto:gig.asheville@gluten.net)

**Hours:** Meetings are the 4th Tuesday of the month, see website for details; Email anytime

**Program Fees:** None

**Application:** Sign up on website

**Eligibility:** Interested in information about Gluten Intolerance, Celiac Disease and/or a gluten free diet

**Languages:**

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### Helios Warriors

**Description:** Offers complementary and alternative therapies for veterans in need. Some services include acupuncture, chiropractic, massage therapy, cranial sacral therapy, energy work, nutrition consultation, and talk therapy.

**County:** Buncombe  
**Address:** 251 Haywood Street  
Suite D  
Asheville, NC 28801  
**Website:** [www.helioswarriors.org](http://www.helioswarriors.org)  
**Contact:** Ashley Pool, Director  
[helioswarriorswnc@gmail.com](mailto:helioswarriorswnc@gmail.com)  
**Hours:** Tuesday, Thursday, Friday, 10:00 a.m. - 5:00 p.m.; Sunday, 12:00 p.m. - 5:00 p.m.; Hours may vary  
**Program Fees:** Sliding scale based on income - call for details  
**Application:** Call to schedule a free appointment for initial intake  
**Eligibility:** Services are offered to military veterans and their spouses. At the first visit, veterans must bring materials proving they served in the military.

## Transylvania County 2-1-1 Resources (3.5.15)

Languages:

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### Adult Day Activity Center (Irene Wortham Center)

**Description:** Provides activities that promote an optimal level of independence in daily living and offers socialization and interaction on an individual and group level. Activities include art and music therapy, cooking lessons, and inclusive community activities such as: concerts, festivals, and volunteer opportunities. Continuing education courses are provided daily under the guidance of Asheville-Buncombe Technical Community College

**County:** Buncombe  
**Address:** 916 West Chapel Road  
Asheville, NC 28803

**Website:** [www.iwcnc.org](http://www.iwcnc.org)

**Contact:** Jennifer Kelley, Director of Programs  
828-274-7518 x157  
[jkelly@iwcnc.org](mailto:jkelly@iwcnc.org)

**Hours:** Monday - Friday, 7:00 a.m. - 5:00 p.m.

**Program Fees:** Accepts Medicaid; Private pay; CAP

**Application:** Phone call; In person; Referral

**Eligibility:** Ages 18 and up; Male, female

**Languages:**

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### JDRF - Greater Western Carolinas Chapter

**Description:** Supports and encourages research for Type 1 Diabetes. The research has three primary objectives: restoring normal blood sugar levels, avoiding and reversing diabetes-related complications, and preventing diabetes and its recurrence.

**County:** Mecklenburg  
**Address:** 205 Regency Executive Park Drive  
Suite 102  
Charlotte, NC 28217

**Website:** [www.jdrf.org](http://www.jdrf.org)

**Contact:** Carol Yates, Office Manager  
704-625-4078  
[cyates@jdrf.org](mailto:cyates@jdrf.org)

**Hours:** Monday - Friday, 9:00 a.m. - 5:00 p.m.

**Program Fees:** None

**Application:** Phone call

**Eligibility:** For anyone seeking information for Type 1 Diabetes

**Languages:**

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### La Leche League of Asheville (La Leche League International)

**Description:** Group is for anyone who is interested in learning more about breastfeeding and related aspects of child care, not just for moms who are having difficulties. Babies welcome.

Telephone help also available 24 hours.

**Meeting location:** 1st Congregational Church, Oak Street, downtown Asheville. Call a Leader for directions.

**County:** Buncombe  
**Address:** 30 Fox Run Drive  
Fairview, NC 28730

**Website:** [www.llofnc.org](http://www.llofnc.org)

**Contact:** Susan Mooney,  
[susanannemooney@gmail.com](mailto:susanannemooney@gmail.com)



## Transylvania County 2-1-1 Resources (3.5.15)

Hours: Meeting Times: 2nd Tuesday of the month, 10:00 a.m.  
Program Fees: None  
Application: Phone call; Attend meeting  
Eligibility: Pregnant and nursing women; Nursing babies and toddlers welcome  
Languages: Call the 800 number for Spanish

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### Licensed Nursing Homes and Adult Care Homes Guide (Land of Sky Area Agency on Aging)

Description: A printed directory with information about long-term care facilities in Buncombe, Henderson, Madison, and Transylvania Counties. Includes information about nursing homes, assisted living, adult care homes and family care homes, continuing care retirement communities, and Independent Living communities for seniors and persons with disabilities. Guide may be ordered or downloaded online at [www.landofsky.org/ombudsman.html](http://www.landofsky.org/ombudsman.html) (scroll down to Long- Term Care Housing Directory by County).

County: Buncombe  
Address: 339 New Leicester Highway  
Suite 140  
Asheville, NC 28806  
Website: [www.landofsky.org/pdf/Aging/LTC\\_Directory/LTC\\_Directory\\_2014.pdf](http://www.landofsky.org/pdf/Aging/LTC_Directory/LTC_Directory_2014.pdf)  
Contact: Ruth Price, Regional Long- Term Care Ombudsman  
[ruth@landofsky.org](mailto:ruth@landofsky.org)  
Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.  
Program Fees: No charge for directory  
Application: On-line; Phone call

Eligibility: Anyone needing information about long- term care facilities in Buncombe, Henderson, Madison or Transylvania counties

Languages:

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### Living Healthy with a Chronic Condition (Land of Sky Area Agency on Aging)

Description: Living Healthy is a free 6-week program for people living with ongoing health problems to help improve their health - one step at a time. Sessions aim to provide mutual support and success, build the participants' confidence in their ability to manage their health and maintain active and fulfilling lives. Designed to help those with chronic conditions such as Diabetes, HBP, COPD, Arthritis, Asthma, and Depression. Workshops are offered in Buncombe, Madison, Henderson and Transylvania Counties on an ongoing basis. See website for schedule of classes and registration information.

County: Buncombe

Address: 339 New Leicester Highway  
Suite 140  
Asheville, NC 28806

Website: [www.livinghealthywnc.org](http://www.livinghealthywnc.org)

Contact: Rebecca Chaplin, Aging Program Specialist  
828-251-7438  
[rebecca@landofsky.org](mailto:rebecca@landofsky.org)

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Class times vary

Program Fees: None

Application: Visit website or call to register

## Transylvania County 2-1-1 Resources (3.5.15)

Eligibility: Person with Chronic condition(s) or caregiver of person with chronic condition(s); No age restriction; Course also offered in in Spanish

Languages: Spanish

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### Project C.A.R.E. (Land of Sky Area Agency on Aging)

Description: Project C.A.R.E. (Caregiver Alternatives to Running on Empty) uses a family consultant model to provide consumer-directed respite care and comprehensive support to caregivers. The goal of the program is to increase quality, access, choice, and use of respite and support services to low-income rural and minority families caring for a person with dementia at home. Through the integration of dementia-capable services and the development of family-centered and caregiver-focused community care networks.

County Buncombe

Address: 339 New Leicester Highway  
Suite 140  
Asheville, NC 28806

Website: [www.landofsky.org/projectcare](http://www.landofsky.org/projectcare)

Contact: Nancy Hogan, Family Consultant, Western NC Project C.A.R.E. (Caregiver Alternatives to Running on Empty)  
[nancy@landofsky.org](mailto:nancy@landofsky.org)

Hours: Call for Appointment; Office Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Program Fees: Call for details

Application: Phone call; Email

Eligibility: Call for details; Serves 34 counties in Western North Carolina

Languages: Interpreter services available

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### WNC Fall Prevention Coalition (Land of Sky Area Agency on Aging)

Description: The WNC Fall Prevention Coalition is committed to reducing the number of falls and fall-related injuries in Western North Carolina. WNC Fall Prevention Coalition provides local assistance including screening referral therapy, exercise, home care, and safety assessments.

County Buncombe

Address: 339 New Leicester Highway  
Suite 140  
Asheville, NC 28806

Website: [www.landofsky.org/fallprevention](http://www.landofsky.org/fallprevention)

Contact: Rebecca Chaplan, Aging Program Specialist  
828-251-7438  
[rebecca@landofsky.org](mailto:rebecca@landofsky.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone Call

Eligibility: No Restrictions

Languages:

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### Leukemia and Lymphoma Society - Western North Carolina

Description: This group is for people living with Leukemia, Lymphoma, Multiple Myeloma, Myelodysplastic Syndrome, Primary Amyloidosis, or any blood cancer and also their caregivers who live in the Western North Carolina area.

County Buncombe

Address: 21 Hospital Drive

## Transylvania County 2-1-1 Resources (3.5.15)

Mission Hospital SECU Cancer Center  
Asheville, NC 28801

Website: [www.lls.org](http://www.lls.org)

Contact: Leslie Verner, RN, BSN, OCN, Group Facilitator  
828-213-4656  
[leslie.verner@msj.org](mailto:leslie.verner@msj.org)

Hours: Meetings are the 2nd Monday of the month, 4:00 p.m. - 6:00 p.m.

Program Fees: None

Application: Phone call for registration; Please check in at the registration desk on 1st floor of Cancer Center for room location of support group.

Eligibility: People with blood cancers and their caregivers

Languages:

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### Liberty Corner Enterprises

Description: Discovery Program: Provides residential treatment services for adults with developmental disabilities and mental illness, and adults with physical disabilities or deaf and blind

Day Supports: Provides community-based, person-centered services that is tailored to fit each individual as they become involved in the community.

Residential Supports: Provides services and supports to assist people to live in a home of their choice.

Supported Employment: Assists with job placement and maintaining employment through long term follow up.

County: Buncombe

Address: 147 Coxe Avenue  
Asheville, NC 28801

Website: [www.libertycornerent.com](http://www.libertycornerent.com)

Contact: Brad Alexander, Executive Director  
828-254-9917  
[balexander@libertycornerent.com](mailto:balexander@libertycornerent.com)

Hours: Office Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Program Fees: No cost to participant; Accepts Medicaid, Medicare, Special Assistance (a Social Security benefit)

Application: Phone call; Email

Eligibility: Adults with developmental disability diagnosis or physical disability; Social Security Card and birth certificate required

Languages: American Sign Language

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### LifeShare Of The Carolinas

Description: LifeShare Of The Carolinas is a federally designated, not-for-profit organ, eye, and tissue recovery organization with two offices; Asheville and Charlotte. Works with the United Network for Organ Sharing (UNOS), which maintains the national computerized transplant waiting list. Coordinators serve as a liaison between donor families and organ/tissue recipients. Also provides public education on organ, eye or tissue donation.

County: Buncombe

Address: 1200 Ridgefield Boulevard  
Suite 150  
Asheville, NC 28803

Website: [www.lifesharecarolinas.org](http://www.lifesharecarolinas.org)

Contact: Debbie Gibbs, Public Relations Manager  
704-512-3062  
[debbie.m.gibbs@lifesharecarolinas.org](mailto:debbie.m.gibbs@lifesharecarolinas.org)

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 4:00 p.m.; 24 Line 800-932- 4483: 24 hours a day, 7 days a week, 365 days a year

Program Fees:

Application: Call or more information; To register as a donor of for additional information, visit [www.lifesharecarolinas.org](http://www.lifesharecarolinas.org).

Eligibility:

Languages:

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### MANNA FoodBank

Description: MANNA FoodBank solicits food from industries and individuals locally and through Feeding America, the nation's largest domestic hunger relief organization. Distributes food to private not-for-profit and religious agencies serving the sick, needy, and children in 16 Western North Carolina counties. MANNA FoodBank only distribute food to individuals or families seeking emergency food assistance on a one time basis and then refers them to 2-1-1 and a listing of MANNA's partner agencies closest to them. MANNA solicits stores and distributes food and groceries to certified charitable [501(c) (3) tax exempt] agencies involved in feeding the needy.

MANNA Packs for Kids Program, MANNA's weekend take-home food program, provides supplemental food items and, as available, fresh fruits and vegetables to school- identified youth distributed weekly during the school year. The program serves more than 4,000 children per week in 135 schools across the sixteen county service region.

Also conducts the Fresh Produce Program with helps Buncombe County families living in participating Asheville housing projects to have access to fresh food.

County Buncombe

Address: 627 Swannanoa River Road  
Asheville, NC 28805

Website: [www.mannafoodbank.org](http://www.mannafoodbank.org)

Contact: Cindy Threlkeld, Executive Director  
828-299-3663  
[cthrelkeld@mannafoodbank.org](mailto:cthrelkeld@mannafoodbank.org)

Hours: Office Hours: Monday - Friday, 8:00 a.m. - 4:00 p.m.

Program Fees: Food Bank for Agencies: Maintenance handling fee per pound; call for more information; MANNA Packs for Kids Program: None

Application: Food Bank for Agencies: Agency must apply to become member; MANNA Packs for Kids Program: Make contact with school administration so the program participant may be added to the school list

Eligibility: Food Bank for Agencies: Certified charitable [501(c) (3) tax exempt] agencies involved in feeding the needy; MANNA Packs for Kids Program: Ages 18 and under; school counselor or social worker works with partnering school to identify program participants;

Languages:

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### Medical Equipment Loan Closet (Piney Mountain United Methodist Church)

Description: Provides medical equipment to loan for 6 months at time for free. Some of the items available are wheelchairs, walkers, crutches, canes, shower chairs, lifts, CPAP, beds.

County Buncombe

Address: 14 Piney Mountain Church Road  
Candler, NC 28715

## Transylvania County 2-1-1 Resources (3.5.15)

Website: [www.pineymountainumc.org](http://www.pineymountainumc.org)  
Contact: Ron Hartman, Pastor  
828-667-3031  
pastor@pineymountainumc.org  
Hours: By appointment only  
Program Fees: None  
Application: Call and leave a message on the voicemail for \*3 with name, telephone number, and what kind of equipment is needed, and you will be contacted to set up an appointment.  
Eligibility: No Restrictions; serves Buncombe and surrounding counties  
Languages:

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### Haywood Satellite Clinic (MemoryCare)

Description: Provides comprehensive evaluation of older adults with memory impairment, and establishment of a health management plan, working closely with the primary care physician of the client. Also provides support and education for caregivers of older adults with memory impairment. Can also provide services for Durable Power of Attorney for Health Care.

County: Haywood  
Address: 81 Elmwood Way  
Waynesville, NC 28786  
Website: [www.memorycare.org](http://www.memorycare.org)  
Contact: Suzann Coker, Program Assistance  
828-771-2219  
office@memorycare.org

Hours: Asheville Office Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.; Haywood Clinic: Tuesday, Thursday, 8:30 a.m. - 4:30 p.m. By appointment only  
Program Fees: Accepts Medicare, private insurance  
Application: Call Asheville Office for appointment; Physician referral  
Eligibility: Geriatric patient age 65 and up  
Languages: Interpreter services as needed

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### Memory Loss Education (MemoryCare)

Description: Provides community education on the causes and effects of memory loss, specialized training for physicians and nurses and a lending library for the public on issues affecting older adults.

County: Buncombe  
Address: 100 Far Horizons Lane  
Asheville, NC 28803  
Website: [www.memorycare.org](http://www.memorycare.org)  
Contact: Suzann Coker, Program Assistant  
828-771-2219  
office@memorycare.org  
Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.  
Program Fees: Vary  
Application: Phone call; Visit library  
Eligibility: No restrictions  
Languages: Interpreter services as needed

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### MemoryCare Services (MemoryCare)

## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** Provides comprehensive evaluation of older adults with memory impairment, and establishment of a health management plan, working closely with the primary care physician of the client. Also provides support and education for caregivers of older adults with memory impairment. Can also provide services for Durable Power of Attorney for Health Care.

**County** Buncombe

**Address:** 100 Far Horizons Lane  
Asheville, NC 28803

**Website:** www.memorycare.org

**Contact:** Suzann Coker, Program Assistant  
828-771-2219  
office@memorycare.org

**Hours:** Monday - Friday, 8:30 a.m. - 4:30 p.m.

**Program Fees:** Accepts Medicare, private insurance

**Application:** Referral by phone; Physician referral

**Eligibility:** Geriatric patient age 65 and up

**Languages:** Interpreter services as needed

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### Yancey/Mitchell/Madison Satellite Clinic (MemoryCare)

**Description:** Satellite clinic housed in the Hospice of Yancey County. Provides comprehensive evaluation of older adults with memory impairment, and establishment of a health management plan, working closely with the primary care physician of the client. Also provides support and education for caregivers of older adults with memory impairment. Can also provide services for Durable Power of Attorney for Health Care.

**County** Yancey

**Address:** 856 George's Fork Road  
Hospice of Yancey County  
Burnsville, NC 28714

**Website:** www.memorycare.org

**Contact:** Suzann Coker, Program Assistant  
828-771-2219  
office@memorycare.org

**Hours:** Clinic Hours: Monday, 8:30 a.m. - 4:00 p.m.

**Program Fees:** Accepts Medicare, private insurance

**Application:** Physician referral

**Eligibility:** Geriatric patient age 65 and up

**Languages:** Interpreter services as needed

---

### Breast Program (Mission Hospital)

**Description:** A comprehensive program for breast cancer patients. Offers: Teaching before and after the breast surgery; A breast cancer resource center including internet access/lending library; Prosthesis and bra fittings; A free breast cancer support group called In Good Company.

Support Group meetings are held 2nd and 4th Thursday of each month at 5:30 p.m. - 7:00 p.m. Call before attending support group.

**County** Buncombe

**Address:** 21 Hospital Drive  
Mission Cancer Center  
Asheville, NC 28801

**Website:** www.mission-health.org

**Contact:** Denise Steuber, RN, Nurse Navigator  
828-213-2508

## Transylvania County 2-1-1 Resources (3.5.15)

Denise.Steuber@ msj.org

Hours: Office Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.;  
Support group usually meets on the 3rd Thursday of each  
month, 5:30 p.m. - 7:00 p.m.

Program Fees: None

Application: Phone call; Make appointments for breast cancer education  
and support session, or prosthesis/bra fitting

Eligibility: No Restrictions

Languages:

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### Breastfeeding Center (Mission Hospital)

Description: The Mission Breastfeeding Center provides guidance to  
mothers before and after delivery either by phone or by  
consultation in the office. Also has access to breastfeeding  
resources, rental equipment, nursing bras and  
breastfeeding supplies for mothers. Staff are Internationally  
Board Certified Lactation Consultants.

County Buncombe

Address: Two Medical Park Drive  
Suite 201  
Asheville, NC 28803

Website: [www.missionchildrens.org/hospital-services/breastfeeding-center](http://www.missionchildrens.org/hospital-services/breastfeeding-center)

Contact: Joni Lisenbee,  
[joni.lisenbee@msj.org](mailto:joni.lisenbee@msj.org)

Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Program Fees: Insurance accepted; Fees vary according to service provided

Application: Call for appointment

Eligibility: Mothers who are breastfeeding

Languages: Spanish; Russian; Translator service available

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### Cornerstone Diabetes Support Group (Mission Hospital)

Description: Aims to provide a supportive network to individuals with  
diabetes and their families and friends, as well as provide  
education and advocacy for the management of diabetes.

Meeting time: 3rd Wednesday of the month, 3:30 p.m. -  
5:00 p.m. Location: See street address. Park in front of  
building and enter on the same level as the parking lot.

County Buncombe

Address: One Hospital Drive  
Suite 3200  
Asheville, NC 28801

Website: [www.mission-health.org](http://www.mission-health.org)

Contact: Anne Senechal,  
828-213-4639  
[anne.senechal@msj.org](mailto:anne.senechal@msj.org)

Hours: Meeting is 3rd Wednesday of the month, 3:30 p.m. - 5:00  
p.m.

Program Fees: None

Application: Phone call

Eligibility: Persons with diabetes and their family/friends

Languages:

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### Diabetes Center (Mission Hospital)

Description: Diabetes care and education program for inpatients and  
outpatients. The program serves individuals with diabetes,

## Transylvania County 2-1-1 Resources (3.5.15)

whether newly diagnosed, starting insulin or insulin pump therapy, or those who need update of self-care information.

Provides education for people who live and work with diabetes to optimize self care of the disease. The service provides comprehensive programming beginning with an individual assessment to determine learning needs.

County: Buncombe  
Address: One Hospital Drive  
Suite 3200  
Asheville, NC 28801  
Website: [www.mission-health.org](http://www.mission-health.org)  
Contact: Stephanie Kiser, RPH, Director  
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Evening classes are offered  
Program Fees: Accepts Medicaid, Medicare, private insurance, private pay  
Application: Referral from physician  
Eligibility: Person with diabetes  
Languages: Spanish

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### Emergency Department (Mission Hospital)

Description: Provides 24 hour care for medical emergencies and trauma. Medical advise can not be provided by telephone.  
County: Buncombe  
Address: 509 Biltmore Avenue  
Asheville, NC 28801  
Website: [www.mission-health.org/contact/maps-directions/main-campuses-services/emergency-department](http://www.mission-health.org/contact/maps-directions/main-campuses-services/emergency-department)  
Contact: 828-213-1111

Hours: 24 hours per day, 7 days per week, 365 days per year  
Program Fees: Accepts Medicaid; Medicare; private insurance; private pay  
Application: Go to the Emergency Department  
Eligibility: No Restrictions  
Languages: Interpreter services available

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### Family Support Network of WNC (Mission Hospital)

Description: Provides resources, information, and support for parents of children with special needs such as: physical, mental, developmental disability, hearing or visual impairment, premature birth, and other health or learning related disorders; Assists parents in securing additional resources for older children; Houses a library specific to children with special needs. Below is a list for all support groups provided through FSN; childcare provided with RSVP to [kate.glance@msj.org](mailto:kate.glance@msj.org) or call 828-213-9787. No groups meet in December.

- Buncombe County Family Group Night, for families of children with special needs (groups for children with or without diagnoses as well): 1st Tuesday of the month; 5:30 p.m. - 7:30 p.m. at Mission Children's Reuter Outpatient Clinic, 11 Vanderbilt Park Drive, Asheville

-Madison County Family Group: 4th Monday of each month, 5:30 p.m. - 7:30 p.m. at the Madison County NC Cooperative Extension center at 258 Carolina Lane, Marshall

-Transylvania County Family Group: 4th Thursday, monthly, 5:30 p.m. - 7:30 p.m. Transylvania Parks & Recreation, 1078 Ecusta Road, Brevard

-Henderson County Family Group: 3rd Monday, monthly, 5:30 p.m. - 7:30 p.m., Saint Gerard House - 620 Oakland Street, Hendersonville



## Transylvania County 2-1-1 Resources (3.5.15)

County: Buncombe  
Address: 11 Vanderbilt Park Drive  
Asheville, NC 28803  
Website: [www.missionchildrens.org/education-outreach/family-support-network](http://www.missionchildrens.org/education-outreach/family-support-network)  
Contact: Kate Glance, Family Resource Specialist  
828-213-9787  
kate.glance@msj.org  
Hours: Office Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.; See description for group times  
Program Fees: None  
Application: Phone call; Referral; Mail  
Eligibility: Parents of children with special needs (developmental/mental health diagnosis); Includes premature birth, genetic disorders  
Languages: Translator services available

---

### Fullerton Genetics Center (Mission Hospital)

Description: Offers evaluation, diagnosis, and counseling for families and individuals who may be affected by genetic disorders. Facility offers a resource library for professionals, families, and the public. Call if concerned about genetic family history, child's development, or want to learn more about genetics.

County: Buncombe  
Address: Nine Vanderbilt Park Drive  
Asheville, NC 28803  
Website: [www.mission-health.org](http://www.mission-health.org)  
Contact: Kelly Tison,

kelly.tison@msj.org  
Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.  
Program Fees: Vary  
Application: Phone call  
Eligibility: No restrictions  
Languages: Interpreters available

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### Heart Failure and Device Support Group - Asheville Cardiology Associates (Mission Hospital)

Description: Sponsored by Asheville Cardiology Associates and Mission; Provides free monthly presentations by health care professionals for patients and families living with heart failure and/or a cardiac device implant (ICD and/or bi-ventricular pacemaker); A Heart Failure case management nurse attends meetings.

Held at Asheville Cardiology Associates on Five Vanderbilt Park Drive (2nd Floor, ACA Board Room) on the 1st Tuesday of every month from 2:00 p.m. – 4:00 p.m.

County: Buncombe  
Address: Five Vanderbilt Park Drive  
Asheville, NC 28803  
Website: [www.asheville.cardiologydomain.com](http://www.asheville.cardiologydomain.com)  
Contact: Leslie Council, Education and Marketing  
828-274-6000 x319  
leslie.council@msj.org  
Hours: 1st Tuesday of every month, 2:00 p.m. – 4:00 p.m.; If A-B Tech cancels classes because of weather, this group will also be canceled.  
Program Fees: None

## Transylvania County 2-1-1 Resources (3.5.15)

Application: Call for meeting information or Walk-in  
Eligibility: Patients and families living with heart failure and/or a cardiac device implant  
Languages:

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### Low Vision Center (Mission Hospital)

Description: Provides evaluations for people with low vision to determine whether optical visual aids, such as magnifiers and telescopes, will enhance a person's visual functioning. Also provides rehabilitative teaching services at the clinic, and sponsors a peer support group.

County: Buncombe

Address: 240 Sardis Road  
Asheville, NC 28806

Website: [www.mission-health.org/centers-and-services/support-services/rehabilitation-therapy/occupational-therapy/low-vision-services](http://www.mission-health.org/centers-and-services/support-services/rehabilitation-therapy/occupational-therapy/low-vision-services)

Contact: Sue Ponder, Practice Specialist  
[sue.ponder@msj.org](mailto:sue.ponder@msj.org)

Hours: Office Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: Vary according to services; Accepts private insurance, but Medicare does not cover many services offered- financial aid may be available to those who qualify

Application: Phone call

Eligibility: Persons with low vision (vision cannot be corrected by glasses, contacts, or normal means); 4 years old and up; Must have seen a regular eye doctor in the last 12 months

Languages: Language and sign language interpreters may be available through Mission's interpretative services

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### Low Vision Support Group (Mission Hospital)

Description: Monthly support group meetings for adults with low vision or who are blind. The meeting programs include group discussions of coping strategies, and speakers with information on resources relevant to people with vision loss. Usually meets the fourth Friday of every month (except July), from 10:00 a.m. - 11:30 a.m. To confirm the date of the next meeting or if you have any questions please call Judy at 828-213-4377. Can sometimes provide transportation for people living within the city limits.

County: Buncombe

Address: Five Oak Street  
First Baptist Church, Room 221  
Asheville, NC 28801

Website: [www.mission-health.org/centers-and-services/support-services/rehabilitation-therapy/occupational-therapy/low-vision-services](http://www.mission-health.org/centers-and-services/support-services/rehabilitation-therapy/occupational-therapy/low-vision-services)

Contact: Judy Davis, Low Vision Technician  
828-213-4377  
[crsjld@msj.org](mailto:crsjld@msj.org)

Hours: 4th Friday of every month, 10:00 a.m. - 11:30 a.m.; Does not meet in July

Program Fees: None

Application: Phone call

Eligibility: Age 21 and up

Languages: Sign language interpreters and assistive listening devices may be available with prior arrangements.

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## Transylvania County 2-1-1 Resources (3.5.15)

### Medical Assistance Counseling (Mission Hospital)

**Description:** Evaluates patients and families for possible Medicaid medical bill assistance for help with their medical bills incurred as a result of admission or outpatient services to Mission Hospitals. Counselor also advises of possible assistance available from other agencies. Works with families through Medicaid application process if needed and appeals if denied (in some cases). Medicaid workers on site. If Medicaid is denied, consumers are referred to Mission Customer Service for payment plans and possible discounts.

**County:** Buncombe

**Address:** 261 Asheland Avenue  
Asheville, NC 28801

**Website:** [www.mission-health.org](http://www.mission-health.org)

**Contact:** Donna Clark Coggins, Manager, K-Z Sections  
828-651-4980  
[donna.coggins@m sj.org](mailto:donna.coggins@m sj.org)

**Hours:** Monday - Friday, 8:00 a.m. - 6:00 p.m.

**Program Fees:** None

**Application:** Phone call to the appropriate worker (assigned by patient's last name); Referral; Apply in person; Mail; Documentation required depends on program

**Eligibility:** Some programs have income restrictions, or require illness/disability

**Languages:**

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### Mission Children's Hospital (Mission Hospital)

**Description:** Provides complete medical facilities and services for children and adolescents, as well as support, education, and comfortable amenities for their families. Services are

provided in the hospital or on an outpatient basis, depending on the needs of the child and family. Services include dental services, developmental and behavioral assessment and treatment for Autism and other issues, and weight management.

**County:** Buncombe

**Address:** 11 Vanderbilt Park Drive  
Reuter Outpatient Center  
Asheville, NC 28803

**Website:** [www.missionchildrens.org](http://www.missionchildrens.org)

**Contact:** Contact,

**Hours:** 24 hours per day, 7 days per week, 365 days per year

**Program Fees:**

**Application:** Phone call

**Eligibility:** Ages 0-18

**Languages:** Spanish; Interpreter services available for other languages

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### Mission Children's Hospital (Mission Hospital)

**Description:** Provides complete medical facilities and services for children and adolescents, as well as support, education, and comfortable amenities for their families. Services are provided in the hospital or on an outpatient basis, depending on the needs of the child and family. Services include dental services, developmental and behavioral assessment and treatment for Autism and other issues, and weight management.

**County:** Buncombe

**Address:** 21 Hospital Drive  
SECU Cancer Center; 2nd Floor  
Asheville, NC 28801

## Transylvania County 2-1-1 Resources (3.5.15)

Website: [www.missionchildrens.org](http://www.missionchildrens.org)  
Contact: Contact,  
Hours: 24 hours per day, 7 days per week, 365 days per year  
Program Fees:  
Application: Phone call  
Eligibility: Ages 0-18  
Languages: Spanish; Interpreter services available for other languages

---

### Mission Children's Hospital (Mission Hospital)

Description: Provides complete medical facilities and services for children and adolescents, as well as support, education, and comfortable amenities for their families. Services are provided in the hospital or on an outpatient basis, depending on the needs of the child and family. Services include dental services, developmental and behavioral assessment and treatment for Autism and other issues, and weight management.

County: Buncombe  
Address: 509 Biltmore Avenue  
Mission Children's Hospital  
Asheville, NC 28801

Website: [www.missionchildrens.org](http://www.missionchildrens.org)  
Contact: Contact,  
Hours: 24 hours per day, 7 days per week, 365 days per year  
Program Fees:  
Application: Phone call  
Eligibility: Ages 0-18  
Languages: Spanish; Interpreter services available for other languages

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### Mission Spine Center (Mission Hospital)

Description: Works with patients with back and neck pain. Offers treatment by neurosurgeons, orthopedic specialists, physiatrists, pain interventionalists and physical therapists.

County: Buncombe  
Address: Seven Vanderbilt Park Drive  
Mission Spine and Back Pain Center  
Asheville, NC 28803

Website: <http://neuro.mission-health.org/programs/mission-spine-center>

Contact: Ronald A. Paulus, M.D.,  
[memrxp@msj.org](mailto:memrxp@msj.org)  
Hours: 24 hours per day, 7 days per week, 365 days per year

Program Fees:

Application:

Eligibility:

Languages:

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### Mission Spine Center (Mission Hospital)

Description: Works with patients with back and neck pain. Offers treatment by neurosurgeons, orthopedic specialists, physiatrists, pain interventionalists and physical therapists.

County: Haywood  
Address: 490 Hospital Drive  
Mission Spine and Back Pain Center at Clyde Outpatient  
Care Center  
Clyde, NC 28721

## Transylvania County 2-1-1 Resources (3.5.15)

Website: <http://neuro.mission-health.org/programs/mission-spine-center>

Contact: Ronald A. Paulus, M.D.,  
memrxp@msj.org

Hours: 24 hours per day, 7 days per week, 365 days per year

Program Fees:

Application:

Eligibility:

Languages:

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### Mission Spine Center (Mission Hospital)

Description: Works with patients with back and neck pain. Offers treatment by neurosurgeons, orthopedic specialists, physiatrists, pain interventionalists and physical therapists.

County: Macon

Address: 120 Riverview Street  
Mission Spine Center at Angel Medical Center  
Franklin, NC 28734

Website: <http://neuro.mission-health.org/programs/mission-spine-center>

Contact: Ronald A. Paulus, M.D.,  
memrxp@msj.org

Hours: 24 hours per day, 7 days per week, 365 days per year

Program Fees:

Application:

Eligibility:

Languages:

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### MotherToBabyNC Pregnancy Exposure Riskline - Fullerton Genetics (Mission Hospital)

Description: Fullerton Genetics Center at Mission Hospital hosts a toll-free phone number where individuals can ask questions about pregnancy exposures such as alcohol, drugs, and medications and their effects on the baby; callers can be referred to pregnancy registries (to learn more about certain medications and vaccines), drug treatment facilities, and the NC Family Health Resource Line; information can be provided on medications during lactation. The program also provides free outreach education, as well as information on the diagnosis and treatment of fetal alcohol spectrum disorders (FASD) and other alcohol-related disorders.

County: Buncombe

Address: 11 Vanderbilt Park Drive  
Asheville, NC 28803

Website: [www.MotherToBabyNC.org](http://www.MotherToBabyNC.org)

Contact: Kelly Tison,  
kelly.tison@msj.org

Hours: Monday - Friday, 9:00 a.m. - 4:00 p.m.

Program Fees: None

Application: Phone call

Eligibility: No restrictions; Riskline serves all of North Carolina

Languages: Spanish

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### NC Preconception Health Campaign (Mission Hospital)

Description: Provides best practice training sessions and workshops to address the following: Healthy weight; Tobacco cessation (healthcare provider training on 5A's); Folic acid and birth

## Transylvania County 2-1-1 Resources (3.5.15)

defects; Reproductive life planning, Early prenatal care and establishing a medical home for non-pregnant women; The Affordable Care Act - Services that Support Women in Childbearing Age; 39 Weeks - Healthy Babies are Worth the Wait.

Free multivitamins are distributed to low-income, non-pregnant women of child-bearing age through health departments, community centers and safety net agencies who reach at-risk populations.

Also provides a High School curriculum called Healthy Before Pregnancy. This curriculum is designed for school groups or any teen group that meets regularly. (Girl Scouts, church youth groups, after-school programs, teen parent mentor groups, etc.). This curriculum meets the criteria for the North Carolina Standard Course of Study (SCOS).

Conducts Community Ambassadors Training for anyone in the community who enjoys public speaking and wishes to help spread the message about the importance of taking folic acid for all women. Attend a one-to two-hour training session where volunteers are given all the necessary materials to be able to give brief presentations (15-20 minutes) to other groups in the community (peers, church groups, high school/college classes, fitness centers, sports teams, etc.) Taking Folic Acid prior to conception can prevent up to 70 percent of neural tube birth defects. Though it is a simple thing women can do, they must hear the message. Community Ambassadors receive a \$30 stipend per presentation.

County: Buncombe  
 Address: 11 Vanderbilt Park Drive  
 Asheville, NC 28803  
 Website: [www.everywomannc.com](http://www.everywomannc.com)  
 Contact: Steffie Duginske, Western Regional Coordinator

828-213-0031  
 steffie.duginske@msj.org

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Weekends or weeknights as needed

Program Fees: None

Application: Phone call or by referral

Eligibility: All women in childbearing ages, but men are included and welcome to receive education as well; Serves Alleghany, Alexander, Catawba, Ashe, Watauga, Caldwell, Burke, Rutherford, Polk, McDowell, Avery, Mitchell, Yancey, Buncombe, Henderson, Madison, Haywood

Languages:

### Nutrition Therapy Services (Mission Hospital)

Description: Provides nutrition counseling for weight management (including weight gain and weight loss for adults), hypertension, high cholesterol, high triglycerides, gastrointestinal disorders, malnutrition, and hypoglycemia.

County: Buncombe

Address: One Hospital Drive  
 Suite 3200, Health Education Center  
 Asheville, NC 28801

Website: [www.mission-health.org](http://www.mission-health.org)

Contact: Anne Senechal, Supervisor for Nutrition  
 anne.senechal@m sj.org

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Evening group sessions offered

for weight management

## Transylvania County 2-1-1 Resources (3.5.15)

Program Fees: Call for information; Insurance may not cover the cost of weight loss programs

Application: Phone call; MD referral required for all appointments

Eligibility: Adults who need a weight-loss program or nutrition consultations; Social Security Card required;

Languages:

---

### Prenatal Education Series (Mission Hospital)

Description: Provides classes and educational series for parents-to-be and new parents on pregnancy, breast feeding, birth preparation, parenting preparation, and all aspects of baby care and safety. Classes offered in several formats including weekend classes. Also has Online Childbirth Classes available.

County Buncombe

Address: 11 Vanderbilt Park Drive  
Asheville, NC 28803

Website: <http://womens.mission-health.org/>

Contact: Chalayne Love, Prenatal Education Coordinator  
828-213-8086  
[chalayne.love@msj.org](mailto:chalayne.love@msj.org)

Hours: Office Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.; Classes available evenings and weekends

Program Fees: Varies from \$20 to \$55

Application: Register Online at <https://store.mission-health.org/womens/>

Eligibility: See description

Languages:

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### Prenatal Education Series (Mission Hospital)

Description: Provides classes and educational series for parents-to-be and new parents on pregnancy, breast feeding, birth preparation, parenting preparation, and all aspects of baby care and safety. Classes offered in several formats including weekend classes. Also has Online Childbirth Classes available.

County Buncombe

Address: 509 Biltmore Avenue  
Asheville, NC 28801

Website: <http://womens.mission-health.org/>

Contact: Chalayne Love, Prenatal Education Coordinator  
828-213-8086  
[chalayne.love@msj.org](mailto:chalayne.love@msj.org)

Hours: Office Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.; Classes available evenings and weekends

Program Fees: Varies from \$20 to \$55

Application: Register Online at <https://store.mission-health.org/womens/>

Eligibility: See description

Languages:

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### Prenatal Education Series, Mission Hospital (Mission Hospital)

Description: Provides classes and educational series for parents-to-be and new parents on pregnancy, breast feeding, birth preparation, parenting preparation, and all aspects of baby care and safety. Classes offered in several formats including weekend classes. Also has Online Childbirth Classes available.

## Transylvania County 2-1-1 Resources (3.5.15)

County: Buncombe

Address: Two Medical Park Drive  
Mission Breast Feeding Center  
Asheville, NC 28801

Website: <http://womens.mission-health.org/>

Contact: Chalayne Love, Prenatal Education Coordinator  
828-213-8086  
[chalayne.love@msj.org](mailto:chalayne.love@msj.org)

Hours: Office Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.; Classes available evenings and weekends

Program Fees: Varies from \$20 to \$55

Application: Register Online at <https://store.mission-health.org/womens/>

Eligibility: See description

Languages:

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### Rehabilitation, Physical Therapy and Sports Medicine (Mission Hospital)

Description: Offers rehabilitation through Physical Therapy and Speech Therapy to recover from illness, injury, or surgery. Provides physical therapy, speech therapy, sports medicine, a fitness center, and wellness programs. Unique programs include therapy for pelvic floor dysfunction, manual lymph drainage, a runners clinic and a bicycle performance program.

County: Buncombe

Address: 151 Weaver Boulevard North Satellite Clinic  
Weaverville, NC 28787

Website: [www.mission-health.org](http://www.mission-health.org)

Contact: Mike Heilig, Manager

[mike.heilig@msj.org](mailto:mike.heilig@msj.org)

Hours: Main Clinic: Monday - Friday 7:30 a.m. - 6:00 p.m.; North Satellite Clinic - Weaverville: Hours Vary; South Satellite Clinic Asheville Racquet Club: Hours Vary; My Care Plus-Candler, Monday - Friday, 8:00 a.m. - 4:30 p.m.

Program Fees: Accepts most insurance including Medicare and Medicaid and self-pay

Application: Please call One-Call Scheduling 828-213- 2222 to make an appointment

Eligibility: Check with insurance carrier to verify benefits and clarify their requirements.

Languages:

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### Rehabilitation, Physical Therapy and Sports Medicine (Mission Hospital)

Description: Offers rehabilitation through Physical Therapy and Speech Therapy to recover from illness, injury, or surgery. Provides physical therapy, speech therapy, sports medicine, a fitness center, and wellness programs. Unique programs include therapy for pelvic floor dysfunction, manual lymph drainage, a runners clinic and a bicycle performance program.

County: Buncombe

Address: 534 Biltmore Avenue  
Main Clinic with Fitness Center  
Asheville, NC 28801

Website: [www.mission-health.org](http://www.mission-health.org)

Contact: Mike Heilig, Manager  
[mike.heilig@msj.org](mailto:mike.heilig@msj.org)

Hours: Main Clinic: Monday - Friday 7:30 a.m. - 6:00 p.m.; North Satellite Clinic - Weaverville: Hours Vary; South Satellite



## Transylvania County 2-1-1 Resources (3.5.15)

Clinic Asheville Racquet Club: Hours Vary; My Care Plus-Candler, Monday - Friday, 8:00 a.m. - 4:30 p.m

Program Fees: Accepts most insurance including Medicare and Medicaid and self-pay

Application: Please call One-Call Scheduling 828-213- 2222 to make an appointment

Eligibility: Check with insurance carrier to verify benefits and clarify their requirements.

Languages:

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### Sleep Center (Mission Hospital)

Description: Provides diagnosis and treatment for sleep-related disorders such as sleep apnea.

County Buncombe

Address: Five Vanderbilt Park Drive  
Suite 302  
Asheville, NC 28803

Website: [www.mission-health.org](http://www.mission-health.org)

Contact: Calvin Gardner, Director  
[calvin.gardner@msj.org](mailto:calvin.gardner@msj.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Vary; accepts insurance

Application: Phone call; Referral

Eligibility: No restrictions

Languages: Interpreter service available

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### Switchboard/Operator (Mission Hospital)

Description: Switchboard for Mission Hospital. For direct calls to patient rooms on the Memorial Campus, please dial as follows: Rooms with A, B or C: (828) 213-6 + room number; Rooms with E: (828) 213-7 + room number; Rooms with G: (828) 213-8 + room number. For direct calls to patient rooms on the St. Joseph Campus, please dial as follows: All rooms except for the 10th floor: (828) 213-3 + room number; Rooms on the 10th floor: (828) 213-3 + last 3 digits of room number.

County Buncombe

Address: 509 Biltmore Avenue  
Asheville, NC 28801

Website: [www.mission-health.org/phone-directory](http://www.mission-health.org/phone-directory)

Contact: Dr. Ronald Paulus, President and CEO

Hours: 24 hours per day, 7 days per week, 365 days per year

Program Fees: Vary; Accepts Medicaid, Medicare, private insurance, major credit cards

Application: Phone call

Eligibility: No Restrictions

Languages: Translator services available

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### Wound Healing and Hyperbaric Center (Mission Hospital)

Description: Provides comprehensive wound care to Western North Carolina and surrounding areas. Cares for people with vascular, diabetic, pressure, surgical, traumatic, orthopedic, burn, and arterial wounds. Provides services such as Hyperbaric Oxygen Therapy, High Risk Diabetic Foot Care, Manual Lymph Drainage, and wound ostomy/continence care.

County Buncombe

## Transylvania County 2-1-1 Resources (3.5.15)

Address: One Hospital Drive  
Suite 4100  
Asheville, NC 28801

Website: [www.mission-health.org](http://www.mission-health.org)

Contact: Shawn Beane, Program Manager  
828-213-4602  
[shawn.beane@msj.org](mailto:shawn.beane@msj.org)

Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Program Fees: Accepts Medicare, Medicaid, private insurance, self-pay

Application: Phone call; Self/physician referral

Eligibility: All ages with wounds, ostomies; Picture ID required

Languages: Interpreter service available

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### Mission Rathbun House

Description: Provides lodging free of charge, to families, caregivers, and outpatients seeking medical treatment in the Asheville area. Must live outside of Buncombe County.

County: Buncombe

Address: 121 Sherwood Road  
Asheville, NC 28803

Website: [www.rathbuncenter.org](http://www.rathbuncenter.org)

Contact: Caryl Dean, Housing Manager  
[caryl.dean@msj.org](mailto:caryl.dean@msj.org)

Hours: Daily, 7:00 a.m. - 10:00 p.m.; Emergencies taken 24 hours a day

Program Fees: None; Donations accepted

Application: Guests are accommodated on a first come, first serve basis upon referral by a doctor or a hospital in Buncombe County; No reservations accepted

Eligibility: Referrals accepted from: hospitals, chaplain/patient services, physician, clergy, or clinics; Must live outside of Buncombe County

Languages:

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### Dental Health Center (Mountain Area Health Education Center)

Description: To provide preventative, restorative and major dental care with the exception of oral surgery and orthodontics. Open to new patients.

County: Buncombe

Address: 123 Hendersonville Road  
Asheville, NC 28803

Website: [www.mahec.net](http://www.mahec.net)

Contact: Michelle Morgan,  
[michelle.morgan@mahec.net](mailto:michelle.morgan@mahec.net)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Closed from 12:00 p.m. - 1:00 p.m.

Program Fees: Accepts Medicaid; Self-pay patients pay in full at time of service

Application: Phone call

Eligibility: No restrictions; Social Security Card required

Languages:

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### MAHEC Family Health Center at Biltmore (Mountain Area Health Education Center)

## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** A practice site of family medicine faculty and residents in MAHEC Family Practice Residency Program. Practice offers comprehensive health care to families in region and specializes in wellness, geriatrics, pediatrics, family counseling, and obstetrical care. Free pregnancy tests are available without an appointment Monday - Friday, 9:00 a.m. - 4:00 p.m. Free Multivitamins with each test. Case management services provided here for the Department of Health, to pregnant and postpartum women eligible for Medicaid insurance or low income in order to increase their access to health care and social service systems. Priority risk criteria that affect pregnant women and their families are also addressed.

**County:** Buncombe

**Address:** 123 Hendersonville Road  
Asheville, NC 28803

**Website:** [www.mahec.net](http://www.mahec.net)

**Contact:** Stephen D. Hulkower, Director of Family Medicine

**Hours:** Monday - Friday, 8:00 a.m. - 5:00 p.m.; Saturday, 8:30 a.m. - 12:00 p.m.;

**Program Fees:** Accepts Medicaid, private insurance

**Application:** Phone call; No appointment needed for Pregnancy Tests

**Eligibility:** No Restrictions

**Languages:** Spanish (limited)

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### **MAHEC Family Health Center at Cane Creek (Mountain Area Health Education Center)**

**Description:** A practice site of faculty and residents in MAHEC Family Practice Residency Program. Practice offers comprehensive

care to families in the region and specializes in wellness, geriatrics, pediatrics, family counseling, and obstetrical care.

**County:** Henderson

**Address:** 1542 Cane Creek Road  
Fletcher, NC 28732

**Website:** [www.mahec.net](http://www.mahec.net)

**Contact:** Stephen D. Hulower, Director of Family Medicine

**Hours:** Monday - Friday, 8:00 a.m. - 5:00 p.m.; Closed from 12:00 p.m. - 1:00 p.m. for lunch

**Program Fees:** Accepts children and OB Medicaid; Private insurance

**Application:** Phone call

**Eligibility:** No restrictions

**Languages:** Spanish (limited)

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### **MAHEC Family Health Center at Enka/Candler (Mountain Area Health Education Center)**

**Description:** A one-physician practice that provides complete care for the entire family including acute care, chronic disease management, prenatal and maternity care, childrens' sick and well visits, immunizations and vaccinations, adolescent medicine, on site lab work, and DOT physicals.

**County:** Buncombe

**Address:** 1914 Smokey Park Highway  
Candler, NC 28715

**Website:** [www.mahec.net](http://www.mahec.net)

**Contact:** Dr. Eric Smith,

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: Monday, Wednesday - Friday, 8:00 a.m. - 5:00 p.m.; Closed for lunch 12:30 p.m. - 1:30 p.m.; Tuesday, 7:00 a.m. - 5:00 p.m.; Closed for lunch 12:30 p.m. - 1:30 p.m.

Program Fees: Accepts Medicaid, private insurance, self pay; If ineligible for Medicaid or other subsidies, may be eligible for sliding scale based on income.

Call for more information

Application: Phone call

Eligibility: No Restrictions

Languages: Spanish (limited)

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### MAHEC Family Health Center at Lake Lure (Mountain Area Health Education Center)

Description: A practice staffed by two physicians. Practice offers comprehensive care to families in the region and specializes in newborn, pediatric and adult care, well child check-ups, wellness and prevention exams, same day sick appointments, chronic disease management, and family planning.

County: Rutherford

Address: 146 Nesbitt Ridge  
Lake Lure, NC 28746

Website: [www.mahec.net](http://www.mahec.net)

Contact: Dr. Grey Tilden,

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Closed from 12:30 p.m. - 1:30 p.m. for lunch

Program Fees: Accepts private insurance, self-pay, Medicare, and limited Medicaid

Application: Phone call

Eligibility: No restrictions

Languages: Spanish (limited)

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### MAHEC OB/GYN Specialists (Mountain Area Health Education Center)

Description: Services include routine obstetrics, general gynecology, comprehensive high-risk obstetrics, breast health, and behavioral medicine services provided by a multi-disciplinary staff including Ob/Gyn physicians and residents, maternal-fetal medicine specialists, nurse midwives, nutritionists, and social workers. Wednesday afternoon clinic specifically for teens that allows them to come in after school. Teens routinely see the same providers for prenatal and postpartum care, including follow-up for birth control care. Also on site are BabyLove Maternity Care Coordinators, Nutritionists, Social Workers, and WIC staff. Case management services provided here for the Department of Health to pregnant and postpartum women eligible for Medicaid insurance or low income in order to increase their access to health care and social service systems. Priority risk criteria that affect pregnant women and their families are also addressed.

County: Buncombe

Address: 119 Hendersonville Road  
Asheville, NC 28803

Website: [www.mahec.net](http://www.mahec.net)

Contact: Kim Palmer, Practice Manager  
828-771-5414

Hours: Monday - Friday, 8:30 a.m. - 4:00 p.m.

Program Fees: Sliding scale; Accepts Medicaid, private insurance

Application: Phone call;

## Transylvania County 2-1-1 Resources (3.5.15)

Eligibility: Female; Teen clinic serves 13-19 year olds

Languages: Spanish

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### Mountain Area Pregnancy Services

Description: Reaches out to those at risk for, or impacted by, an unplanned pregnancy. Client advocates offer caring support, peer counseling, and education to answer questions regarding pregnancy alternatives, referrals to community resources, and information on the risks of sexually transmitted infections. Provides free pregnancy tests and limited ultrasounds for the confirmation of pregnancy; Pregnant clients are provided "proof of pregnancy" required for enrollment for Medicaid benefits. Services are available for both the mother and father.

County: Madison

Address: 105 Chestnut Street  
Mars Hill, NC 28754

Website: [www.mtnpregnancy.com](http://www.mtnpregnancy.com)

Contact: Jill Derrick, Director of Client Services; Contact for Volunteer Opportunities  
828-252-1306  
[ed@preginfo.org](mailto:ed@preginfo.org)

Hours: Tuesday - Thursday, 9:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Meet with counselor for up to 1 hour to become an enrolled client. Call for appointment; Walk-ins accommodated as schedule allows.

Eligibility: Pregnant women; Expecting fathers; Serves Western North Carolina

Languages:

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### National Abortion Federation Hotline

Description: The NAF Hotline is available to answer any questions about abortion, unintended pregnancy, or related issues. The Hotline is free, anonymous, and offers services to everyone, regardless of their individual situation. Services include information about pregnancy and abortion; confidential, non-judgmental support; referrals to abortion providers in the caller's area (1-877-257-0012); referrals to funding sources; help in understanding state abortion restrictions; case management and limited financial assistance for women in difficult situations.

County: District Of Columbia

Address: 1660 L Street North West  
Suite 450  
Washington, DC 20036

Website: [www.prochoice.org](http://www.prochoice.org)

Contact: Vicki Saporta, President and CEO  
[naf@prochoice.org](mailto:naf@prochoice.org)

Hours: Hotline Hours: Monday - Friday, 7:00 a.m. - 11:00 p.m.;  
Saturday - Sunday, 9:00 a.m. - 9:00 p.m.

Program Fees: None

Application: Phone call

Eligibility: No restrictions

Languages: Spanish, French

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### Information and Referral (National Multiple Sclerosis Society - Greater Carolinas Chapter)

## Transylvania County 2-1-1 Resources (3.5.15)

Description: Offers information on Multiple Sclerosis and can provide information on local support groups.

County Guilford

Address: 2211 West Meadowview Road  
Suite 30  
Greensboro, NC 27407

Website: [www.nationalmssociety.org/chapters/nct/index.aspx](http://www.nationalmssociety.org/chapters/nct/index.aspx)

Contact: [nct@nmss.org](mailto:nct@nmss.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call; Email

Eligibility: No Restrictions

Languages:

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### Information and Referral (National Multiple Sclerosis Society - Greater Carolinas Chapter)

Description: Offers information on Multiple Sclerosis and can provide information on local support groups.

County Mecklenburg

Address: 9771 Southern Pine Boulevard  
Unit A  
Charlotte, NC 28273

Website: [www.nationalmssociety.org/chapters/nct/index.aspx](http://www.nationalmssociety.org/chapters/nct/index.aspx)

Contact: [nct@nmss.org](mailto:nct@nmss.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call; Email

Eligibility: No Restrictions

Languages:

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### Information and Referral (National Multiple Sclerosis Society - Greater Carolinas Chapter)

Description: Offers information on Multiple Sclerosis and can provide information on local support groups.

County Wake

Address: 3101 Industrial Drive  
Suite 210  
Raleigh, NC 27609

Website: [www.nationalmssociety.org/chapters/nct/index.aspx](http://www.nationalmssociety.org/chapters/nct/index.aspx)

Contact: [nct@nmss.org](mailto:nct@nmss.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call; Email

Eligibility: No Restrictions

Languages:

---

### Support Groups - WNC (National Multiple Sclerosis Society - Greater Carolinas Chapter)

Description: For individuals who have MS, their families, and support persons. Buncombe County Meetings: Evening meeting: 1st Tuesday of the month, 6:00 p.m. - 8:00 p.m. at Grove Arcade conference room (call for further directions). "A Place for Us" Self-Help Group - Asheville: Please call for details about time, date and location. Group leaders are Leslie and Marci and they are trained volunteers.

## Transylvania County 2-1-1 Resources (3.5.15)

Henderson County Meeting: Social Group 3rd Thursday of each month, 9:30 a.m. at Denny's restaurant, 1550 Four Seasons Boulevard Hendersonville.

County: Buncombe  
Address: Confidential  
Asheville, NC 28806  
Website: [www.nationalmssociety.org/chapters/nct/index.aspx](http://www.nationalmssociety.org/chapters/nct/index.aspx)  
Contact: Kathy Goff  
Kathy.Goff@nmss.org  
Hours: See description  
Program Fees: None  
Application: Phone call to group leader before attending  
Eligibility: For individuals who have MS, their families, and support persons  
Languages:

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### Client Self-Help Groups (National Multiple Sclerosis Society - Greater Carolinas Chapter, Greensboro)

Description: Chapter maintains a client self-help group listing for the 15 county service area. Call for meeting dates, times and locations.  
County: Guilford  
Address: 2211 West Meadowview Road  
Suite 30  
Greensboro, NC  
Website: [www.nationalmssociety.org/ncc](http://www.nationalmssociety.org/ncc)  
Contact: Barbara Goettsch ("hoots"), Chapter Services Manager  
800-344-4267  
barbara.goettsch@nmss.org

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.  
Program Fees: None.  
Application: Call for self-help group listings.  
Eligibility: People with MS and adult family members.  
Languages: English.

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### Educational Programs (National Multiple Sclerosis Society - Greater Carolinas Chapter, Greensboro)

Description: Educational programs available regarding MS for clients, family members and the general public. Educational programs about MS are also available for physicians, nurses, and allied health professionals.  
County: Guilford  
Address: 2211 West Meadowview Road  
Suite 30  
Greensboro, NC  
Website: [www.nationalmssociety.org/ncc](http://www.nationalmssociety.org/ncc)  
Contact: Mark Scheerer, Chapter Programs Manager  
336-299-4136  
mark.scheerer@nmss.org  
Hours: Monday-Friday, 9:00am-5:00pm.  
Program Fees: Fees vary; many programs are free.  
Application: Pre-registration is requested for all educational programs. Call to register or for more information.  
Eligibility: No restrictions.  
Languages: English.

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## Transylvania County 2-1-1 Resources (3.5.15)

### Health Programs (National Multiple Sclerosis Society - Greater Carolinas Chapter, Greensboro)

**Description:** Variety of programs offered to maintain physical and emotional health for those with MS and their families/caregivers. Physical health programs may include MS specific aquatics, Tai chi, and yoga. Emotional health programs include short-term counseling groups, peer support, and self-help groups. Family and social support programs include caregiver programs and family day and/or retreat weekends.

**County:** Guilford

**Address:** 2211 West Meadowview Road  
Suite 30  
Greensboro, NC

**Website:** [www.nationalmssociety.org/ncc](http://www.nationalmssociety.org/ncc)

**Contact:** Mark Scheerer, Chapter Services Manager  
336-299-4136  
[mark.scheerer@nmss.org](mailto:mark.scheerer@nmss.org)

**Hours:** Monday-Friday, 9:00am-5:00pm.

**Program Fees:** Vary; many programs are free.

**Application:** Pre-registration is requested for all health programs. Register online if possible at [www.nationalmssociety.org/nct](http://www.nationalmssociety.org/nct) or call 800-344- 4867 to register or for more information.

**Eligibility:** People with MS and their families/caregivers.

**Languages:** English.

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### Medical Equipment Loan and Assisted Purchase (National Multiple Sclerosis Society - Greater Carolinas Chapter, Greensboro)

**Description:** Medical equipment loan and assisted purchase for individuals and families living with MS. Primarily for scooters, wheelchairs and walkers. Dependent on availability of equipment.

**County:** Guilford

**Address:** 2211 West Meadowview Road  
Suite 30  
Greensboro, NC

**Website:** [www.nationalmssociety.org/ncc](http://www.nationalmssociety.org/ncc)

**Contact:** Constance McClary, Chapter Services Manager  
200-344-4867  
[constance.mcclary@nmss.org](mailto:constance.mcclary@nmss.org)

**Hours:** Monday-Friday, 9:00am-5:00pm.

**Program Fees:** None.

**Application:** Financial assessment form must be completed to see if client qualifies for assistance for a long- term loan.

**Eligibility:** Must be chapter client and live in service area.

**Languages:** English.

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### Food/Nutrition Education (NC Cooperative Extension - Transylvania County)

**Description:** Youth groups will participate in a series of nutrition lessons based on the My Plate. Through an experiential learning process youth will gain an interest in eating healthy foods and adopting fitness as a part of their lifestyle. Healthy snacks and fun handouts will be provided.

**County:** Transylvania

**Address:** 98 East Morgan Street  
Brevard, NC 28712



## Transylvania County 2-1-1 Resources (3.5.15)

Website: <http://transylvania.ces.ncsu.edu/>  
Contact: Sara Freeman, EFNEP Agent; Program Assistant  
828-884-3109  
[sara\\_freeman@ncsu.edu](mailto:sara_freeman@ncsu.edu)  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Phone call; In person; Need race, gender, and birth date of each applicant  
Eligibility: Transylvania County resident ages 5-19  
Languages:

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### Seniors' Health Insurance Information Program (NC Cooperative Extension - Transylvania County)

Description: Volunteer counselors available to assist with questions about Medicare and Medicare Prescription Drug Plans (part D).  
County: Transylvania  
Address: 98 East Morgan Street  
Brevard, NC 28712  
Website: [transylvania.ces.ncsu.edu](http://transylvania.ces.ncsu.edu)  
Contact: Eric Caldwell, County Extension Director  
828-884-3109  
[eric\\_caldwell@ncsu.edu](mailto:eric_caldwell@ncsu.edu)  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Phone call to make an appointment  
Eligibility: Transylvania County residents who are Medicare eligible  
Languages:

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### NC Department of Insurance Western Regional Office

Description: Provides liaison between all types of insurance companies and customers, regulates rates, and handles consumer complaints and fraud reporting. Smart NC: A program to help anyone with questions about finding, keeping, or using health insurance. Helps to file complaints or appeals with health insurance company; identify enrollment opportunities for health insurance coverage; Understand rights and responsibilities regarding health insurance coverage; Request an external review if health insurance claim was denied; Learn about health insurance-related issues. [www.ncdoi.com/smart/](http://www.ncdoi.com/smart/)

County: Buncombe  
Address: 537 College Street  
Asheville, NC 28801  
Website: [www.ncdoi.com](http://www.ncdoi.com)  
Contact: Kirby Rhash, Western Regional Office Communications Specialist  
828-251-6483  
[kirby.rhash@ncdoi.gov](mailto:kirby.rhash@ncdoi.gov)  
Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Phone call; Email  
Eligibility: NC resident; Western Regional Office serves all counties west of I-77.  
Languages:

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### Occupational Health and Safety Division (NC Department of Labor)

## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** Serves as the emergency contact and complaint avenue for workplace accidents or illnesses, mining industry accidents or injuries, workplace fatalities, and workplace hazards or complaints. Serves as the local OSHA office for the State of NC. Also provides information and referrals for labor inquiries.

**County:** Wake

**Address:** 4 West Edenton Street  
Raleigh, NC 27601

**Website:** [www.nclabor.com](http://www.nclabor.com)

**Contact:** Allen McNeely, Deputy Commissioner/Director  
919-807-2796  
[jjohnson@mail.dol.state.nc.us](mailto:jjohnson@mail.dol.state.nc.us)

**Hours:** Monday - Friday, 8:00 a.m. - 5:00 p.m.

**Program Fees:** Free.

**Application:** Call office.

**Eligibility:** Open to public.

**Languages:** Spanish on toll free business line.

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### **Deaf/Blind Services Program (NC Division of Services for the Blind - Asheville District Office)**

**Description:** Deaf-Blind Specialists provide services to meet the unique needs of persons who have hearing impairments in addition to blindness. These services help individuals to live independently in their homes and communities. Community Outreach Services might include: assessment of needs; referral, advocacy and support services; and consultation, education and training for the consumer, family members and other service providers. Some individuals who are deaf and blind participate in the Rehabilitation Center Program, a

residential service that provides one-on-one training. Training includes daily living skills, adaptive technology, communication, safe travel, homemaking, industrial arts, recreation, personal and social adjustment and use of community resources. The Rehabilitation Center is located on the campus of the Governor Morehead School in Raleigh.

**County:** Buncombe

**Address:** 50 South French Broad Avenue  
Suite 153  
Asheville, NC 28801

**Website:** [www.dhhs.state.nc.us/dsb](http://www.dhhs.state.nc.us/dsb)

**Contact:** Rowan Lischerelli, Deaf-Blind Consultant  
828-251-6732  
[rowan.lischerelli@d.hhs.nc.gov](mailto:rowan.lischerelli@d.hhs.nc.gov)

**Hours:** Monday - Friday, 8:00 a.m. - 5:00 p.m.

**Program Fees:** None

**Application:** Contact social worker; DSB or VR Rehab Counselor

**Eligibility:** Vision and hearing limitations which interfere with routine life functions; Vision and hearing evaluation; The Asheville District Office serves Avery, Buncombe, Burke, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell

**Languages:** Interpreter and translation services available

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### **Independent Living Program (NC Division of Services for the Blind - Asheville District Office)**

**Description:** Independent Living Rehabilitation Services can assist blind and visually impaired individuals in achieving their goal of independence through the provision of a wide array of

## Transylvania County 2-1-1 Resources (3.5.15)

services including: individual in-home daily living skills training and group learning classes in community based "mini-center" programs.

County: Buncombe

Address: 50 South French Broad Avenue  
Suite 153  
Asheville, NC 28801

Website: [www.dhhs.state.nc.us/dsb](http://www.dhhs.state.nc.us/dsb)

Contact: Debra Lewis,  
828-251-6732  
[debra.lewis@dhhs.nc.gov](mailto:debra.lewis@dhhs.nc.gov)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Contact Asheville office for referral to appropriate Independent Living Counselor

Eligibility: Blind or visually impaired, based on eye report documentation; The Asheville District Office serves Avery, Buncombe, Burke, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, and

Languages: Interpreter and translation services available

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### Medical Eye Care Program (NC Division of Services for the Blind - Asheville District Office)

Description: Eligible participants may receive help with glaucoma medications, eye drops for acute infections, cataract surgery when visual acuity is severely affected, laser surgery for diabetes and retinal tears, and emergency eye related surgeries.

County: Buncombe

Address: 50 South French Broad Avenue  
Suite 153  
Asheville, NC 28801

Website: [www.dhhs.state.nc.us/dsb](http://www.dhhs.state.nc.us/dsb)

Contact: Preston Jones,  
[preston.jones@ncmail.net](mailto:preston.jones@ncmail.net)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Contact Services for the Blind for referral to appropriate Social Worker for the Blind; The Asheville District Office serves Avery, Buncombe, Burke, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford,

Eligibility: Based on income and visual acuity; uninsured or under-insured

Languages: Interpreter and translation services available

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### Telecommunication Equipment (NC Division of Services for the Deaf and Hard of Hearing - WNC)

Description: For individuals who have hearing loss or speech impairment to receive telecommunications equipment, weather alert radios, or hearing aids. Must meet income eligibility guidelines and be a resident of North Carolina.

County: Buncombe

Address: 12 Barbetta Drive  
Asheville, NC 28806

Website: [www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh)

Contact: Marilyn Edwards, Telecommunications Consultant  
828-665-8733

## Transylvania County 2-1-1 Resources (3.5.15)

marilyn.edwards@ dhhs.nc.gov

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call; In person; Referral; Mail

Eligibility: North Carolina residents; Documentation of hearing or speech disability; Must meet income guidelines; Picture ID required

Languages:

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### Independent Living (NC Division of Vocational Rehabilitation - Western Regional Office)

Description: Assists with a variety of services to persons with severe disabilities to increase independence and access in one's home and community. Depending upon an individual's eligibility and financial need, services may include home modifications such as ramps and bathroom accessibility, vehicle modifications, purchase of durable medical equipment and other aids or devices necessary to decrease/prevent institutionalization, guidance and counseling, rehabilitation engineering, personal assistance services, and housing information.

County: Buncombe

Address: Eight Barbetta Drive  
Asheville, NC 28806

Website: [www.ncdhhs.gov/dvrs/pwd/ils.htm](http://www.ncdhhs.gov/dvrs/pwd/ils.htm)

Contact: Kathryn McIntyre, Unit Manager  
828-670-3377  
[kathryn.mcintyre@ dhhs.nc.gov](mailto:kathryn.mcintyre@dhhs.nc.gov)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call

Eligibility: Has a significant disability; the disability severely limits ability to live independently; and receipt of services will significantly improve ability to live independently. The financial resources of eligible individuals will be considered for the delive

Languages: Sign Language

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### North Carolina Marketplace In- Person Assistance

Description: Make an appointment for face-to-face help in enrolling in the new insurance marketplace. Call this number to make an appointment with a certified health insurance navigator, who can help you learn about health insurance plans and financial assistance to pay for health insurance, and fill out an application for insurance with you. More information is available at [www.healthcare.gov](http://www.healthcare.gov). You can also call the federal toll-free call center at 1-800-318- 2596 to complete an application by phone or get answers to your questions about the marketplace, or to get the phone number of the in-person assister nearest you. The open enrollment period runs November 15, 2014 - February 15, 2015. In order to have health insurance coverage as of January 1, 2015 you must enroll by December 15, 2014. Special Enrollment Period is a time outside of the open enrollment period during which you and your family have a right to sign up for health coverage. In the Marketplace, you qualify for a special enrollment period 60 days following certain life events that involve a change in family status or loss of other health coverage. Job-based plans must provide a special enrollment period of 30 days. Here are some examples of qualifying life events: Marriage or divorce; Having a baby; adopting a child, or placing a child for adoption or foster

## Transylvania County 2-1-1 Resources (3.5.15)

	care; Moving your residence; gaining citizenship; leaving incarceration; losing other health coverage
County	Buncombe
Address:	Call to make an appointment in your area Asheville, NC 28801
Website:	<a href="http://www.healthcare.gov">www.healthcare.gov</a>
Contact:	Jaclyn Kiger, Pisgah Legal Services 828-253-0406 <a href="mailto:jaclyn@pisgahlegal.org">jaclyn@pisgahlegal.org</a>
Hours:	Appointment times will vary; Call Center Available Monday - Friday, 9:00 a.m. - 5:00 p.m.
Program Fees:	The appointment and working with the in person assister will be free; plan costs will vary
Application:	Call to make an in- person appointment
Eligibility:	Serving all of North Carolina; Visit this link to see if you can enroll outside of Open Enrollment: <a href="http://www.healthcare.gov/how-can-i-get-coverage-outside-of-open-enrollment/">www.healthcare.gov/how-can-i-get-coverage-outside-of-open-enrollment/</a>
Languages:	Language Line services available for appointments when needed for languages other than English

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### NC Problem Gambling Treatment Program

Description:	Treatment for Problem Gambling. Toll Free Helpline for Crisis Counseling 24 Hours.
County	Wake
Address:	325 North Salisbury Street Raleigh, NC 27699
Website:	<a href="http://www.dhhs.state.nc.us/mhddsas/problemgambling/">http://www.dhhs.state.nc.us/mhddsas/problemgambling/</a>
Contact:	Smith Worth, Agency Administrator 919-733-0696

	<a href="mailto:problemgambling@dhhs.nc.gov">problemgambling@dhhs.nc.gov</a>
Hours:	24 hours per day, 7 days per week, 365 days per year.
Program Fees:	Free to all problem gamblers and any affected significant other.
Application:	Call the Toll Free Helpline for immediate assistance 1-877-718-5543
Eligibility:	None.
Languages:	Spanish.

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### North Carolina State Veterans Home - Black Mountain

Description:	Nursing care for veterans: Long term care, short term care, memory support unit, bariatric beds, hospice.
County	Buncombe
Address:	62 Lake Eden Road Black Mountain, NC 28711
Website:	<a href="http://www.uhs-pruitt.com">www.uhs-pruitt.com</a>
Contact:	Tonia Holderman, Director of Admissions 828-257-6861 <a href="mailto:tholderman@uhs-pruitt.com">tholderman@uhs-pruitt.com</a>
Hours:	Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.
Program Fees:	Private pay, Medicaid, Medicare, private insurance
Application:	Call Director of Admissions
Eligibility:	North Carolina resident; veteran; 18 years or older; Proof of residency, Social Security Card, Medicare or Medicaid card, and honorable discharge papers from the military
Languages:	

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## Transylvania County 2-1-1 Resources (3.5.15)

### Breast Friends Forever Too (Pardee Hospital)

Description: This support group is designed for women who have been diagnosed with breast cancer and anyone they would like to bring along, recognizing the effects of cancer on the survivor as well as their support system.

County Henderson

Address: 807 North Justice Street  
Hendersonville, NC 28791

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Kristy Capps, RN III, BSN, CBPN-IC, Breast Care Navigator  
[kristy.capps@pardeehospital.org](mailto:kristy.capps@pardeehospital.org)

Hours: Meets the 2nd Tuesday of the month, 5:30 p.m. - 7:00 p.m.

Program Fees: None

Application: Phone Call

Eligibility: Group is open to any woman who has or has had breast cancer and to anyone in their support system

Languages:

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### Breast Friends Forever (Pardee Hospital)

Description: Support group for women who have been diagnosed with breast cancer. Dinner offered during meeting.

County Henderson

Address: 807 North Justice Street  
Hendersonville, NC 28791

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Kristy Capps, RN III, BSN, CBPN-IC, Breast Care Navigator  
[kristy.capps@pardeehospital.org](mailto:kristy.capps@pardeehospital.org)

Hours: Meets the 4th Thursday of every month from 5:30

p.m. - 7:30 p.m.

Program Fees: Small charge for dinner (if ordered)

Application: Call for dinner reservation

Eligibility: Group is open to any woman who has or has had breast cancer

Languages:

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### Cancer Services (Pardee Hospital)

Description: Provides treatment and diagnostic services, including surgery, medical oncology, radiation oncology, high-tech radiology, laboratory diagnostic support, cancer rehab program, breast care navigation, clinical treatment and symptom management trials, and general cancer navigator. Also available are community education, cancer screenings, support groups, and holistic patient/family support  
Between Friends at Pardee Too: This group is open to anyone that is a caregiver to a cancer patient or a caregiver to a survivor. Meets at the Pardee Signature Care Center at the Blue Ridge Mall. Meets on the 1st Thursday of the Month 5:30 a.m. - 7:30 p.m. To RSVP, contact Leann Noakes 828-698-7317.  
Between Friends at Pardee: Support group for anyone that has been treated or is currently undergoing cancer treatment. Meets at the Pardee Signature Care Center at the Blue Ridge Mall. Meets on the 3rd Thursday of the Month 5:30 a.m. - 7:30 p.m. To RSVP, contact Leann Noakes 828-698-7317.

County Henderson

Address: 800 North Justice Street  
Hendersonville, NC 28791

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Carol Burke, Cancer Program Coordinator

## Transylvania County 2-1-1 Resources (3.5.15)

828-674-3541  
carol.burke@pardeehospital.org

Hours: 24 hours per day, 7 days per week, 365 days per year; Call for support group times

Program Fees: Accepts Medicare, Medicaid, private insurance, self-pay

Application: Referral; Support Groups: Call for more information

Eligibility: Adults only for treatment; No restrictions for support groups

Languages: Translator services available

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### Home Care (Pardee Hospital)

Description: Provides care through registered nursing staff, rehabilitation professionals, medical social workers, and home health aides. Services include in-home physical, occupational, and speech therapy, orthopedic and cardiac care, diabetes management, home safety evaluations, and full range of skilled nursing services.

County: Henderson

Address: 2029 Asheville Highway  
Hendersonville, NC 28791

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Wanda Moore, Director  
828-692-1846  
[wanda.moore@pardeehospital.org](mailto:wanda.moore@pardeehospital.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: Accepts Medicare, Medicaid, HMO's, Commercial Insurances, Private Pay

Application: Discuss home care services with your physician or hospital discharge planner.

Eligibility: Adult through geriatric; Physician Referral required

Languages: Spanish

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### Hospital (Pardee Hospital)

Description: Pardee Hospital is a not-for-profit community hospital.

Affiliated with UNC Health Care.

County: Henderson

Address: 800 North Justice Street  
Hendersonville, NC 28791

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Pardee Hospital,  
[info@pardeehospital.org](mailto:info@pardeehospital.org)

Hours: 24 hours per day, 7 days per week, 365 days per year

Program Fees: Accepts Medicare, Medicaid, major credit cards

Application: Apply in person

Eligibility: No Restrictions

Languages: Spanish

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### Maternity and New Parent Classes (Pardee Hospital)

Description: Art of Breastfeeding: An education class to help new moms get off to a good start with breastfeeding basics. Fathers are also welcome. Childbirth 101: A 2 session class designed to prepare expectant parents for the challenges of birth. Classes cover the labor and delivery process, relaxation, breathing patterns, birth options, positioning, and comfort measures. Tour of maternity Unit. Bring 2 pillows, a blanket. Infant Care: The basics of infant care including newborn characteristics, feeding, bathing, cord care, diapering and

## Transylvania County 2-1-1 Resources (3.5.15)

swaddling. Infant CPR and Choking: Classes taught once a quarter.

County Henderson  
Address: 800 North Justice Street  
Hendersonville, NC 28791  
Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact:  
Hours: To register, call 24 hours per day, 7 days per week, 365 days per year  
Program Fees: None  
Application: Phone Call  
Eligibility: No Restrictions  
Languages: Some classes in Spanish

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### PardeeSelect Medical Staff Directory (Pardee Hospital)

Description: A free printed publication offered as a community service. Also offers a website to help pair patients with the best referral. It contains information about the medical staff (physicians and allied health providers) who have admitting privileges at Pardee Hospital. Free copies are available at the Pardee Signature Care Center in the Blue Ridge Mall and at the information desk at Pardee Hospital. Up-to-date information is available at [www.pardeeselect.org](http://www.pardeeselect.org) and [www.pardeehospital.org](http://www.pardeehospital.org).

County Henderson  
Address: 800 North Justice Street  
Hendersonville, NC 28791  
Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact:

Hours: Business Hours: Monday - Friday, 7:30 a.m. - 5:30 p.m.;  
Website is available 24 hours per day, 7 days per week, 365 days per year  
Program Fees: None  
Application: Copies available at the Pardee Health Education Center or Hospital; Website  
Eligibility: No Restrictions  
Languages:

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### Perspectives Diabetes Self- Management (Pardee Hospital)

Description: This self-management program is accredited by the American Diabetes Association. It empowers participants to make positive, informed decisions about their diabetes care. Perspectives works with the client and the referring physician through a team of health care professionals including a registered nurse, and a registered dietitian who are both Certified Diabetes Educators.

County Henderson  
Address: 212 Thompson Street  
Unit B  
Hendersonville, NC 28792  
Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact: Nina Lovern, Program Coordinator  
[nina.lovern@pardeehospital.org](mailto:nina.lovern@pardeehospital.org)  
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.  
Program Fees: Accepts Medicare, Medicaid, major credit cards, private insurance; Client must check with insurance carrier for benefit coverage  
Application: Physician referral needed



## Transylvania County 2-1-1 Resources (3.5.15)

**Eligibility:** Diagnosed with diabetes; Physician/Provider referral; A written certificate of medical necessity is required for all referrals regardless of insurance.

**Languages:**

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### **Sleep Center (Pardee Hospital)**

**Description:** Diagnoses and treats problems that can interfere with restful, restorative sleep. Consultations and overnight sleep studies are covered by most insurance plans as outpatient diagnostic procedures. Self-referrals accepted.

Sleep disorders include Sleep Apnea, Insomnia, Narcolepsy, and Restless Leg Syndrome to name a few.

**County** Henderson

**Address:** 800 North Justice Street  
Hendersonville, NC 28791

**Website:** [www.pardeehospital.org](http://www.pardeehospital.org)

**Contact:** Robin Williams, RPSGT, Lead Technologist  
828-696-1085  
[robin.williams@pardeehospital.org](mailto:robin.williams@pardeehospital.org)

**Hours:** Monday - Friday, 8:00 a.m. - 4:00 p.m.

**Program Fees:** Insurance accepted; Call for information about program fees

**Application:** Phone call; Self-referrals and Physician-referrals accepted

**Eligibility:** No restrictions

**Languages:**

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### **Women and Children's Center (Pardee Hospital)**

**Description:** Family-centered birthing in a private, single-room. One birth suite with queen size bed for low risk mothers. Maternity care unit with a special care nursery with remote and centralized fetal monitoring. Water labor and hydrotherapy are also available. Education classes include instruction on childbirth education, newborn care, breastfeeding, hospital tours, and infant CPR and choking. Offers massage services. Offers consultations with board certified lactation consultants. The Women and Children's Center also cares for women who have had breast or gynecological surgeries and offers inpatient pediatric services.

**County** Henderson

**Address:** 800 North Justice Street  
Hendersonville, NC 28791

**Website:** [www.pardeehospital.org](http://www.pardeehospital.org)

**Contact:** Lynn Blythe, Nurse Leader

**Hours:** 24 hours per day, 7 days per week, 365 days per year

**Program Fees:** Accepts Medicare, Medicaid, private insurance, major credit cards

**Application:** Referral

**Eligibility:** Women of any age; Pediatrics assists Male or female from birth to adolescence

**Languages:** Spanish

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### **Alpha 1 Antitrypsin Deficiency Testing (Pardee Signature Care Center)**

**Description:** Free blood test to determine a potential proclivity to COPD, emphysema, or uncontrolled asthma. Results will be mailed in approximately two weeks. Appointment required.

**County** Henderson

## Transylvania County 2-1-1 Resources (3.5.15)

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Judy Bolster, Manager  
828-692-4600  
[Judy.Bolster@pardeehospital.org](mailto:Judy.Bolster@pardeehospital.org)

Hours: First Thursday of the month, 9:00 a.m. - 11:00 a.m.

Program Fees: None

Application: Phone call for appointment

Eligibility: No Restrictions

Languages:

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### Blood Pressure Screening (Pardee Signature Care Center)

Description: Free opportunity for blood pressure screening. Counseling and information regarding diet and lifestyle available as needed.

County: Henderson

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Judy Bolster  
[judy.bolster@pardeehospital.org](mailto:judy.bolster@pardeehospital.org)

Hours: Monday, Wednesday, Friday, 9:30 a.m. - 10:30 a.m.

Program Fees: None

Application: Walk-in; No registration required

Eligibility: No restrictions

Languages:

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### Breathe Free Support (Pardee Signature Care Center)

Description: Support for those with emphysema, COPD, uncontrolled asthma, lung disease, smoking cessation, or other breathing difficulties.

County: Henderson

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Judy Bolster, Manager  
828-692-4600  
[Judy.Bolster@pardeehospital.org](mailto:Judy.Bolster@pardeehospital.org)

Hours: 2nd Wednesday of each month, 12:30 p.m. - 2:00 p.m.

Program Fees: None

Application: Phone Call; Walk-In

Eligibility: No Restrictions

Languages:

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### Celiac Support Group (Pardee Signature Care Center)

Description: Support for those with Gluten Intolerance. Education and diet suggestions are offered.

County: Henderson

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

## Transylvania County 2-1-1 Resources (3.5.15)

Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact: Judy Bolster, Manager  
[judy.bolster@pardeehospital.org](mailto:judy.bolster@pardeehospital.org)  
Hours: 4th Wednesday of the month, 3:30 p.m. - 5:00 p.m.  
Program Fees: None  
Application: Walk-in  
Eligibility: No restrictions  
Languages:

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### Cholesterol Screening (Pardee Signature Care Center)

Description: This screening provides a complete lipid profile (Total Cholesterol, HDL, LDL, Triglycerides). Requires only a finger stick, results are available immediately. Fasting after midnight required. Call for an appointment.

County: Henderson  
Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact: Judy Bolster, Manager  
[judy.bolster@pardeehospital.org](mailto:judy.bolster@pardeehospital.org)  
Hours: 2nd and 4th Thursday, 9:00 a.m. - 10:00 a.m.  
Program Fees: \$20 fee for screening  
Application: Phone call to register  
Eligibility: Fasting period required  
Languages:

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### Diabetes Support Group (Pardee Signature Care Center)

Description: Provides education and support for those dealing with diabetes and their families. Special speakers at one meeting each month.

County: Henderson  
Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact: Judy Bolster, Manager  
[judy.bolster@pardeehospital.org](mailto:judy.bolster@pardeehospital.org)  
Hours: 1st and 3rd Wednesday of the month, 10:00 p.m. - 11:30 p.m.

Program Fees: None  
Application: Phone call; Walk-In  
Eligibility: No restrictions  
Languages:

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### Fibromyalgia Support Group (Pardee Signature Care Center)

Description: Fibromyalgia Support Group for those suffering from Fibromyalgia and their loved ones.

County: Henderson  
Address: 1800 Four Seasons Boulevard  
Blue Rige Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact: Judy Bolster, Manager  
[judy.bolster@pardeehospital.org](mailto:judy.bolster@pardeehospital.org)

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: 2nd Monday of the month, 2:00 p.m. - 3:00 p.m.  
Program Fees: None  
Application: Phone call; Walk-In  
Eligibility: No restrictions  
Languages:

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### Glucose Screening (Pardee Signature Care Center)

Description: This quick finger stick test indicates the blood sugar level. Fasting is required (nothing after midnight) and please drink plenty of water prior to screening. Pre-registration is required.

County: Henderson  
Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792  
Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact: Judy Bolster, Manager  
[judy.bolster@pardeehospital.org](mailto:judy.bolster@pardeehospital.org)

Hours: 3rd Thursday of the month, 9:00 a.m. - 10:00 a.m.  
Program Fees: \$4 fee for screening  
Application: Phone call to register  
Eligibility: Fasting required before appointment  
Languages:

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### Kidney Smart (Pardee Signature Care Center)

Description: This new class is being provided free of charge by an educator from DaVita Kidney Center and is focused on

topics such as causes of chronic kidney disease and how kidneys function. These classes will also focus on what treatment choices are available, how medications, diet and exercise work together to keep you healthy, and assistance with insurance questions.

County: Henderson  
Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792  
Website: [www.pardeehospital.org](http://www.pardeehospital.org)  
Contact: Chelsea Darley  
[chelsea.darley@pardeehospital.org](mailto:chelsea.darley@pardeehospital.org)

Hours: Fourth Tuesday of every month, 9:30 a.m. - 11:00 a.m.  
Program Fees: None  
Application: To register call DaVita Kidney Center at 828- 255-2839 and ask for Dana or Sandra.  
Eligibility: No Restrictions  
Languages:

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### Myasthenia Gravis Support Group (Pardee Signature Care Center)

Description: For those diagnosed with Myasthenia Gravis and their loved ones. The group offers education, sharing, fellowship, and support. Guest speakers occasionally. Pre- registration not required.

County: Henderson  
Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792  
Website: [www.pardeehospital.org](http://www.pardeehospital.org)

## Transylvania County 2-1-1 Resources (3.5.15)

Contact: Judy Bolster, Manager  
judy.bolster@pardeehospital.org

Hours: 3rd Wednesday of the month, 1:00 p.m. - 3:00 p.m.

Program Fees: None

Application: Phone call; In person; Pre-registration not required

Eligibility: For those diagnosed with Myasthenia Gravis and their loved ones

Languages:

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### Seniors' Health Information Insurance Program (Pardee Signature Care Center)

Description: Provides volunteer counselors, trained by the state of North Carolina, who provide one on one advice to seniors regarding Medicare, Medicare supplement insurance, long term care insurance, and who can assist with filing Medicare claims.

County: Henderson

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: www.pardeehospital.org

Contact: Judy Bolster, Manager  
Judy.Bolster@pardeehospital.org

Hours: 2nd and 4th Tuesday, 1:00 p.m. - 3:00 p.m.; By appointment

Program Fees: None

Application: Phone call to register for appointment

Eligibility: Anyone at or approaching Medicare eligibility or their caregivers

Languages:

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### Skin Cancer Screening (Pardee Signature Care Center)

Description: Free opportunity to see if exposure to the sun may have led to the development of a skin cancer. The screening is conducted by a local dermatologist. Appointment required.

County: Henderson

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: www.pardeehospital.org

Contact: Judy Bolster, Manager  
judy.bolster@pardeehospital.org

Hours: Screenings occur once a year, usually in May or June; Call for current dates

Program Fees: None

Application: Phone call to register

Eligibility: For those who have not seen a dermatologist in the past year

Languages:

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### Take Off Pounds Sensibly (Pardee Signature Care Center)

Description: Take Off Pounds Sensibly (TOPS) is a national weight loss program. Meets weekly.

County: Henderson

## Transylvania County 2-1-1 Resources (3.5.15)

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org](http://www.pardeehospital.org)

Contact: Judy Bolster,  
[judy.bolster@pardeehospital.org](mailto:judy.bolster@pardeehospital.org)

Hours: Tuesday, 5:30 p.m. - 6:30 p.m.

Program Fees: Yearly membership fee and monthly dues; Call for more information

Application: Walk in

Eligibility: No Restrictions

Languages:

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### Vision Screening (Pardee Signature Care Center)

Description: Vision screenings that check for distance, macular degeneration, depth perception and acuity. Does not screen for glaucoma or cataracts. Bring any prescription eyeglasses to the screening if applicable.

County: Henderson

Address: 1800 Four Seasons Boulevard  
Blue Ridge Mall  
Hendersonville, NC 28792

Website: [www.pardeehospital.org/calendar/index.php](http://www.pardeehospital.org/calendar/index.php)

Contact: Judy Bolster, Manager  
828-692-4600

Hours: \*\*This program is temporarily out of resources.\*\*

Program Fees: None

Application: Call to make appointment

Eligibility: No restrictions; Must call ahead to make an appointment

Languages:

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### Home Health Care (Park Ridge Health)

Description: Provides skilled services to patients who are recovering from illness, accident, or surgery in the comfort of their own homes. Skilled services include nursing, physical therapy, occupational therapy, and speech therapy, Social Work, Certified Nurse Assistant, and Dietary. Park Ridge provides these services to Buncombe, Henderson, Polk, and Transylvania counties.

County: Henderson

Address: 895 Howard Gap Road  
Fletcher, NC 28732

Website: [www.parkridgehealth.org](http://www.parkridgehealth.org)

Contact: LaHoya Gordon, Administrator  
828-687-5261  
[Diane.Sedgwick@ahss.org](mailto:Diane.Sedgwick@ahss.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; 24 hour answering service

Program Fees: Accepts Medicaid; Medicare; Private insurance

Application: Phone Call; Fax

Eligibility: Must be home bound and have doctor's order for home care

Languages:

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### Hospital (Park Ridge Health)

## Transylvania County 2-1-1 Resources (3.5.15)

Description: Park Ridge Health provides comprehensive medical care to the people of Western North Carolina.

County: Henderson

Address: 100 Hospital Drive  
Hendersonville, NC 28792

Website: [www.parkridgehealth.org](http://www.parkridgehealth.org)

Contact: Jimm Bunch, President and CEO  
828-681-2102

Hours: 24 hours per day, 7 days per week, 365 days per year

Program Fees: Vary; Accepts Medicaid, Medicare, private insurance

Application: In person

Eligibility: No restrictions

Languages:

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### Pathway of Hope (Park Ridge Health)

Description: Program is for women with emotional, behavioral, or psychiatric challenges. Addresses stress management, grief and loss, communication skills, and crisis management. Works on self-esteem and aftercare planning. Provides group and individual therapy, psychiatric evaluation, medication management, and discharge planning. Participants live at home while attending this voluntary program.

County: Henderson

Address: 50 Hospital Drive  
3rd Floor  
Hendersonville, NC 28791

Website: [www.parkridgehealth.org](http://www.parkridgehealth.org)

Contact: Linda Riley, Intake Coordinator

828-681-2227

Hours: Monday - Friday, 9:00 a.m. - 12:00 p.m. or 9:00 a.m. - 3:00 p.m.

Program Fees: Accepts Medicaid, Medicare and private insurance. Discount for self pay patients.

Application: Call intake to apply

Eligibility: Women 18 years and older with emotional, behavioral, or psychiatric challenges

Languages: Spanish interpreter available

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### Provider Directory (Park Ridge Health)

Description: Provider directory associated with Park Ridge Health.

County: Henderson

Address: 100 Hospital Drive  
Hendersonville, NC 28792

Website: [www.myprh.com](http://www.myprh.com)

Contact: Jimm Bunch, President and CEO  
828-681-2102

Hours: Website available 24 hours per day, 7 days per week, 365 days per year

Program Fees: None

Application: Visit website

Eligibility:

Languages:

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### Women's Services (Park Ridge Health)

## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** Ob-Gyn Services at Park Ridge Park Health offers complete obstetrics, gynecology and women's health services for women of all ages. Routine gynecological care includes: Yearly exams with PAP smears, Family planning visits, Diagnosis and treatment of gynecological problems; Other services include: Free Pregnancy tests from Park Ridge Women's Services, Maternity care, Infertility care, Urinary incontinence, Pelvic prolapse care, Minimally invasive surgery, On-site ultrasound, On-site laboratory, Bilingual staff, On-site Medicaid application, Certified Midwife.

**County** Henderson

**Address:** 2605 Chimney Rock Road  
Office of Kelly Thompson, FNP, CNM  
Hendersonville, NC 28792

**Website:** [www.parkridgehealth.org](http://www.parkridgehealth.org)

**Contact:** Jimm Bunch, President and CEO  
828-681-2102

**Hours:** Monday - Friday, 8:00 a.m. - 5:00 p.m.

**Program Fees:** Vary; Free Pregnancy Test; Accepts Medicaid, Medicare, private insurance

**Application:** Phone call for appointment; No appointment needed for pregnancy test, walk-ins welcome.

**Eligibility:** No restrictions

**Languages:**

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### Women's Services (Park Ridge Health)

**Description:** Ob-Gyn Services at Park Ridge Park Health offers complete obstetrics, gynecology and women's health services for women of all ages. Routine gynecological care includes: Yearly exams with PAP smears, Family planning visits,

Diagnosis and treatment of gynecological problems; Other services include: Free Pregnancy tests from Park Ridge Women's Services, Maternity care, Infertility care, Urinary incontinence, Pelvic prolapse care, Minimally invasive surgery, On-site ultrasound, On-site laboratory, Bilingual staff, On-site Medicaid application, Certified Midwife.

**County** Henderson

**Address:** 50 Hospital Drive  
Suite 4A  
Hendersonville, NC 28792

**Website:** [www.parkridgehealth.org](http://www.parkridgehealth.org)

**Contact:** Jimm Bunch, President and CEO  
828-681-2102

**Hours:** Monday - Friday, 8:00 a.m. - 5:00 p.m.

**Program Fees:** Vary; Free Pregnancy Test; Accepts Medicaid, Medicare, private insurance

**Application:** Phone call for appointment; No appointment needed for pregnancy test, walk-ins welcome.

**Eligibility:** No restrictions

**Languages:**

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### Parkinson's Support Group (Brevard-Davidson River Presbyterian Church)

**Description:** Provides support to Parkinson's patients, their caregivers, and any interested party.

**County** Transylvania

**Address:** 249 East Main Street  
Brevard, NC 28712

**Website:** [www.bdrpc.org](http://www.bdrpc.org)

**Contact:** David Eden, Support Group Coordinator



## Transylvania County 2-1-1 Resources (3.5.15)

828-862-8820  
wrinkles3@comporium.net

Hours: Meetings are held the 2nd Tuesday of the month at 10:00 a.m. except during the summer months

Program Fees: None

Application: Walk-in

Eligibility: No Restrictions

Languages:

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### Partnership for Prescription Assistance

Description: Offers assistance with finding patient assistance programs from pharmaceutical companies for prescription medications.

County: New York

Address: Confidential  
New York, NY 10101

Website: [www.pparx.org](http://www.pparx.org)

Contact:

Hours: Call Center: Monday - Friday, 9:00 a.m. - 5:00 p.m.; Website available 24 hours per day, 7 days per week, 365 days per year

Program Fees: None

Application: Call or visit website for more information

Eligibility: Lower-income, uninsured or under-insured individuals

Languages: Spanish

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### Pathways of the Heart

Description: Support group held at the Biltmore United Methodist Church for women with cancer. Please call Facilitator for more detailed information before attending the group. This is facilitated by a Licensed Clinical Social Worker. This is not a drop-in support group.

County: Buncombe

Address: 376 Hendersonville Road  
Biltmore United Methodist Church  
Asheville, NC 28803

Website:

Contact: Mollie Milner, LCSW, Therapist, Licensed Clinical Social Worker  
828-299-0394  
mtnmollie@charter.net

Hours: Tuesday, 2:00 p.m. - 3:30 p.m.

Program Fees: None

Application: Call first before joining the group

Eligibility: For women living with cancer

Languages:

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### Planned Parenthood South Atlantic - Asheville Health Center

Description: Services Provided: Women's Health Care: Birth Control, Prescriptions available without an exam, Refills available by mail, Reproductive health checkups, Breast exams, Pap tests, Cervical cancer screenings, Mammogram referrals, Vaginal infection testing and treatment, Morning-After Pill (Emergency Contraception); Pregnancy Planning Services, Pregnancy testing, Pregnancy options and referrals (adoption, abortion), Fertility awareness education; STI Testing, Treatment and Vaccines, STI prevention, including:

## Transylvania County 2-1-1 Resources (3.5.15)

Condoms, HPV vaccine (Gardasil), STI/safe sex education, STI Testing (Available without a physical exam and available for walk-ins), Chlamydia and gonorrhea testing, Rapid HIV Testing; LGBTQ Services: Education, resources, services referral, transgender support, hormone replacement therapy; General Health Care for Men and Women: Routine physical exams for men and women aged 13 and older, Anemia testing, Cholesterol screening, Vaccinations (including Flu and Tetanus), Urinary tract infection testing and treatment, Thyroid screening, Treatment of cold and flu viruses, Physicals for school and work; Men's Health Care: Reproductive health checkups, Testicular exams, Erectile dysfunction referrals, Male infertility screenings and referrals, Jock itch exams and treatment. There may be endowment funds available to assist with the cost of an abortion.

County: Buncombe  
 Address: 68 McDowell Street  
 Asheville, NC 28801  
 Website: [www.ppsat.org](http://www.ppsat.org)  
 Contact: Caitlin Owens, Health Center Manager  
 828-252-7928 x6215  
[caitlin.owens@ppsat.org](mailto:caitlin.owens@ppsat.org)  
 Hours: Monday, Thursday, 12:00 p.m. - 7:00 p.m.; Wednesday, 9:00 a.m. - 3:00 p.m.; Friday, 9:00 a.m. - 1:00 p.m.; Saturday, 10:00 a.m. - 2:00 p.m.  
 Program Fees: Sliding scale rates for individuals without insurance; Accepts Medicaid, private insurance, major credit cards  
 Application: Call or visit the website to make appointment; Pregnancy testing, emergency contraception, and STI Testing on a walk-in basis  
 Eligibility: Men and women age 13 or older

Languages: Spanish

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### Safety Programs (Safety and Health Council)

Description: Offers on site and off site OSHA compliance training for the workplace. Also offers a number of safety certificates for individuals. Type of Courses: MESH (Manager of Environmental Safety and Health), OSHA, and Annual NC Safety Congress and Annual Meeting in November.

County: Mecklenburg  
 Address: 2709 Water Ridge Parkway  
 Suite 120  
 Charlotte, NC 0  
 Website: [www.safetync.org](http://www.safetync.org)  
 Contact: Bobby Williams, Controller  
[bobbyw@safetync.org](mailto:bobbyw@safetync.org)  
 Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Training offered at other times  
 Program Fees: Vary; Call for more information  
 Application: Phone call; Website  
 Eligibility: No restrictions  
 Languages:

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### Safety Programs (Safety and Health Council)

Description: Offers on site and off site OSHA compliance training for the workplace. Also offers a number of safety certificates for individuals. Type of Courses: MESH (Manager of Environmental Safety and Health), OSHA, and Annual NC Safety Congress and Annual Meeting in November.

## Transylvania County 2-1-1 Resources (3.5.15)

County Wake

Address: 3739 National Drive  
Cumberland Building, Suite 125  
Raleigh, NC 27612

Website: [www.safetync.org](http://www.safetync.org)

Contact: Bobby Williams, Controller  
[bobbyw@safetync.org](mailto:bobbyw@safetync.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.; Training offered at other times

Program Fees: Vary; Call for more information

Application: Phone call; Website

Eligibility: No restrictions

Languages:

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### **SAGE - Services and Advocacy for Gay, Lesbian, Bisexual, and Transgender Elders**

Description: National Resource Center on LGBT Aging that provides education resources available through their website or telephone, in English and Spanish, regarding the lesbian, gay, bisexual and transgender elder communities.

County New York

Address: 305 7th Avenue  
Floor 6  
New York, NY 10001

Website: [www.sageusa.org](http://www.sageusa.org)

Contact: Hilary Meyer  
212-741-2247  
[hmeyer@sageusa.org](mailto:hmeyer@sageusa.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call or visit website [www.lgbtagingcenter.org](http://www.lgbtagingcenter.org) or [www.sageusa.org](http://www.sageusa.org)

Eligibility: LGBT Elders and families

Languages: Spanish

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### **Saint Gerard House**

Description: Offers treatment for individuals with Autism Spectrum Disorder (ASD), learning disabilities, developmental delays, and behavioral health needs. In addition, training, consultation, and support for families, educators, institutions, and any others involved with the treatment or care of these individuals is also provided. Services are available to families and professionals in Western North Carolina. Grotto School serves children ages 2.5 - 7. It is an intensive, one-on-one, Applied Behavior Analysis (ABA), early-intervention program. Connect Program is an after-school social skills class for ages 5 - 19. No diagnosis is necessary. Family Group Night is a free monthly support group for the entire family. It takes place every 3rd Monday of the month from 5:30 p.m. - 7:30 p.m. Serves a healthy meal and then breaks into 5 groups: Parents, Siblings, Youth with special needs, Children with special needs and Childcare.

County Henderson

Address: 620 Oakland Street  
Hendersonville, NC 28791

Website: [www.stgerardhouse.com](http://www.stgerardhouse.com)

Contact: Bertha Medina, Assistant Director/Volunteer Coordinator  
828-693-4223 x14  
[info@stgerardhouse.com](mailto:info@stgerardhouse.com)

## Transylvania County 2-1-1 Resources (3.5.15)

**Hours:** Office Hours: Monday - Friday, 8:30 a.m. - 5:30 p.m.; Grotto School Hours: Monday - Wednesday, Friday, 8:00 a.m. - 2:30 p.m.; Thursday, 8:00 a.m. - 12:00 p.m.

**Program Fees:** Varies based on service; First consultation and all Parent Support Groups are free

**Application:** Call for inquiries

**Eligibility:** Varies based on service; See description for additional information

**Languages:**

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### Shriners Hospital

**Description:** Acute care children's hospital with more than 20 orthopedic treatment specialties: Cerebral Palsy; Scoliosis and other spinal abnormalities; Clubfoot and other problems of the foot; Limb deficiencies and prosthetic restoration; Myelodysplasia; Pediatric Sports Injuries.

**County:** Greenville

**Address:** 950 West Faris Road  
Greenville, SC 29605

**Website:** [www.shrinershospitalsforchildren.org/en/Locations/greenville](http://www.shrinershospitalsforchildren.org/en/Locations/greenville)

**Contact:** Randy Romberger, Hospital Administrator  
864-271-3444

**Hours:** Office Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

**Program Fees:** Care and services are provided regardless of the patients' ability to pay

**Application:** For information about a completed application or for other questions, e-mail [patientreferrals@shrinenet.org](mailto:patientreferrals@shrinenet.org), or call 800- 237-5055

**Eligibility:** Children up to age 18 with orthopedic conditions, burns, spinal cord injuries, and cleft lip and palate are eligible for care and receive all services in a family-centered environment, regardless of the patients' ability to pay

**Languages:** Spanish, Russian, and French

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### Urgent Care Brevard (Sisters of Mercy Urgent Care)

**Description:** Care and treatment of non-life-threatening injuries and illnesses by board certified physicians, without an appointment. Also provide sports, D.O.T. and employment physicals, drug screening, digital x-ray, lab work, most urgent care prescriptions for \$15, workers compensation follow up, and vaccines (tetanus, hepatitis, TB skin testing, etc.). Carol Hoban, FNP, of Frances Warde Family Health accepting new primary care patients at this location. Official health care provider for Brevard College.

**County:** Transylvania

**Address:** 22 Trust Lane  
Brevard, NC 28712

**Website:** [www.urgentcares.org](http://www.urgentcares.org)

**Contact:** Dee Queen,  
828-883-2600

**Hours:** Monday, Wednesday, Thursday, Friday, 9:00 a.m. - 4:00 p.m.; Saturday 10:00 a.m. - 4:00 p.m.

**Program Fees:** Application for financial assistance available; Accepts Medicaid, Medicare, major credit cards, private insurance. Cash discount for self-pay patients at time of service.

**Application:** No appointment necessary, first come, first served.

**Eligibility:** Picture ID, income verification for financial assistance required

## Transylvania County 2-1-1 Resources (3.5.15)

Languages: Spanish

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### Urgent Care South (Sisters of Mercy Urgent Care)

**Description:** Care and treatment of non-life-threatening injuries and illnesses by board certified physicians, without an appointment. Also provide sports, D.O.T. and employment physicals, drug screening, digital x-ray, lab work, most urgent care prescriptions for \$15, workers compensation follow up, and vaccines (tetanus, hepatitis, TB skin testing, etc.).

**County:** Buncombe

**Address:** 1833 Hendersonville Road  
Asheville, NC 28803

**Website:** [www.urgentcares.org](http://www.urgentcares.org)

**Contact:** Cheryl Fore, Clinical Team Leader  
828-274-1462

**Hours:** Monday - Friday, 8:00 a.m. - 7:00 p.m.; Saturday - Sunday, 9:00 a.m. - 5:00 p.m.; (Closed Easter, Thanksgiving, and Christmas)

**Program Fees:** Application for financial assistance available; Accepts Medicaid, Medicare, major credit cards, private insurance. Cash discount for self-pay patients at time of service.

**Application:** Walk-in only, first come, first served

**Eligibility:** Picture ID, income verification required

**Languages:** Spanish

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### Smiles Change Lives - The Virginia Brown Community Orthodontic Partnership

**Description:** Smiles Change Lives provides access to essential orthodontic treatment for qualified children from low-income families.

**County:** Jackson

**Address:** 2405 Grand Boulevard  
Suite 300  
Kansas City, MO 64108

**Website:** [www.smileschangelives.org](http://www.smileschangelives.org)

**Contact:** Melanie Johnston,  
[marketing@smileschangelives.org](mailto:marketing@smileschangelives.org)

**Hours:** Monday - Friday, 9:00 a.m. - 6:30 p.m. (8:00 a.m. – 5:30 p.m. CST)

**Program Fees:** \$30 Application fee and \$600 program fee if approved for treatment through Smiles Change Lives.

**Application:** Submit a complete application packet including the most recent year's tax return (or SSI award letter) and SCL Dental Referral Form. Depending on program demand, it could take 3 to 24 months to complete the application process and/or be assigned to an ort

**Eligibility:** Be 10-18 years of age; Have no more than four (4) baby teeth; Have "good" dental hygiene (as certified by the child's general dentist); Have no unfilled cavities; Not be wearing braces currently; Have a total household income at or below 200% of the Feder

**Languages:**

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### Social Security Administration - Henderson, Polk, and Transylvania Counties

**Description:** Provides assistance to applicants filing for the following services: Retirement Benefits, Disability Benefits,

## Transylvania County 2-1-1 Resources (3.5.15)

Supplemental Security Income, Lump Sum Death Benefits, Medicare, Survivors Insurance and Social Security Cards. Visit the website for more for information about all of Social Security's programs. At the website, you can also: Apply for certain kinds of benefits; Change your address; Apply for a password so you can check your benefits or change your direct deposit; Request a replacement Medicare card; Ask for a letter to confirm your benefit amount; and Find copies of our publications.

County Henderson  
Address: 205 South Grove Street  
Hendersonville, NC 28792  
Website: [www.socialsecurity.gov](http://www.socialsecurity.gov)  
Contact: Sheron Craig, District Manager, Hendersonville Office  
[sheron.craig@ssa.gov](mailto:sheron.craig@ssa.gov)  
Hours: Monday, Tuesday, Thursday, Friday, 9:00 a.m. - 3:00 p.m.;  
Wednesday, 9:00 a.m. - 12:00 p.m.  
Program Fees: None  
Application: Phone call; To locate a doctor accepting Medicare, visit  
[www.medicare.gov](http://www.medicare.gov) or call 1-800-MEDICARE (1-800-633-4227)  
Eligibility: See description; Social Security Number must be provided  
at this time of service  
Languages:

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### Blue Ridge Free Dental Clinic (Southwestern Commission AAA)

Description: Provides high quality restorative dental care to hundreds of  
needy patients each year from the surrounding tri-county  
area.  
County Jackson

Address: 130 Highway 64 East  
Cashiers, NC 28717  
Website: [www.blueridgefreedentalclinic.org](http://www.blueridgefreedentalclinic.org)  
Contact: Karen Minton, Executive Director  
828-743-3393  
[info@blueridgefreedentalclinic.org](mailto:info@blueridgefreedentalclinic.org)  
Hours: Monday, Wednesday, 10:00 a.m. - 5:00 p.m.  
Program Fees: None.  
Application: Appointment only, on a first come, first served basis, with  
priority given to emergencies. Call to be placed on the  
waiting list. At first appointment at the Clinic, provide proof  
of residency, such as a driver's license or vehicle  
registration.  
Eligibility: Currently only able to serve patients living in Jackson,  
Macon and Transylvania Counties. Cannot serve any  
patients who are on Medicaid or covered by any type of  
dental insurance.  
Languages:

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### Community Pharmacy (The Free Clinics)

Description: Low-cost medications available for \$3 filling fee to eligible  
residents of Henderson, Polk, and Transylvania counties.  
County Henderson  
Address: 841 Case Street  
Hendersonville, NC 28792  
Website: [www.thefreeclinics.org](http://www.thefreeclinics.org)  
Contact: Pat Sells, Pharmacy Coordinator  
828-697-8422  
[info@thefreeclinics.org](mailto:info@thefreeclinics.org)

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: Monday, 12:00 p.m. - 5:00 p.m.; Tuesday, 5:00 p.m. - 8:00 p.m.; Wednesday, 8:00 a.m. - 12:00 p.m.; Friday, 9:00 a.m. - 3:00 p.m.

Program Fees: Low-cost medications available for \$3 filling fee.

Application: Call for details about eligibility guidelines. Come during pharmacy hours for an eligibility intake.

Eligibility: Uninsured residents of Henderson, Polk, or Transylvania Counties; Low-income--at or below 200% of Federal Poverty Level

Languages: Spanish

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### The NC Radon Program - North Carolina Department of Health and Human Services

Description: The NC Radon Program offers education presentations to the public, such as schools, citizens groups, real estate agents, home inspectors and home builders. Maintains a website to provide citizens with information on radon and those who can test and mitigate. Works closely with home builders to understand the radon resistant techniques in new construction (RRNC), so they can build more houses in North Carolina with radon resistant features; will also work very closely with school district officials to promote the idea of testing existing school buildings and building more new schools with radon resistant techniques. Provides free short-term test kits for expecting mothers. The month of January is Radon Action Month and they give free test kits until supplies run out.

County: Wake

Address: Confidential  
Raleigh, NC 27699

Website: [www.ncradon.org](http://www.ncradon.org)

Contact: Phillip Ray Gibson, WNC Radon Program Coordinator  
828-712-0972  
[phillip.gibson@dhh.s.nc.gov](mailto:phillip.gibson@dhh.s.nc.gov)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: No fees for services. Test kits are approximately \$5.

Application: Phone call

Eligibility: North Carolina residents

Languages: Some materials available in Spanish

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### The North Carolina AgrAbility Partnership

Description: A federally-funded grant program through the U.S. Department of Agriculture National Institute for Food Safety (USDA-NIFA). Mission is to educate and assist farmers, ranchers, and farm workers engaged in production agriculture who are living with disabilities. Provides direct services to farmers, ranchers, farm workers and their family members engaged in production agriculture: provides information on resources relevant to an individual's needs, and/or conducting on-site farm assessments to determine barriers to completing tasks and meeting occupational goals on the farm; Can recommend assistive technologies (equipment/tools/devices), modified work practices, and/or other adaptive solutions to reducing disability-related limitations; Can refer individuals to other service providers (e.g., rehabilitation, educational, financial) for potential assistance specific to the individual's needs; Provides educational opportunities through trainings and professional development sessions for rural health care professionals, allied health and agricultural engineering degree students, cooperative extension and staff to organizations who may be assisting farmers with disabilities. Does not provide funding.

## Transylvania County 2-1-1 Resources (3.5.15)

County Wake  
Address: 127 D.S. Weaver Labs  
Box 7625 - NCSU  
Raleigh, NC 27695  
Website: [www.ncagrability.org](http://www.ncagrability.org)  
Contact: Michele Proctor, MID, Project Coordinator  
336-430-2970  
[coordinator@ncagrability.com](mailto:coordinator@ncagrability.com)  
Hours: Vary  
Program Fees: None  
Application: Phone Call; Website contact page; Email  
Eligibility: North Carolina farmers, ranchers, and farmworkers engaged in production agriculture who are living with disabilities  
Languages: Translator Services Available

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### The Starkey Hearing Foundation

Description: The program provides hearing aids to low income individuals who have no other resources to acquire hearing aids. All applicants must meet the financial criteria, complete the application process and be approved for assistance. Call the office to discuss eligibility.

County Hennepin  
Address: 6700 Washington Avenue South  
Eden Prairie, MN 55344  
Website: [www.starkeyhearingfoundation.org](http://www.starkeyhearingfoundation.org)  
Contact: Joanita Stelter,  
[Joanita\\_Stelter@starkey.com](mailto:Joanita_Stelter@starkey.com)  
Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: There is a fee of \$125 per hearing aid provided. Call the office to discuss eligibility.  
Application: Phone call; Ask operator for the "Hear Now" program.  
Eligibility: Call for eligibility requirements; Determined by income, household size, and assets  
Languages:

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### Trans-Positive Support

Description: TransHealth Coordinators and WNCAP (Western North Carolina AIDS Project) are offering an HIV + peer support network. "TransPositive Support" focuses on the empowerment of transgender, gender non-conforming and intersexed people with HIV + status. Offers support with obtaining housing, job discrimination, accessing respectful and compassionate healthcare along with leadership and community building and outreach training.

County Buncombe  
Address: 554 Fairview Road  
Western North Carolina AIDS Project  
Asheville, NC 28803  
Website: [www.transhealthcoordinators.org](http://www.transhealthcoordinators.org)  
Contact: Jennifer Barge, Director  
828-669-3889  
[transhealth@rocketmail.com](mailto:transhealth@rocketmail.com)  
Hours: 1st and 3rd Monday of the month, 1:00 p.m.  
Program Fees: None  
Application: Email Jennifer Barge at [transhealth@rocketmail.com](mailto:transhealth@rocketmail.com) to register  
Eligibility: Transgender



## Transylvania County 2-1-1 Resources (3.5.15)

Languages: Spanish

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### Emergency Medical Services (Transylvania County Emergency Services)

Description: TCEMS provides emergency and non-emergency medical care and transportation to residents and visitors of Transylvania County.

County Transylvania

Address: 155 Public Safety Way  
Brevard, NC 28712

Website: [www.transylvaniacounty.org/emergency-services](http://www.transylvaniacounty.org/emergency-services)

Contact: Robert Cooper, Director  
828-884-3108 x6  
[bobby.cooper@transylvaniacounty.org](mailto:bobby.cooper@transylvaniacounty.org)

Hours: Office Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m. 911  
Emergencies: 24 hours per day, 7 days per week, 365 days per year

Program Fees: None

Application: Phone call; In person

Eligibility: No restrictions

Languages: Deaf accessible

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### Breast and Cervical Cancer Control Program (Transylvania Public Health)

Description: Pelvic exam with pap smear. Clinical breast exam and mammogram. Breast biopsy if indicated. Women with cancer diagnosis through BCCCP screening may be eligible for Medicaid special coverage.

County Transylvania

Address: 106 East Morgan Street

Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Laura Petit, BCCCP Coordinator  
828-884-3135 x224  
[laura.petit@transylvaniacounty.org](mailto:laura.petit@transylvaniacounty.org)

Hours: By appointment only; Office Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call or Referral

Eligibility: Transylvania County resident; Female age 40- 64; No insurance, Medicaid or Medicare; Meet financial guidelines

Languages: Spanish with prior notice; Deaf accessible with prior notice

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### Cancer Prevention Program (Transylvania Public Health)

Description: Provides PAP smears and clinical breast exams to women age 18-49 who are not covered by third party insurance. Also provides education for self breast exam.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Laura Petit, CPP Coordinator  
[laura.petit@transylvaniacounty.org](mailto:laura.petit@transylvaniacounty.org)

Hours: By appointment only; Office Hours, Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: \$25

Application: Phone call

## Transylvania County 2-1-1 Resources (3.5.15)

Eligibility: Transylvania County resident; Female age 18- 49 who do not qualify for the family planning program; No insurance, Medicare, or Medicaid

Languages: Spanish with prior notice; Deaf accessible with prior notice

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### Child Health Screening (Transylvania Public Health)

Description: Well child assessment including history, physical assessment, appropriate labs, developmental assessment, anticipatory guidance, and parenting education.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Amanda Lambert, RN  
Amanda.Lambert@transylvaniacounty.org

Hours: By appointment only; Office Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Accepts Medicaid; Follows WIC financial guidelines

Application: Phone call; In person

Eligibility: Transylvania County resident; Children; Low income

Languages: Spanish with prior notice; Deaf accessible with prior notice

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### Environmental Health (Transylvania Public Health)

Description: Provide sanitation inspections for commercial food, lodging, day care, and other institutional establishments, including swimming pools. Permits and inspects ground absorption's septic tank systems. Consults and advises in private water

supplies, sewage systems, rodent control, indoor air quality, lead hazard, and public health nuisances.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Raime Hebb, Secretary  
raime.hebb@transylvaniacounty.org

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Vary

Application: Phone call; In person; Authorized agent; Mail

Eligibility: Transylvania County resident

Languages:

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### Family Planning (Transylvania Public Health)

Description: Complete physical exam for the provision of birth control. Method including Depo-Provera, IUD, birth control pills, NuvaRing and condoms. Emergency contraception available.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Velina Netherton, Nurse Supervisor  
velina.netherton@transylvaniacounty.org

Hours: By appointment only; Office Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Sliding scale; Accepts Medicaid

## Transylvania County 2-1-1 Resources (3.5.15)

Application: Phone call; Referral; In person  
Eligibility: Transylvania County resident; Female; Male for condoms;  
Minors do not need parental consent  
Languages: Spanish; Deaf accessible with prior notice

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### Health Education (Transylvania Public Health)

Description: Provides education to school, civic, church, and other community organizations. Topics cover a wide variety of subjects that promote a healthy lifestyle.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Tara Rybka, Health Educator  
[tara.rybka@transylvaniacounty.org](mailto:tara.rybka@transylvaniacounty.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call

Eligibility: Transylvania County resident

Languages:

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### Healthy Smiles Dental Health Project (Transylvania Public Health)

Description: Preschool children receive dental education and screenings in child care centers. Preventative care and treatment provided by volunteer dentists in their office.

County Transylvania

Address: 106 East Morgan Street

Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Lori Clark, RDH,  
[lori.clark@transylvaniacounty.org](mailto:lori.clark@transylvaniacounty.org)

Hours: Monday - Friday, 8:30 a.m. - 3:00 p.m.; By appointment only

Program Fees: Accepts Medicaid; Health Choice; Or income qualified individuals

Application: In person; By appointment only

Eligibility: Transylvania County resident; Age 0-5

Languages: Spanish with prior notice; Deaf accessible with prior notice

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### HIV Testing/Counseling (Transylvania Public Health)

Description: Counseling for HIV risk factors and safer sex. Blood testing provided. Linkage to resources for those with positive results.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Velina Netherton, Nurse Supervisor  
[velina.netherton@transylvaniacounty.org](mailto:velina.netherton@transylvaniacounty.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone call; Referral; In person

Eligibility: Transylvania County resident

Languages: Spanish; Deaf accessible with prior notice

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## Transylvania County 2-1-1 Resources (3.5.15)

### Immunizations (Transylvania Public Health)

**Description:** Vaccines for children through state/federal vaccine program. Vaccines for adults, which include routine TD booster, Hepatitis A, and Hepatitis B. Flu vaccine available in fall. For individuals 60 years old and up, Shingles vaccines are available.

**County** Transylvania

**Address:** 106 East Morgan Street  
Brevard, NC 28712

**Website:** <http://transylvaniahealth.org/>

**Contact:** Sabrina Griffin,  
[sabrina.griffin@transylvaniacounty.org](mailto:sabrina.griffin@transylvaniacounty.org)

**Hours:** Monday - Friday, 8:30 a.m. - 5:00 p.m.

**Program Fees:** Vary; Accepts some private insurance; Childhood vaccines free of charge if eligible (18 and under and either has Medicaid; Uninsured; or American Indian or Alaska Native)

**Application:** In person

**Eligibility:** Transylvania County resident; Required childhood vaccines free; Medicare for flu; Fee for non-state supplied vaccines

**Languages:** Spanish; Deaf accessible with prior notice

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### Postpartum/Newborn Home Visiting, Transylvania County Health Department (Transylvania County Health Department)

**Description:** Home visit provided by public health nurses. Visit includes limited physical assessment of mother and baby, newborn care, safety and developmental information, post-partum care for mother.

**County** Transylvania

**Address:** 106 East Morgan Street  
Brevard, NC 28712

**Website:** <http://transylvaniahealth.org/>

**Contact:** Amanda Lambert,  
[Amanda.Lambert@transylvaniacounty.org](mailto:Amanda.Lambert@transylvaniacounty.org)

**Hours:** Monday - Friday, 8:30 a.m. - 5:00 p.m.

**Program Fees:** Accepts Medicaid

**Application:** Referral

**Eligibility:** Transylvania County resident; New parent; Low income or Medicaid eligible

**Languages:** Spanish; Deaf accessible with prior notice

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### Pregnancy Care Management (Transylvania Public Health)

**Description:** Case management for pregnant women. Includes needs assessment, linkage to community resources, care plan development, and education on pregnancy issues.

**County** Transylvania

**Address:** 106 East Morgan Street  
Brevard, NC 28712

**Website:** <http://transylvaniahealth.org/>

**Contact:** Heather Bradley, RN  
[heather.bradley@transylvaniacounty.org](mailto:heather.bradley@transylvaniacounty.org)

**Hours:** Monday - Friday, 8:30 a.m. - 5:00 p.m.

**Program Fees:** Accepts Medicaid

**Application:** Phone call; In person

**Eligibility:** Transylvania County resident; Must be pregnant and have Medicaid/baby love eligible

## Transylvania County 2-1-1 Resources (3.5.15)

Languages: Spanish; Deaf accessible with prior notice

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### Pregnancy Testing (Transylvania Public Health)

Description: Urine pregnancy testing with counseling to provide resource information for follow-up. Information on pregnancy resources, options and entry into care. Contraceptive information and appointment given if desired.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Heather Bradley, R.N.  
heather.bradley@transylvaniacounty.org

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Sliding Scale

Application: Walk-in

Eligibility: Transylvania County resident; Female

Languages: Spanish; Deaf accessible with prior notice

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### STD Clinic (Transylvania Public Health)

Description: Examination, diagnosis, and treatment for individuals with suspected STD. Risk reduction for prevention of STD's provided.

County Transylvania

Address: 106 East Morgan Street  
Brevard, NC 28712

Website: <http://transylvaniahealth.org/>

Contact: Velina Netherton, Nurse Supervisor  
velina.netherton@transylvaniacounty.org

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: None; Accepts Medicaid

Application: In person

Eligibility: Transylvania County resident

Languages: Spanish; Deaf accessible with prior notice

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### Transylvania County Medication Assistance Program

Description: The MAP program is an income based program designed to help uninsured or under insured patients receive their prescribed medications at no cost or at a lower cost. Many maintenance medications are available through the MAP program, however, not all are. Enrolling for medication assistance can take up to 4 weeks for processing at the pharmaceutical company. Once approved in to the program, client will be eligible to receive most medications in 3 month supplies for one year before needing to re-enroll. Most medications have to be shipped directly to the physician's office. When possible, the medication will be shipped directly to the patient's home.

County Transylvania

Address: 518 South Broad Street  
Gordon Family Pharmacy  
Brevard, NC 28712

Website:

Contact: Sandy Beason, MAP Director/Patient Advocate  
828-883-4454  
mapdir@transylvaniacounty.org

## Transylvania County 2-1-1 Resources (3.5.15)

Hours: MAP Office Hours: Monday, Tuesday, Thursday, 9:00 a.m. - 4:00 p.m.

Program Fees: Free to sign up; Medications will be free to low cost depending on medication needed

Application: Call to make appointment

Eligibility: Transylvania County residents or using doctor in Transylvania County; A current prescription for the medication from your physician for a 90 day supply with 3 refills; Proof of income for each household member

Languages:

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### Diabetes Care Program (Transylvania Regional Hospital)

Description: The diabetes care program teaches diagnosed diabetics how to self-manage the disease. Personal and group classes focus on how the disease affects the body, tips on how to keep the body in balance, and methods to avoid the devastating side effects of uncontrolled diabetes. Program has a registered dietitian, an exercise physiologist, and 2 RN (CDE) who are certified Diabetes educators on staff.

County: Transylvania

Address: 260 Hospital Drive  
Brevard, NC 28712

Website: [www.trhospital.org](http://www.trhospital.org)

Contact: Diane Davis, RN, CDE, Diabetes Educator  
828-883-5195

Hours: Office Hours: Monday, Wednesday, Friday, 10:00 a.m. - 4:30 p.m. (or until all patients are seen for the day); Office hours may vary; By Appointment Only

Program Fees: Accepts Medicare, Medicaid, Private Insurance, self pay, Major credit cards; some financial assistance available for low income patients

Application: Referral from a provider needed to make appointment or call for more information

Eligibility: Diagnosed with diabetes

Languages: Telephone interpreter services available for most languages

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### Emergency Services (Transylvania Regional Hospital)

Description: The emergency department is staffed 24 hours a day, 7 days a week by physicians and nurses with specialized training in emergency medicine and trauma care.

County: Transylvania

Address: 260 Hospital Drive  
Brevard, NC 28712

Website: [www.trhospital.org](http://www.trhospital.org)

Contact:

Hours: 24 hours per day, 7 days per week, 365 days per year

Program Fees: Accepts Medicare, Medicaid, private insurance major credit cards

Application: In person

Eligibility: No Restrictions; Picture ID required

Languages: Translation service for most languages; Deaf accessible

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### RX Assistance Program (Transylvania Regional Hospital)

Description: This program helps uninsured patients complete the forms necessary to apply for free prescription medications from

## Transylvania County 2-1-1 Resources (3.5.15)

pharmaceutical companies. Not all medications are available. No controlled substances.

County Transylvania  
Address: 260 Hospital Drive  
Brevard, NC 28712  
Website: [www.trhospital.org](http://www.trhospital.org)  
Contact: Brenda Riddle, Coordinator  
Hours: Monday - Friday, 1:00 p.m. - 4:00 p.m. By appointment only  
Program Fees: May be a co-pay for some medications  
Application: Phone call to schedule appointment  
Eligibility: Uninsured; Social Security Card; Picture ID required; Income verification  
Languages:

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### Toxaway Health Center (Transylvania Regional Hospital)

Description: Provides primary care services serving residents of southwest Transylvania County and east Jackson County.  
County Transylvania  
Address: 16825 Rosman Highway  
Lake Toxaway, NC 28747  
Website: [www.toxawayhealth.com](http://www.toxawayhealth.com)  
Contact:  
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.  
Program Fees: Accepts Medicare, Medicaid, private insurance and self-pay  
Application: Phone Call  
Eligibility: Serves residents of southwest Transylvania County and east Jackson County

Languages:

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### Treatment, Healing, and Education Center for Disordered Eating

Description: A resource/referral/educational center with free support groups offered weekly. Provides information on a national level for treatment facilities, educational resources, and workshops for and about eating disorders. Also provides a referral/information service to local therapists and physicians who treat disordered eating problems. Adult Eating Disorder Support Group meets Wednesdays from 7:00 p.m. - 8:00 p.m. Family Support Group for loved ones, parents, and friends meets on the 1st and 3rd Monday of the month from 5:30 p.m. - 6:30 p.m. Teen Support Group for teens ages 15-17 years old and currently working with a therapist meets on the 1st and 3rd Monday of the month from 5:30 p.m. - 6:30 p.m.

County Buncombe  
Address: 297 Haywood Street  
Asheville, NC 28801  
Website: [www.thecenternc.org](http://www.thecenternc.org)  
Contact: Elaine O'Barr, Director  
828-337-4685  
[thecenternc@gmail.com](mailto:thecenternc@gmail.com)  
Hours: By appointment only; Answering machine available 24 hours per day, 7 days per week, 365 days per year; Adult Eating Disorder Support Group: Meets Wednesday, 7:00 p.m. - 8:00 p.m.; Family Support Group for loved ones, parents, and friends meets on the 1st and 3rd Monday of the month from 5:30 p.m. - 6:30 p.m.  
Program Fees: None

## Transylvania County 2-1-1 Resources (3.5.15)

Application: Phone Call or Email to schedule appointment; Support Groups: Phone call or walk-in to attend meeting

Eligibility: No Restrictions; For Teen Support Group: Attendees must be 15-17 yrs old and be in Treatment currently with a therapist.

Languages:

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### Adolescent Pregnancy Prevention Campaign of NC (United Way of Central Carolinas)

Description: PURPOSE: To promote and support a cooperative approach among the public, private, and volunteer sectors toward the end of preventing adolescent pregnancy in North Carolina. SERVICES: 1. Technical assistance, consultation, support, guidance, and resources to existing and start-up local councils in all counties 2. bi-monthly meetings open to interested persons, 3. training for professionals and volunteers; 4. monitoring and advocacy for legislative actions that impact teen pregnancy, sexuality, and child-bearing; 5. community awareness programs for clubs and organizational meetings; 5. Extensive library of books, pamphlets, videos on subject and 6. a catalyst for prevention models throughout the state. Foster strategies that focus on prevention.

County: Durham

Address: 3708 Mayfair Street  
Suite 310  
Durham, NC 27707

Website: [www.appcnc.org](http://www.appcnc.org)

Contact: Kay Phillips, Chief Executive Officer  
919-226-1880 x101  
[kphillips@appcnc.org](mailto:kphillips@appcnc.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: Free check out for materials. [within North Carolina]

Application: Telephone, e-mail.

Eligibility: No restrictions.

Languages: Spanish.

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### Arthritis Foundation (United Way of Central Carolinas)

Description: PURPOSE: To support research through grants; to educate the general public and the health care professionals about arthritis and its treatment; and to offer programs and services for people who suffer from arthritis SERVICES: Support groups for people with arthritis, self- help courses for people with arthritis and their families, aquatics programs in a variety of heated pool across the county, public education forums, speakers bureau, information and referral service, educational literature, legislative advocacy

County: Mecklenburg

Address: 4530 Park Rd.,  
Suite 230  
Charlotte, NC 28209

Website: [HTTP://www.arthritis.org](http://www.arthritis.org)

Contact: Gail Norman,  
[mmatheso@arthritis.org](mailto:mmatheso@arthritis.org)

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: Do not need to be a member to receive free information. \$20.00 membership includes 6 issues of the magazine "Arthritis Today"

Application:

Eligibility: No restrictions



## Transylvania County 2-1-1 Resources (3.5.15)

Languages:

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### **American Cancer Society (United Way of Central Carolinas)**

Description: To fight cancer through balanced programs of research, education, patient services and rehabilitation.

County Mecklenburg

Address: 6000 Fairview Rd., Suite 200  
Charlotte, NC 28210

Website: [HTTP://www.cancer.org](http://www.cancer.org)

Contact: Rita Harmon Law, Mission Delivery Manager  
[rlaw@cancer.org](mailto:rlaw@cancer.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: 1-800-227-2345

Eligibility:

Languages: Call 800-227-2345 for English or Spanish

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### **Disability Rights & Resources (United Way of Central Carolinas)**

Description: Guards the civil rights of people with disabilities by empowering people to live as they choose. Services: - Advocacy; Peer Mentoring; Independent Living Skills -Travel Training: On-hands training on how to use Charlotte Area Transit System and Lynx light rail for people who want to live independently -Social Security denial appeals - Workshops

County Mecklenburg

Address: 5801 Executive Center Drive  
Suite 101

Charlotte, NC 0

Website: [www.disability-rights.org](http://www.disability-rights.org)

Contact: Julia Sain, Executive Director  
704-537-0550  
[juliasain@disability-rights.org](mailto:juliasain@disability-rights.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: Most services are available at no cost; some services are provided on a fee- for-service basis; fees vary by service provided.

Application: Call for an appointment.

Eligibility: A person with a disability; family member of someone with a disability; any business or employer interested in disability issues.

Languages:

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### **Epilepsy Foundation of North Carolina, Inc. (United Way of Central Carolinas)**

Description: Non-profit with multiple affiliated organizations throughout the United States that has led the fight against seizures. Programs include training programs in seizure recognition and first aid for school personnel, police officers, first responders and other community members and public servants. Services: Works to prevent, control and cure epilepsy through community services; public education; federal and local advocacy; and supporting research into new treatments and therapies.

County Forsyth

Address: Wake Forest University Health Science  
Medical Center Boulevard  
Winston Salem, NC 27157

## Transylvania County 2-1-1 Resources (3.5.15)

Website: [www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)  
Contact: Pat Gibson,  
[pgibson@wakehea.lth.edu](mailto:pgibson@wakehea.lth.edu)  
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.  
Program Fees:  
Application:  
Eligibility:  
Languages:

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### The Living Bank (United Way of Central Carolinas)

Description: PURPOSE: An independent non-profit public interest foundation that registers organ donors. SERVICES: Educational information about organ and whole body donations and referrals to other agencies, including financial aid.

County Harris

Address: 4545 Post Oak Place Dr., Suite 340  
Houston, TX 77027

Website: [www.livingbank.org](http://www.livingbank.org)

Contact: Lisa Whitaker, CEO/President  
[info@livingbank.org](mailto:info@livingbank.org)

Hours: Monday - Thursday, 7:30 a.m. - 4:30 p.m.

Program Fees: No fees

Application: Registration form

Eligibility: No Restriction. Call for more information.

Languages: Spanish, Russian, French.

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### NC MedAssist (United Way of Central Carolinas)

Description: Provides free prescription medications to qualifying low-income North Carolina residents.

County Mecklenburg

Address: 601 East 5th Street  
Suite 350  
Charlotte, NC 28202

Website: [www.medassist.org](http://www.medassist.org)

Contact: Lori Giang, Executive Director  
704-536-9766  
[lgiang@medassist.org](mailto:lgiang@medassist.org)

Hours: Office Hours: Monday - Friday, 8:00 a.m - 4:30 p.m.;  
Pharmacy Hours: Monday, Thursday, 10:00 a.m. – 5:30 p.m.; Tuesday, 1:00 p.m. - 5:30 p.m.; Wednesday, 1:00 p.m. – 5:30 p.m.; Friday, 9:00 a.m. – 2:00 p.m.

Program Fees: None.

Application: Phone Call or In Person; Clients are screened during initial interview. Need to provide proof of income, proof of county residency (such as utility bill) and written prescriptions from a physician. Need to have last year's tax return and the past 30-days

Eligibility: North Carolina resident of any age who fall below 200% of Federal Poverty Level and have no prescription coverage.

Languages: Spanish

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### North Carolina Assistive Technology Program (NCATP) (United Way of Central Carolinas)

Description: PURPOSE: Provides assistive technology services statewide to people of all ages and abilities. Make everyday activities easier and increase independence with assistive technology.

## Transylvania County 2-1-1 Resources (3.5.15)

SERVICES: FREE - Assistive technology hands-on demonstration centers; assistive technology equipment loan program; assistive technical assistance; assistive technology training; group presentations; outreach and awareness activities on assistive technology; funding specialist available to help identify funding resources, develop funding strategies and obtain assistive technology. OTHER USEFUL ASSISTIVE TECHNOLOGY RESOURCES: (1) Buy or sell used assistive equipment - go to the exchange post on Partnerships in Assistive Technology's website: [www.pat.org](http://www.pat.org) or call 919-872-2298 (Voice/TTY); (2) Questions about disability rights or disability rights related to assistive technology services in North Carolina contact Sonya Clark at 877-235-4210 (Voice/TTY).

County Mecklenburg

Address: 5501 Executive Center Drive  
Suite 105  
Charlotte, NC 28212

Website: [www.ncatp.org](http://www.ncatp.org)

Contact: Celeste Helling,  
[chelling@ncatp.org](mailto:chelling@ncatp.org)

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Program Fees: Some services are free for consumers if there is no funding source. Fee based assistive technology and assistive technology and augmentation communication evaluations are available and are funded through various agencies.

Application: Call for an appointment.

Eligibility: No restrictions.

Languages:

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### Quick Deck (United Way of Central Carolinas)

Description: PURPOSE: Provide temporary ramps and decks for handicap access to individuals and companies. SERVICES: Rent temporary ramps and decks to individuals, Hospice patients and companies.

County Stanly

Address: 137 Pine Forest Dr.  
Locust, NC 28097

Website: [www.quick-deck.com/](http://www.quick-deck.com/)

Contact: John Wintz, East Coast Operations Manager  
[jwintz@quick-deck.com](mailto:jwintz@quick-deck.com)

Hours: Monday - Friday, 8:00 a.m. - 4:00 p.m.

Program Fees: Set up fee starts at \$200; monthly rental fee starts at \$50; take down fee starts at \$200.

Application: Call Lee Bagwell (864- 552-0182) for job quotations.

Eligibility:

Languages:

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### Sudden Infant Death Syndrome - SIDS Alliance (United Way of Central Carolinas)

Description: PURPOSE: To provide counseling and support to SIDS parents; to promote research concerning SIDS; and to educate the public about SIDS SERVICES: Parent support services including telephone counseling; parent-to-parent contacts; referrals to other professional services; educational programs for the public that include literature and films; support of medical research into the cause, and prevention of SIDS through fundraising activities.

County Harford

Address: 2105 Laurel Bush Rd., Suite 201

## Transylvania County 2-1-1 Resources (3.5.15)

Bel Air, MD 21015

Website: [www.firstcandle.org](http://www.firstcandle.org)

Contact: Kelly Mariotti, Executive Director  
443-640-1049  
[kelly@firstcandle.org](mailto:kelly@firstcandle.org)

Hours: 24 hours, 7 days a week - Bilingual Crisis Counselors Available

Program Fees: No fees charged.

Application: Call.

Eligibility: Open to all persons interested in SIDS, Stillbirth, Miscarriage.

Languages: Spanish.

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### SHIIP, North Carolina Department of Insurance (United Way of Davie County)

Description: Helps senior citizens and Medicare eligible adults with Medicare, Medicare supplements, Medicare+Choice, Medicare fraud and abuse and long term care insurance questions. Creates educational materials for consumers' use. Offers prescription Drug assistance for individuals and married couples.

County: Wake

Address: 111 Seaboard Avenue  
North Carolina Department of Insurance  
Raleigh, NC 27601

Website: [www.ncdoi.com/SHIIP/](http://www.ncdoi.com/SHIIP/)

Contact: Kim Shuskey,  
[kim.shuskey@co.davie.nc.us](mailto:kim.shuskey@co.davie.nc.us)

Hours: Monday - Friday 8:00 a.m. - 5:00 p.m.

Program Fees: None

Application: Phone Call

Eligibility: Helps any North Carolina resident regardless of age who has Medicare or are about to enroll in Medicare

Languages:

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### Cancer Hope Network (United Way of Greater Greensboro)

Description: Cancer Hope Network is a non-profit organization that provides free and confidential one-on-one support to cancer patients and their families. As our core offering, we match cancer patients or family members with trained volunteers who have themselves undergone and recovered from a similar cancer experience. For patients, professionals and volunteers we offer a secured social network where people who are affected by cancer can exchange experiences and share thoughts.

County: Morris

Address: 2 North Road  
Suite A  
Chester, NJ 7930

Website: <http://www.cancerhopenetwork.org>

Contact: Wanda S. Diak, Executive Director  
908-879-4039  
[info@cancerhopenetwork.org](mailto:info@cancerhopenetwork.org)

Hours: Monday-Friday, 8:30am-5:30pm (Eastern Standard time)

Program Fees: None.

Application: Call or visit website. If calling, call the toll-free number and a volunteer will call you back so there is never an expense to the patient/caller. Online Chat is also available.

## Transylvania County 2-1-1 Resources (3.5.15)

Eligibility: Adults age 18 and over (and their family members) in the United States or Canada who have been diagnosed with cancer.

Languages: English, Spanish.

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### **Make-A-Wish Foundation Central and Western North Carolina (United Way of Greater Greensboro)**

Description: Foundation grants the wishes of children with life-threatening medical conditions.

County Guilford

Address: 7025 Albert Pick Road  
Suite 104  
Greensboro, NC 27409

Website: [www.ncwish.org](http://www.ncwish.org)

Contact: Jodi Caruso, Development Coordinator  
336-790-9760  
[jcaruso@ncwish.org](mailto:jcaruso@ncwish.org)

Hours: Monday-Friday, 9:00am-5:00pm.

Program Fees: No fees charged.

Application: Parent or guardian can call, email, or visit website to request a wish. Child's physician must certify that the child has a life-threatening medical condition.

Eligibility: Children between the ages of 2 and 1/2 and 18. Child's physician must determine medical eligibility based on Make-A-Wish criteria. Must not have received a wish from another wish-granting organization. Child does NOT have to have a terminal medical condition.

Languages: English.

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### **Make-A-Wish Foundation Central and Western North Carolina (United Way of Greater Greensboro)**

Description: Foundation grants the wishes of children with life-threatening medical conditions.

County Mecklenburg

Address: 1131 Harding Place  
Charlotte, NC 28204

Website: [www.ncwish.org](http://www.ncwish.org)

Contact: Jodi Caruso, Development Coordinator  
336-790-9760  
[jcaruso@ncwish.org](mailto:jcaruso@ncwish.org)

Hours: Monday-Friday, 9:00am-5:00pm.

Program Fees: No fees charged.

Application: Parent or guardian can call, email, or visit website to request a wish. Child's physician must certify that the child has a life-threatening medical condition.

Eligibility: Children between the ages of 2 and 1/2 and 18. Child's physician must determine medical eligibility based on Make-A-Wish criteria. Must not have received a wish from another wish-granting organization. Child does NOT have to have a terminal medical condition.

Languages: English.

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### **National Multiple Sclerosis Society - Greater Carolinas Chapter, Greensboro (United Way of Greater Greensboro)**

Description: The mission of the National Multiple Sclerosis Society is to mobilize people and resources to drive research for a cure and to address the challenges of everyone affected by MS. Chapter serves people living with multiple sclerosis in a 97-county area in North Carolina and provides a variety of

## Transylvania County 2-1-1 Resources (3.5.15)

programs for people with MS, their families, and medical professionals. Services offered include information and referral, emergency financial assistance, case management, lending library, counseling, respite care, equipment loan, local support groups, educational seminars, peer support, advocacy, family programs, etc.

County: Guilford  
Address: 2211 West Meadowview Road  
Suite 30  
Greensboro, NC 0  
Website: [www.nationalmssociety.org/ncc](http://www.nationalmssociety.org/ncc)  
Contact: Cameron Harris, Director of Development  
336-299-4136  
[cameron.harris@n mss.org](mailto:cameron.harris@n mss.org)  
Hours: Monday-Friday, 9:00am-5:00pm.  
Program Fees: Most services are free of charge. Minimal fee for some programs.  
Application: Call for information.  
Eligibility: People with MS, their families, and medical professionals.  
Languages: English.

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### Adolescent Pregnancy Prevention Coalition of North Carolina (United Way of Lee County)

Description: APPCNC provides low-cost trainings to providers and parents to help prevent teen pregnancy and support teen parents, including outreach to special populations such as the Hispanic Community and Male Involvement. Free books, curriculum, and videos are loaned from the library to residents of North Carolina. For further information, visit the website at [www.appcnc.org](http://www.appcnc.org).

County: Durham  
Address: 3708 Mayfair Street  
Suite 310  
Durham, NC 27707  
Website: [www.appcnc.org](http://www.appcnc.org)  
Contact: [kphillips@appcnc.org](mailto:kphillips@appcnc.org)  
Hours: Monday-Friday 9:00 a.m.-5:00 p.m.  
Program Fees: Training fees vary based on individual trainings. Library Resources are free to borrow.  
Application: Contact APPCNC at (919) 226-1880 for further information.  
Eligibility:  
Languages: English and Spanish.

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### Florence Crittenton (United Way of Lee County)

Description: Florence Crittenton Services is home to young women and adolescents from throughout the Carolinas who need a safe and healthy environment through the delivery of their baby. Our services include: A Safe Place to Live, Counseling, Medical and Health Care, Education Services, Vocational Training, Spiritual Enrichment, Parenting Support, Early Child Development Education, Adoption Support, Mother-Infant Residential Foster Care Program, Non-Pregnant Foster Residential Foster Program, and Aftercare Services.

County: Mecklenburg  
Address: 1300 Blythe Boulevard  
Charlotte, NC 28236  
Website: [www.fcsnc.org](http://www.fcsnc.org)  
Contact: [lwatson@fcsnc.org](mailto:lwatson@fcsnc.org)  
Hours:

## Transylvania County 2-1-1 Resources (3.5.15)

Program Fees:

Application:

Eligibility:

Languages:

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### **Ronald McDonald House of Eastern North Carolina (United Way of Pitt County)**

**Description:** The Ronald McDonald House provides low-cost short-term housing for families who have a child at Children's Hospital in Greenville, NC. Families who reside outside 30 miles from the Children's Hospital may stay at the house. Families are typically referred to the House by social workers or local physician offices.

**County:** Pitt

**Address:** 529 Moyer Blvd  
Greenville, NC 27834

**Website:** <http://www.rmhenc.org>

**Contact:** Cathy Ahlschlager, Community Outreach Director  
252-847-5435  
[rmhcathy@suddenlinkmail.com](mailto:rmhcathy@suddenlinkmail.com)

**Hours:** Families are free to check-in and check out during business hours between 7:00 a.m.-9:00 p.m. seven days a week.

**Program Fees:** \$10 per family per night.

**Application:** Must be referred by a social worker at Children's Hospital in Greenville, or by a local doctor.

**Eligibility:** Families who reside outside 30 miles from the Children's Hospital may stay at the house.

**Languages:**

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### **Randolph Hospital (United Way of Randolph County)**

**Description:** Cancer services 336-626-0033;  
Diabetes Center 336-625-9400;  
Maternity Services 336-629-8817;  
Cardiac Services 336-629-5151;  
Home Health 336-629-8896;  
Rehabilitation Services 336-629-8886;  
Lifeline 336-629-8889;  
Volunteers 336-629-8889;  
Emergency Services 336-625-5151.

**County:** Randolph

**Address:** 364 White Oak Street  
Asheboro, NC 27203

**Website:** [www.randolphhospital.org](http://www.randolphhospital.org)

**Contact:** Steve Eblin, President

**Hours:** Visiting hours are 11am-8:30pm daily

**Program Fees:**

**Application:** Call.

**Eligibility:**

**Languages:** English, Spanish

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### **The Royal Home (United Way of Sampson County)**

**Description:** The Royal Home provides assistance to young women who are pregnant and unmarried. Women living at the home must enroll in school or work, and they're required to attend church. A counselor gives lessons in childbirth, parenting and other life skills. The women are also counseled in the pros and cons of keeping the baby or adoption.

## Transylvania County 2-1-1 Resources (3.5.15)

County Sampson  
Address: 109 Clinton Street  
Salemberg, NC 28385  
Website: <http://theroyalhome.org/>  
Contact: John Wheeler, Director  
910-525-5554  
fch.jcw@gmail.com

Hours:  
Program Fees: Contact for specifics.  
Application: Contact for specifics.  
Eligibility:  
Languages:

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### Easter Seals UCP of North Carolina (United Way of the Cape Fear Area)

Description: Offers variety of programs designed to enhance the quality of life for people with disabilities and their families: Inclusive developmental preschool serving children with and without developmental needs. Serves children ages 0-5, year-round program. Information and referral. Benefit planning, and assistance to individuals receiving social security. Government policy. Medical equipment assistance.

County New Hanover  
Address: 5171 Glenwood Ave  
Suite 100  
Wilmington, NC 28405  
Website: <http://nc.eastersealsucp.com>  
Contact: [info@nc.eastersealucp.com](mailto:info@nc.eastersealucp.com)  
Hours: Monday - Friday, 9:30 a.m. - 5:00 p.m.

Program Fees:  
Application:  
Eligibility:  
Languages:

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### American Diabetes Association (United Way of the Greater Triangle)

Description: We lead the fight against the deadly consequences of diabetes and fight for those affected by diabetes. We fund research to prevent, cure and manage diabetes. We deliver services to hundreds of communities. We provide objective and credible information. We give voice to those denied their rights because of diabetes.

County Wake  
Address: 2418 Blue Ridge Road  
Suite 260  
Raleigh, NC 27607  
Website: <http://www.diabetes.org>  
Contact: Paulette Becoat, Events Manager  
919-743-5400 x3254  
pbecoat@diabetes.org  
Hours: Monday - Friday, 8:30 a.m. - 8:00 p.m.  
Program Fees: Please call.  
Application: Please call.  
Eligibility: Those affected by diabetes.  
Languages: Spanish.

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### American Sexual Health Association (United Way of the Greater Triangle)



## Transylvania County 2-1-1 Resources (3.5.15)

**Description:** ASHA believes that sexual health includes far more than avoiding disease or unplanned pregnancy. We also believe that having a sexually transmitted infection or unwanted pregnancy does not prevent someone from being or becoming a sexually healthy. We hope you will explore our site to learn more about some other ways to actively engage in your own sexual health. Being Sexually Health means understanding that sexuality is a natural part of life and involves more than sexual behavior. Recognizing and respecting the sexual rights we all share. Having access to sexual health information, education, and care. Making an effort to prevent unintended pregnancies and STD's and seek care and treatment needed. Being able to experience sexual pleasure, satisfaction, and intimacy when desired. Being able to communicate about sexual health with others including sexual partners and healthcare providers. Areas of Interest Herpes, HPV, HIV/AIDS, Vaccine Information, STD/STI, Healthcare Providers, Women's Health, Gay and Lesbian Health, Sexual and Reproductive Health, Sexual Assault and Advocacy, Minority Health and Adolescents Teens Information.

**County:** Durham

**Address:** 1005 Slater Road  
1st Floor, Suite 101  
Durham, NC 27703

**Website:** [www.ashasexualhealth.org](http://www.ashasexualhealth.org)

**Contact:** Lynn Barclay, ASHA President and CEO  
919-361-8400  
[lynnbarclay@ashasexualhealth.org](mailto:lynnbarclay@ashasexualhealth.org)

**Hours:** Office hours - Monday - Sunday, 8:00 a.m. - 8:00 p.m.  
Hotline - 24 hours per day, 7 days per week, 365 days per year.

**Program Fees:** None.

**Application:** None.

**Eligibility:** ASHA offer tools and resources for men, women, parents, health professionals, and the media.

**Languages:** Spanish and may other lauguaes.

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### Arthritis Foundation (United Way of the Greater Triangle)

**Description:** Provide access to the information and resources needed to minimize the impact of arthritis we mobilize funds and capacity to create broader reach and meaningful engagement that helps people adopt and maintain healthy behaviors. Reduce arthritis related disparities in health and health care we create greater capacity to assist underserved populations that have a significant arthritis burden.

**County:** Mecklenburg

**Address:** 200 East Woodlawn Road  
Suite 156  
Charlotte, NC 28217

**Website:** [www.arthritis.org](http://www.arthritis.org)

**Contact:** Mella Mathenson, Senior Director of Operations/HRIS  
704-705-1795  
[mmatheson@arthri tis.org](mailto:mmatheson@arthrit is.org)

**Hours:** Monday - Friday, 9:00 a.m. - 5:00 p.m.

**Program Fees:** \$20 contribution for membership.

**Application:** Please call.

**Eligibility:** Open to public.

**Languages:**

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## Transylvania County 2-1-1 Resources (3.5.15)

### Duke Eye Center Touchable Art Gallery (United Way of the Greater Triangle)

Description: Arts & Health partners with local artists to enrich the environment of care with musical performances and visual art exhibits. Arts & Health maintains several galleries for showcasing works of art by individual artists and groups.

County Durham

Address: 2351 Erwin Road  
Durham, NC 27705

Website: [http://www.dukehealth.org/patients\\_and\\_visitors/volunteer\\_services/programs](http://www.dukehealth.org/patients_and_visitors/volunteer_services/programs)

Contact: Sharon Swanson, Program Coordinator  
919-684-6223  
sharon.swanson@duke.edu

Hours: Monday - Friday, 9:00 a.m. - 4:00 p.m.

Program Fees: Free.

Application: None.

Eligibility: Persons with vision loss, physical disability or a cognitive disability and anyone that is interested in art.

Languages:

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### Epilepsy Association of North Carolina Triangle Area (United Way of the Greater Triangle)

Description: Provides community education on epilepsy to the entire state, counseling to parents and persons with epilepsy and assistance with development of local support groups. Also, help raise money with Bowman-Gray and can help buy medicine.

County Forsyth

Address: Piedmont One  
Suite 5541A, 1920  
West First Street  
Winston Salem, NC 27104

Website: [www.epilepsync.org](http://www.epilepsync.org)

Contact: Richard Gibbs, Contact person  
800-451-0694  
rgibbs@wfubmc.edu

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees:

Application: Call for referral.

Eligibility:

Languages:

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### Family Support Network of North Carolina Triangle Area (United Way of the Greater Triangle)

Description: The Central Directory of Resources at Family Support Network of North Carolina provides information and referral for families of children with or at risk for special needs and their service providers. Referrals are made to service agencies, parent programs, support groups and disability organizations on a local, state and national level. Printed information is provided on diseases, disabilities, chronic illnesses and related issues.

County Orange

Address: Carr Mill Mall  
200 North Greensboro Street, Suite D-9  
Carrboro, NC 27510

Website: [www.fsnn.org](http://www.fsnn.org)

## Transylvania County 2-1-1 Resources (3.5.15)

Contact: Irene Zipper, Director  
919-966-6395  
izipper@unc.edu

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: None.

Application: Please call.

Eligibility: None. Serve children with or at risk for special needs, aged birth through 21, their families and service providers.

Languages: Spanish.

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### NC Department of Insurance (United Way of the Greater Triangle)

Description: Provides technical assistance, educational programs, and an awareness of the state building code requirements.

County: Wake

Address: 430 North Salisbury Street  
Raleigh, NC 27603

Website: [www.ncshiiip.com](http://www.ncshiiip.com)

Contact: Jim Long, Insurance Commissioner  
919-807-6900  
shiiip@ncdoi.net

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees: No fees charged.

Application: Call for information. Information available through toll free number and arranged one on one sessions in various areas in state.

Eligibility: Anyone with questions about Medicare, Medicare supplements, Medicare managed care, long term care insurance, or health ins claims.

Languages:

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### NC Division of Services for the Deaf and Hard of Hearing (United Way of the Greater Triangle)

Description: Services are geared to meet the very specific needs of Hard of Hearing individuals in achieving equal access, effective communication and a better quality of life. What services are provided Advocacy and Consultation. Staff at the regional centers assist Deaf, Hard of Hearing and Deaf-Blind individuals in achieving equal access, reasonable accommodations and effective communication in a variety of areas in their communities. Referrals are made with the Employment Security Commission ESC, the United States Department of Justice and other state and federal agencies. Also communication support, Information and Referral, workshops, training and outreach.

County: Wake

Address: DSDHH Administrative Office  
Woodoak Building, GL-3, 1100  
Navaho Drive  
Raleigh, NC 27609

Website: [www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh)

Contact: Linda Harrington, Acting Director  
919-890-0859  
angela.trull@ncmail.net

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Program Fees:

Application:

Eligibility:

Languages:

## Transylvania County 2-1-1 Resources (3.5.15)

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### Prescription Discount Cards, United Way of Transylvania County (United Way of Transylvania County)

**Description:** United Way of Transylvania County offers two prescription discount cards: Coast2Coast RX Discount Prescription Card: The free Coast2Coast RX Discount Prescription Card saves on individual or family dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services - all non-insurance discounted benefits. Save up to 75% on prescriptions at 60,000 participating pharmacies. No health restrictions. Use immediately. Covers medications not covered in health plans. Covers many pet prescriptions. For information on all benefits, to print out a card, search for a provider and see frequently asked questions, call 1- 800-931-8872 or the website to sign up for a card. Website has language translation options at the bottom right corner. [www.coast2coastrx.com/unitedway/nc/transylvania/](http://www.coast2coastrx.com/unitedway/nc/transylvania/)  
FamilyWize Prescription Savings Card: There are no forms to fill out, waiting period or registration. The card is really just like a reusable prescription coupon on all FDA approved medicines. Anyone in your family, your work, your church or your neighborhood can use it. Immediately. You can even use it if you have health insurance, both during deductible periods and for anything your insurance does not pay for. You always get the lowest price. Your cost will be the discount price with the FamilyWize card or the pharmacy's usual and customary retail price, whichever is lower. You are responsible for the entire payment of the prescription medicine purchase after any discounts are applied. The FamilyWize card cannot lower the co-pay for medicine covered by insurance. [www.familywize.org/card](http://www.familywize.org/card)

**County:** Transylvania

**Address:** 101 West Jordan Street

Suite 4  
Brevard, NC 28712

**Website:** [www.unitedwaytransylvania.org/programs](http://www.unitedwaytransylvania.org/programs)

**Contact:** Steve Pulliam, Chief Executive Officer  
[unitedwaytc@comporium.net](mailto:unitedwaytc@comporium.net)

**Hours:** Office Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.; Hours may vary

**Program Fees:** Cards are Free

**Application:** Call, visit website, or pick up cards at the United Way office.  
Coast2Coast:  
[www.coast2coastrx.com/unitedway/nc/transylvania/](http://www.coast2coastrx.com/unitedway/nc/transylvania/)  
FamilyWize: [www.familywize.org/card](http://www.familywize.org/card)

**Eligibility:** Transylvania County resident

**Languages:**

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### Rainbow in My Tummy (Verner Center for Early Learning)

**Description:** Rainbow in My Tummy is a comprehensive nutrition program where the goal is to enable Early Care and Education centers to increase the quality of nutritious foods served to young children. Rainbow In My Tummy staff provide consultation, assessments, menus, recipes, and training to child care providers to implement Rainbow In My Tummy in their centers.

**County:** Buncombe

**Address:** 2586 Riceville Road  
Asheville, NC 28805

**Website:** [www.rainbowinmytummy.org](http://www.rainbowinmytummy.org)

**Contact:** Bronwen McCormick, Rainbow In My Tummy Director  
828-298-0808 x105

## Transylvania County 2-1-1 Resources (3.5.15)

info@rainbowinmytummy.org

Hours: Monday - Friday, 8:30 a.m. - 5:30 p.m.

Program Fees: Varies based on degree of consulting

Application: Email; Phone call

Eligibility: Must apply for grants or pay for consulting fees

Languages:

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### Vision Assistance (Brevard Lions Club)

Description: Provide Transylvania County low-income residents with reduced-cost eye exams and glasses.

County: Transylvania

Address: Confidential  
Brevard, NC 28712

Website: <http://e-clubhouse.org/sites/brevard/>

Contact: Ed Brackney, Secretary  
828-884-3518  
brevardlionsclub@comporium.net

Hours: Voicemail available Monday - Friday, 9:00 a.m. - 6:00 p.m.

Program Fees: Vary

Application: Leave voice mail with name and call-back number

Eligibility: Transylvania County residents meeting income requirements

Languages:

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### CRC at Silvermont Opportunity Center (Western Carolina Community Action)

Description: CRC (Community Resource Connections) is a group of organizations that help older adults and people with disabilities access the services they need. The CRC intake site is a function of Silvermont Opportunity Center and offers information, options counseling about available services, referrals to local resources and public benefits, short-term case management, and follow-up. CRC of the Land of Sky is in Buncombe, Henderson, Madison and Transylvania Counties, and there are CRCs (sometimes called ADRCs) in other areas of the state and country.

County: Transylvania

Address: 364 East Main Street  
Brevard, NC 28712

Website: [www.crclandofsky.org](http://www.crclandofsky.org)

Contact: Alice Taylor, CRC Navigator  
828-884-3166  
silvermont@transylvaniacounty.org

Hours: Monday - Thursday, 8:00 a.m. - 5:00 p.m.; Friday, 8:00 a.m. - 12:00 pm.

Program Fees: None

Application: Phone Call, Walk-in

Eligibility: Older adults (age 60+), Anyone with disabilities (age 18+), and their caregivers

Languages:

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### HIV/AIDS and Hepatitis C Outreach/Educational Services (Western North Carolina AIDS Project)

Description: Provides prevention/education programs to the community on the topics of HIV/AIDS; STDs; and Hepatitis. Educators provide adapted programs to community agencies, families,

## Transylvania County 2-1-1 Resources (3.5.15)

schools, faith-based groups, organizations, treatment centers, jails, and businesses. Also provides free HIV and Hepatitis C testing - call for an appointment.

County: Buncombe  
Address: 554 Fairview Road  
Asheville, NC 28803  
Website: [www.wncap.org](http://www.wncap.org)  
Contact: Michael Harney, Health Educator  
828-252-7489  
wncap@wncap.org  
Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Call to schedule a program, schedule HIV test, or to get answers to general questions.  
Eligibility: No restrictions  
Languages: Spanish

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### HIV/AIDS and Hepatitis C Outreach/Educational Services (Western North Carolina AIDS Project)

Description: Provides prevention/education programs to the community on the topics of HIV/AIDS; STDs; and Hepatitis. Educators provide adapted programs to community agencies, families, schools, faith-based groups, organizations, treatment centers, jails, and businesses. Also provides free HIV and Hepatitis C testing - call for an appointment.

County: Cleveland  
Address: 315 East Grover Street  
Shelby, NC 28150  
Website: [www.wncap.org](http://www.wncap.org)

Contact: Michael Harney, Health Educator  
828-252-7489  
wncap@wncap.org  
Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Call to schedule a program, schedule HIV test, or to get answers to general questions.  
Eligibility: No restrictions  
Languages: Spanish

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### HIV/AIDS and Hepatitis C Outreach/Educational Services (Western North Carolina AIDS Project)

Description: Provides prevention/education programs to the community on the topics of HIV/AIDS; STDs; and Hepatitis. Educators provide adapted programs to community agencies, families, schools, faith-based groups, organizations, treatment centers, jails, and businesses. Also provides free HIV and Hepatitis C testing - call for an appointment.

County: Jackson  
Address: 26 West Sylva Shopping Area  
Sylva, NC 28779  
Website: [www.wncap.org](http://www.wncap.org)  
Contact: Michael Harney, Health Educator  
828-252-7489  
wncap@wncap.org  
Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.  
Program Fees: None  
Application: Call to schedule a program, schedule HIV test, or to get answers to general questions.

## Transylvania County 2-1-1 Resources (3.5.15)

Eligibility: No restrictions  
Languages: Spanish

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### HIV/AIDS Support Group (Western North Carolina AIDS Project)

Description: Monthly support group for people living with HIV/AIDS. Free and confidential.

County: Buncombe

Address: 554 Fairview Road  
Asheville, NC 28803

Website: [www.wncap.org](http://www.wncap.org)

Contact: Chris Winebrenner, Volunteer Services  
828-252-7489  
[wncapvolunteer@wncap.org](mailto:wncapvolunteer@wncap.org)

Hours: Every 1st and 3rd Tuesday, 6:00 p.m. - 7:00 p.m.

Program Fees: None

Application: Call the main office in Asheville

Eligibility: HIV positive adults

Languages: Spanish; Sign language

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### Western North Carolina Brain Injury Support Network

Description: This group is for brain injury survivors, their families, friends and caregivers. Professionals in the field and students are also welcome to attend. Typically has a speaker every other month and a discussion based meeting the other months. Those attending are welcome to bring food or drinks to share with the group. Also has at least two social gatherings a year that will be held at a park for (for annual picnic) or at a restaurant around the winter holidays. Meets monthly on

the 4th Tuesday of each month from 6:00 p.m. - 7:30 p.m. at Foster Seventh-Day Adventist Church on 375 Hendersonville Road.

County: Buncombe

Address: 375 Hendersonville Road  
Foster Seventh- Day Adventist Church  
Asheville, NC 28803

Website: [www.bianc.net](http://www.bianc.net)

Contact: Karen Keating, Resource Coordinator - Brain Injury Association of North Carolina  
828-277-4868  
[karen.keating@bia.nc.net](mailto:karen.keating@bia.nc.net)

Hours: Support Group meets the 4th Tuesday of the month, 6:00 p.m. - 7:30 p.m; Meeting is cancelled for weather in the event that AB Tech cancels evening classes

Program Fees: None

Application: Please call or email for up to date information about what we will be doing on any particular month

Eligibility: People with brain injury and their families and caregivers

Languages:

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### Western North Carolina Brain Tumor Support

Description: An adult support group for brain tumor patients, survivors, their families, and caregivers. WNC Brain Tumor Support (BTS) recognizes that individuals and families respond uniquely to the trauma that a brain tumor imposes on their lives. WNC BTS strives to provide educational and emotional support in order to assist them in their journey in obtaining the best possible state of physical, mental, and spiritual health. Meets the 3rd Thursday of every month, 6:15 p.m. -

## Transylvania County 2-1-1 Resources (3.5.15)

8:00 p.m. Location: MAHEC, 121 Hendersonville Road,  
Asheville, NC 28803

County: Buncombe  
Address: 121 Hendersonville Road  
MAHEC  
Asheville, NC 28803  
Website: [www.wncbraintumor.org](http://www.wncbraintumor.org)  
Contact: George Plym, Founder/Leader  
828-691-2559  
[wncbts@bellsouth.net](mailto:wncbts@bellsouth.net)  
Hours: 3rd Thursday of month, 6:15 p.m. - 8:00 p.m.  
Program Fees: None  
Application: Walk-In; Phone call; Referral; Email  
Eligibility: Adult brain tumor patients, survivors, their families, and caregivers  
Languages:

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### HIV Specialty Care (Western North Carolina Community Health Services)

Description: A comprehensive health maintenance/disease management system for persons with HIV/AIDS living in the eighteen western most counties of North Carolina. Available services include HIV counseling and testing, primary and specialty medical care, behavioral health, laboratory and diagnostic services, and dental care.

County: Buncombe  
Address: 257 Biltmore Avenue  
Asheville, NC 28801  
Website: [www.wncchs.org](http://www.wncchs.org)  
Contact: Scott Parker, Ryan White Coordinator

828-285-0622 x2406  
[wparker@wncchs.org](mailto:wparker@wncchs.org)

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.  
Program Fees: Sliding scale; Accepts Medicaid; Medicare  
Application: Phone call  
Eligibility: HIV positive; residents of the 18 western NC counties  
Languages: Spanish, Russian

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### Focus on Literacy (Winston-Salem Industries for the Blind)

Description: Focus on Literacy is a one of a kind project designed to enhance the core literacy skills of students with visual impairments by providing greater access to independent learning outside of the classroom setting. Focus on Literacy provides optical aids and specialty low vision eye exams, free of charge, to any school-age child with a documented visual impairment that resides in any of North Carolina's 100 counties. Focus on Literacy addresses the needs of students by directing the placement of appropriate assistive devices, such as video magnifiers, for in-home use. The technology that supports the independence of each student in the classroom is generally cost prohibitive for the home setting. Equipped with the appropriate tools, however, program participants have the opportunity to independently access print to read for pleasure or for completing school assignments. This groundbreaking concept exists through the generous contributions of both private and public donors; any student in N.C. who is visually impaired is eligible to participate.

County: Forsyth  
Address: 7730 North Point Drive  
Winston Salem, NC 0



## Transylvania County 2-1-1 Resources (3.5.15)

Website: <http://bit.ly/ABPFfacebook>  
Contact: Barbara Harward, Low Vision Services Manager  
336-245-5691  
lowvision@wsifb.co m  
Hours: Monday - Thursday from 8:00 am - 4:00 pm  
Program Fees: Free  
Application: Clients may apply on site or by phone  
Eligibility: School Children,K-12  
Languages: We have on call inerpreters for most languages

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### Mobile Low Vision Care (Winston-Salem Industries for the Blind)

Description: Serves blind and visually handicapped people who are at least 18 years old through work evaluation, vocational training, and employment. Must be referred by NCDHR-Services for the Blind. Persons are employed on site (no outside job placement). Performs a lot of Dept of Defense contracts. No upper age limit.

County Forsyth  
Address: 7730 North Point Drive  
Winston Salem, NC 0  
Website: <http://bit.ly/ABPFfacebook>  
Contact: Barbara Harward, Low Vision Services Manager  
336-245-5691  
lowvision@wsifb.co m  
Hours: M-F, 8:00am-4pm  
Program Fees: Based on your income  
Application: Clients may apply on site or by phone  
Eligibility: No limits

Languages: We have on call interpreters for most languages

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### Recycle for Sight (Winston-Salem Industries for the Blind)

Description: Recycle for Sight. Community Low Vision Center is proud to redistribute donated magnifiers to individuals who are visually impaired, free of charge Supported through partnership with the North Carolina Lions Foundation,this program helps countless people be self-sufficient.

County Forsyth  
Address: 7730 North Point Drive  
Winston Salem, NC 0  
Website: <http://bit.ly/ABPFfacebook>  
Contact: Barbara Harward, Low Vision Services Manager  
336-245-5691  
lowvision@wsifb.co m  
Hours: Monday - Thursday from 8:00 am - 4:00 pm  
Program Fees: Refundable Deposit  
Application: Clients may apply on site or by phone  
Eligibility: 20+  
Languages: We have on call interpreters for mA1:T277ost languages

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