

## Temporary Food Service Guidance

*These lists are not all inclusive; they are offered as a guideline only. The Health Department must determine if the foods you are serving require regulation and permitting.*

### **EXEMPTED FROM HEALTH DEPARTMENT REGULATION**

Common festival foods listed below do not require a permit or inspection by the Health Department. Most of these foods ARE REGULATED by the North Carolina Department of Agriculture and Consumer Services; please contact them for their requirements at 919-733-7366.

**NOTE: If a Health Department permit is required, all foods and drinks at the booth are inspected and regulated regardless if exempted or regulated by other agencies.**

#### **Bakery Items** (considered low risk):

- Apple dumplings
- Baklava
- Brownies
- Cakes (including cheesecake)
- Cookies
- Fudge
- Funnel cakes (topped with sugar, syrup, fresh uncut fruit, fruit syrups, etc.)
- Pastries

#### **Manufactured Milk Products**

- Cheeses, bulk or prepackaged by manufacturer  
(If cut to order or if use shredded cheese as a topping, NOT exempted—requires a health permit)
- Dip ice cream
- Sundaes, shakes, etc.
- Soft serve machines
- Packaged\* ice cream products (ice cream sandwiches, popsicles)

#### **Juices, Fruits, Produce**

- Jellies, preserves, jams
- Juices made from oranges
- Juices made from lemons (not considered potentially hazardous)
- Juices, slushies, icees, etc. not made with fresh produce or fresh fruit
- Beer
- Carbonated drinks
- Coffee including lattes, with syrup, whipped cream, etc. added
- Hot chocolate
- Whole (unchopped) produce EXCEPT sprouts
- Whole, uncut fruit

#### **Bulk Dry Products**

- Nuts, pork rinds, sunflower seeds
- Any packaged\* products sold in original packaging (packaged snacks or candy, beverages, etc.)

#### **Other Foods**

- Boiled peanuts
- Cotton candy (exempted food)
- Popcorn (exempted food)
- Candied apples (exempted food)

\* Foods packaged at a commercial food plant, sold pre-packaged.

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*These lists are not all inclusive; they are offered as a guideline only. The Health Department must determine if the foods you are serving require regulation and permitting.*

### **REGULATED BY THE HEALTH DEPARTMENT**

Common festival foods listed below *require a permit* and inspection by the Health Department.

**NOTE: If a Health Department permit is required, all foods and drinks at the booth are inspected and regulated regardless if exempted or regulated by other agencies.**

#### **Meats (and substitutes):**

Barbeque	Hot dogs
Beef strips	Hummus
Burritos, tacos, tamales, etc.	Meat or cheese pies
Chicken sausage	Philly steaks/steak sandwiches
Chicken strips	Rice and bean burritos
Chili	Sausage dogs
Cooked shrimp	Shish-ka-bobs
Corn dogs	Tofu
Grilled chicken	Turkey legs
Hamburgers (beef or turkey)	Veggie burgers

#### **Other Cooked Items:**

Beans	Gyros, wraps, pita sandwiches
Blooming onions	Nachos (if add chili/taco meat or canned cheese)
Canned cheese, melted cheese, etc.	
Corn, roasted	Pizza
Fries (french fries, ribbon fries, waffle fries, etc.)	Pork-n-beans
Grilled foods (corn)	Rice
	Soup

#### **Cold Items:**

- Beverages made with fresh fruit or vegetables (apple juice or cider, carrot juice, etc. not made by a regulated manufacturer; juices, slushies, icees, power drinks, etc. made with fresh fruits or vegetables)
- Cheeses (if cut to order or if use shredded cheese as a topping)
- Coleslaw
- Melons (watermelon, honeydew, etc.) cut, not whole
- Packaged foods modified at the booth (cutting turkey wraps, adding toppings to chips, etc.)
- Salads---potato salad, egg salad, chicken salad, and crab salad may not be prepared or sold at a booth (UNLESS packaged\* and acidified by a commercial food plant)
- Salsa (or other mixtures containing fresh cut tomatoes)
- Sprouts
- Tomatoes, fresh and cut (or foods containing cut fresh tomatoes)

\* Foods packaged at a commercial food plant, sold pre-packaged.